

总主编 李群

齐鲁非物质文化遗产丛书
Qilu Intangible Cultural
Heritage Series



传统体育 与杂技

Traditional Sport and Acrobat

6

山东友谊出版社

齐鲁非物质文化遗产丛书

卷五



ISBN 978-7-80737-416-9



9 787807 374169 >

定价：128.00 元

总主编 李群 | 齐鲁非物质文化遗产丛书
Qilu Intangible Cultural
Heritage Series

传统体育 与杂技

Traditional Sport and Acrobat

6

副总主编 王凤胜 聂宏刚 李宗伟
李传瑞 钟永诚 刘 锋
本卷主编 王丕琢
本卷副主编 姜兴祥 王芹

图书在版编目 (C I P) 数据

传统体育与杂技 / 李群主编. —济南: 山东友谊出版社,
2008.8

(齐鲁非物质文化遗产丛书)

ISBN 978-7-80737-416-9

I. 传… II. 李… III. ①民族形式体育—简介—山东省
②杂技—艺术—简介—山东省 IV. G852.9 J828

中国版本图书馆 CIP 数据核字 (2008) 第 108622 号

主 管: 山东出版集团

集团网址: www.sdpress.com.cn

出版发行: 山东友谊出版社

地 址: 济南市胜利大街 39 号 邮政编码: 250001

电 话: 总编室 (0531) 82098756 82098142

发行部 (0531) 82098035 (传真)

印 刷: 山东新华印刷厂临沂厂

版 次: 2008 年 8 月第 1 版

印 次: 2009 年 3 月第 2 次印刷

规 格: 170 × 240 毫米

印 张: 19.75 印张

插 页: 6

字 数: 290 千字

定 价: 128.00 元

(如印装质量问题, 请与出版社总编室联系调换)

齐鲁非物质文化遗产丛书编辑委员会

主任 李群

副主任 王凤胜 杜昌文 于钦彦 王兆成

委员 (以姓氏笔画为序)

于钦彦 王凤胜 王兆成 刘 锋 杜昌文

李 军 李 群 李亚平 李传瑞 李宗伟

钟永诚 姚文瑞 聂宏刚 高永升

总序

姜异康

非物质文化遗产，是民族精神的重要标识和民族历史文化的活化石，蕴涵着国家、民族特有的价值观念、审美追求和情感记忆，承载着国家、民族文化生命的密码，是民族精神和人民智慧的生动体现。加强对非物质文化遗产的保护、研究和利用，对于继承和弘扬中华民族优秀传统文化，增强民族自信心、凝聚力和创造力，对于提升国家文化软实力，维护国家的文化身份和文化主权，对于推动社会主义先进文化建设，构建社会主义和谐社会，具有十分重要的意义。

山东是中华文明的重要发祥地之一，在悠久的历史发展进程中，齐鲁先民不仅留下了大量的物质文化遗产，也创造了丰富灿烂的非物质文化遗产。无论是祭孔大典、柳子戏、山东琴书、聊斋俚曲，还是梁祝传说、孟姜女传说、泰山石敢当风俗，以及潍坊风筝、杨家埠木版年画、高密扑灰年画、剪纸……都带着地域文化的鲜明印记，体现了齐鲁文化的深厚内涵，成为齐鲁文化不可缺少的重要组成部分，在全国乃至世界上产生了重要影响，使我们至今引为骄傲。山东丰富的

非物质文化遗产，是齐鲁儿女创造精神、辛勤劳动和卓越智慧的结晶和体现，是中华民族传统文化具有顽强生命力的不朽薪火，是民族非物质文化遗产中的瑰宝，为中国特色社会主义文化建设提供了极为重要的基础资源。加大对齐鲁优秀非物质文化遗产的发掘、研究、保护力度，是我们建设社会主义先进文化、全面构建社会主义和谐社会的现实需要，也是我们担当的光荣的历史责任。

山东宣传文化界的专家学者和实际工作者，基于建设文化强省的强烈使命感和责任感，辛勤劳作，严密考证，历时两年多时间，编写完成了这套规模宏大的《齐鲁非物质文化遗产丛书》。丛书共10卷本、400多万字、1500多幅图片，从文学、音乐、舞蹈、戏剧、曲艺、体育与杂技、美术、技艺、医药、民俗十个方面，对远古至近现代山东非物质文化遗产的形成衍变、基本面貌、表现形态、美学或工艺上的主要特点以及目前有代表性的主要传人，进行了详尽描述和认真研究。作为国内第一部总结地域性非物质文化遗产的丛书，该书的出版具有填补空白的开创性意义，对我省非物质文化遗产的发掘、研究和保护意义重大，其独特的历史文化价值应予充分肯定。

文化是国家发展、民族振兴的重要动力。党的十七大对兴起社会主义文化建设新高潮、推动社会主义文化大发展大繁荣作出全面部署，我省也确立了由文化资源大省向文化强省跨越的目标任务。宣传文化部门和文化艺术工作者使命光荣，任务艰巨，有责任为保护、传承优秀民族文化遗产作出新的

贡献。我们要以邓小平理论和“三个代表”重要思想为指导，深入贯彻落实科学发展观，坚持科学态度和求实精神，进一步加强非物质文化遗产的保护、研究和有效利用，并在传承、发扬光大优秀传统文化的基础上，努力适应时代要求和广大人民群众日益增长的精神文化需求，创造出更多新的优秀文化成果，不断增强中华文化的魅力和生命力，推动社会主义文化大发展大繁荣，为实现富民强省新跨越、构建社会主义和谐社会，为实现中华民族的伟大复兴，谱写更加灿烂辉煌的新篇章。

2008年7月

General Preface

The intangible cultural heritage is an important mark of national spirit and the living fossil of national history and culture. It embodies the values, aesthetic pursuit, sentiments and memories characteristic of a nation, bears the cultural life code of a country, and vividly reflects national spirit and people's wisdom. Strengthening the safeguarding, research and utilization of the intangible cultural heritage is of great importance to carrying on and developing splendid Chinese traditional culture, enhancing national confidence, cohesion and creativity, enhancing culture as part of the soft power of our country, maintaining the country's cultural status and cultural sovereignty, promoting the construction of an advanced socialist culture, and building a harmonious socialist society.

Shandong is one of the important cradles of Chinese civilization. In the long course of history, Qilu ancestors have not only passed down a great quantity of material cultural heritage, but also created a great deal of splendid intangible cultural heritage. Whether they are grand ceremony offering sacrifices to Confucius, Liuzi opera, Shandong Qinshu, popular songs from a lonely studio, or the legend of Liang Shanbo and Zhu Yingtai, legend of Meng Jiangnii, customs of Taishan Shigandang, or Weifang kites, Yangjiabu wood-cut New Year paintings, Gaomi puhui New Year paintings, paper-cut, they all

possess distinguishing features of regional culture and reflect the profound connotation of Qilu culture. They have become an indispensable part of Qilu culture and have great influence both at home and abroad, which makes us proud. The abundant intangible cultural heritage in Shandong is the crystallization and embodiment of the creativity, industriousness and wisdom of Qilu people. It is the undying fuel of the enduring Chinese traditional culture and the gem of the intangible cultural heritage of Chinese nation and it provides the construction of socialist culture with Chinese characteristics with vital basic resources. It is the practical need for us to make greater efforts in excavating, researching and safeguarding splendid Qilu intangible cultural heritage to build an advanced socialist culture and a harmonious socialist society in an all-round way, and also the glorious historical responsibility we should take.

With a high sense of mission and responsibility for building a culturally powerful province, Shandong experts, scholars and cultural workers in the circle of publicity and culture have, after more than two years' hard work and rigorous textual research, completed the compiling of the voluminous Qilu Intangible Cultural Heritage Series. The series consists of ten volumes, with over 4 million words and 1.5 thousand illustrations. In the ten fields of literature, music, dancing, opera, folk art forms, sport and acrobat, fine arts, artistry, medicine and folk customs, the series makes a detailed description and careful study of the formation and development, basic features, patterns, main aesthetic or artistic characteristics of Shandong's intangible cultural heritage from ancient times to the present day, and main contemporary representative successors in these fields. Being the first series covering regional intangible cultural heritage in China, it is pioneering in filling the vacuum and it is very important to the excavation, research and safeguarding of

Shandong's intangible cultural heritage. And its unique historical and cultural value should be fully acknowledged.

Culture is the driving force for the development of our country and national rejuvenation. The 17th Party National Congress has made an all-around arrangement in bringing about a new upsurge in socialist cultural development and promoting vigorous development and prosperity of socialist culture and Shandong Province has set the goal and task of turning Shandong from a big, culturally rich province into a culturally powerful one. Having a glorious mission and facing a demanding task, the publicity and cultural departments and cultural and art workers have responsibilities for making new contributions in safeguarding and carrying on fine national cultural heritage. We must follow the guidance of Deng Xiaoping Theory and the important thought of Three Represents, thoroughly apply the Scientific Outlook on Development, remain committed to the scientific and matter-of-fact attitudes, and further strengthen the safeguarding, research and effective utilization of the intangible cultural heritage. And on the foundation of carrying forward and fostering and enhancing traditional culture, we should strive to adapt to the demands of the times and the growing spiritual and cultural needs of the broad masses of the people, bring about more newer, finer cultural fruit, continuously increase the glamour and vitality of Chinese culture, promote vigorous development and prosperity of socialist culture, and write a more splendid chapter in the step of making Shandong people richer and Shandong more powerful, constructing a harmonious socialist society and realizing the national rejuvenation.

Jiang Yikang

July , 2008

目 录



山东传统体育

综述 3



查拳	25
华拳	38
螳螂拳	51
梁山梅花拳	62
梁山子午门功夫	71
梁山少林拳	84
梁山太极拳	91
梁山佛汉拳	98
梁山洪拳	104
梁山二门洪拳	112
梁山三晃膀大洪拳	121
梁山秘踪拳	128
梁山黃氏二郎拳	132
孙膑拳	138
南霸低攻拳	147
四通捶拳	153
济南的中国式摔跤	160
蹴鞠	168
莒县转秋千	184
菏泽斗鸡	189

菏泽斗羊	198
宁阳斗蟋	205

山东传统杂技

综述 215

杂技节目 237



狮子舞	237
飞叉	238
顶碗	240
蹬技	241
爬杆	243
皮条	245
走钢丝	245
口技	247
抖空竹	248
柔术与滚杯	250
转花碟	251
钻圈与桌上钻圈	252
舞流星	253
耍花坛	254
手技	255
扇碟子	257
舞中幡	258
顶竿	259
钻桶	260
晃板与双层晃板弹碗	261

绳技与鞭技	262
倒立技巧	262
冰戏与高台溜冰	263
晃梯	264
车技	264
绸吊	266
椅子顶和排椅造型	266

滑稽节目 268

擦镜子	268
顶壶、杯	269
滑稽悬人	269
抢椅子	270
手绢跳舞	270
鸭子拉车	270

马戏节目 271

八步赶骡	272
蹬里藏身	272
飞马拾金钱	273
双女嬉马	273
驯狗	273
驯猴、驯羊	274
驯马	274
驯狮、驯虎	274
驯熊	275

魔术节目 276

变鱼缸献鱼	276
仙人摘豆	276
九连环	277

罗圈献彩	277
种瓜	278
古彩戏法	278

编后记 279

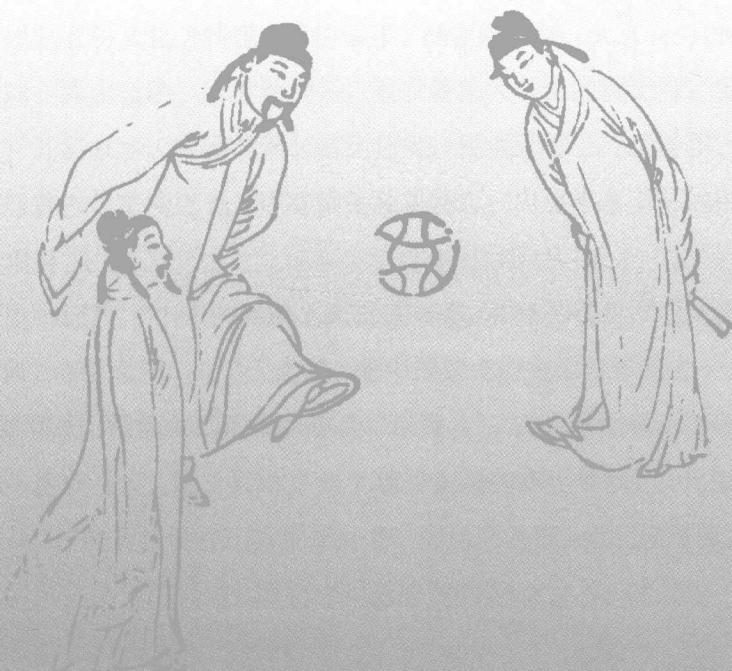
附录一 281

附录二 291

总后记 303



山东传统体育





齐鲁非物质文化遗产丛书 → → → 传统体育与杂技 → → → 山东传统体育