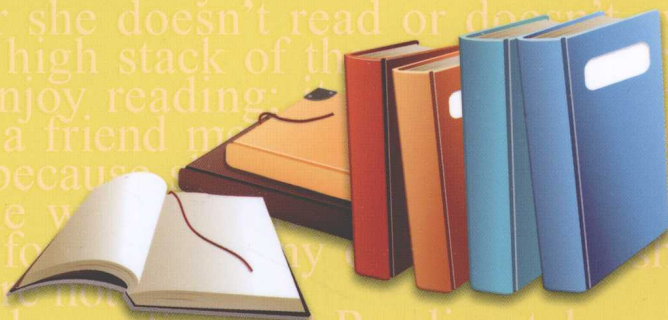


大学英语学生主体式 阅读教程

1

总主编：夏伟蓉

主 编：杜 平



外语教学与研究出版社

FOREIGN LANGUAGE TEACHING AND RESEARCH PRESS

大学英语学生主体式 阅读教程

1

总主编：夏伟蓉

主 编：杜 平

副主编：杨晓蓉 王 琪 梁真惠

编 者：高 常 严 萍 韩 敏

外语教学与研究出版社

FOREIGN LANGUAGE TEACHING AND RESEARCH PRESS

北京 BEIJING

图书在版编目(CIP)数据

大学英语学生主体式阅读教程. 1 / 夏伟蓉主编; 杜平分册主编; 高常等编. — 北京: 外语教学与研究出版社, 2010. 8

ISBN 978-7-5600-9963-7

I. ①大… II. ①夏… ②杜… ③高… III. ①英语—阅读教学—高等学校—教材 IV. ①H319.4

中国版本图书馆 CIP 数据核字 (2010) 第 165476 号

出 版 人: 于春迟

责任编辑: 郑建萍

封面设计: 涂 俐

版式设计: 付玉梅

出版发行: 外语教学与研究出版社

社 址: 北京市西三环北路 19 号 (100089)

网 址: <http://www.fltrp.com>

印 刷: 北京铭传印刷有限公司

开 本: 787×1092 1/16

印 张: 8.75

版 次: 2010 年 8 月第 1 版 2010 年 8 月第 1 次印刷

书 号: ISBN 978-7-5600-9963-7

定 价: 16.90 元

* * *

购书咨询: (010)88819929 电子邮箱: club@fltrp.com

如有印刷、装订质量问题, 请与出版社联系

联系电话: (010)61207896 电子邮箱: zhijian@fltrp.com

制售盗版必究 举报查实奖励

版权保护办公室举报电话: (010)88817519

物料号: 199630001

前言

一、编写背景

教育部 2007 年颁布的《大学英语课程教学要求》(以下简称《课程要求》)将大学英语的教学目标定为培养学生的英语综合应用能力,注重英语语言知识与应用技能、学习策略,从而使他们在今后的工作和社会交往中能用英语有效地进行口头和书面的信息交流,同时增强其自主学习能力,提高综合文化素养,以适应我国社会发展和国际交流的需要。根据《课程要求》的规定,培养和增强学习者的学习主体意识和自主学习能力成为大学英语不可或缺的教学任务。

在飞速发展的信息时代,英语资料浩如烟海,人们迫切需要提高自身的英语阅读能力。一方面要提高阅读速度,在阅读中获取所需信息,另一方面要通过阅读提升英语水平,二者缺一不可。《大学英语学生主体式阅读教程》把学生放在主体的位置考虑其编写原则和内容,目的是使学生在阅读中学会阅读,提高英语自主阅读的能力,进而提高学生英语阅读方面的应用能力,实现《课程要求》提出的对学生阅读能力的培养目标。

二、编写原则

1.《大学英语学生主体式阅读教程》的编写充分考虑到学生学习的主体性和自主性。在此前提下,英语阅读被看成是一种学习能力提高的过程和学生在阅读中成长的过程。教材的编写注重学生阅读活动的设计,精心安排阅读篇章中的难点和重点,创造学习空间,引发学生探求和思考,为学生提供展示自己的平台,培养学生自主学习精神。

2.《大学英语学生主体式阅读教程》在内容上做到文理兼顾,注意语言材料与文化内容的融合,经典性与时尚性融合。选材绝大部分为近年来的原版英语文章,广泛涉及不同英语国家社会、经济、政治、科技、文化、生活等方面的热门话题。内容丰富新颖、贴近时代,既兼顾语言基础知识训练,又突出通过阅读达到语言知识的扩展和深化的目的。

3.《大学英语学生主体式阅读教程》充分考虑各册之间难度的递进和知识的系统性,帮助学生循序渐进地提高英语阅读能力和应用能力,同时兼顾大学英语四级考试改革后对阅读的要求,在每个单元之后设计了与之相匹配的练习,使学生在提高阅读能力的前提下顺利通过四级考试。

三、适用对象

本套教材共四册,可供非英语专业中等程度的学生在基础阶段使用,也可供广大英语爱好者、自学者作为英语阅读教材使用。学习者通过循序渐进的阅读和自主阅读过程的体

验,提高自身的英语阅读能力和用英语获取信息的能力,同时了解英语国家的政治、科技、历史、文化和风土人情,拓宽知识面。

四、教材结构及练习设置

1. 《大学英语学生主体式阅读教程》(1-4) 每册设 10 个单元,每单元 5 篇文章,其中深度阅读 2 篇,快速阅读 2 篇,另有 1 篇“选词填空”或“简短回答问题”交替出现在 10 个单元中。
2. 在每篇深度阅读后面,设计了“长句难句过关”的练习,选择篇章中 1 至 2 个较长、较复杂的句子,对其中的难点进行启发式点拨及翻译技巧的训练,帮助学生扫除阅读长难句的障碍。此外,还设计了以单元主题为基础的“英语词块学习日积月累”练习,启发和帮助学生在阅读中关注“词块”的学习,学会地道的英语表达,通过阅读提升综合运用英语词汇的能力。
3. 快速阅读练习的设置以训练学生略读和查读能力为主,包括判断题(Y、N、NG)及选择题。
4. 所有练习均有参考答案附在每册教材之后,以方便学生自学。
5. 本套教材训练学生以下阅读技能:
 - ★ 辨别和理解中心思想和重要细节
 - 1) 理解明确表达的概念或细节
 - 2) 理解隐含表达的内容(如总结、判断、推论等);通过判断句子的交际功能(如请求、拒绝、命令等)理解文章意思
 - 3) 理解文章的中心思想(如找出能概括全文的要点等)
 - 4) 理解作者的观点和态度
 - ★ 运用语言技能理解文章
 - 5) 理解关键词语在文中所表达的意思
 - 6) 根据上下文猜测不认识的词和短语的意思
 - 7) 理解句间关系(如原因、结果、目的、比较等)
 - 8) 理解篇章(如通过词汇及语法承接手段在文章中所起的作用来理解篇章各部分之间的关系)
 - ★ 运用专门的阅读技能
 - 9) 略读文章,获取文章大意
 - 10) 查读文章,获取特定信息

编者

2010 年 3 月

Contents

Unit 1 The Joy of Reading	1
Part One Reading in Depth	1
Passage A The Joy of Reading at the Library	1
Passage B Reading Can Change Your Life	4
Part Two Fast Reading	6
Passage C The Enjoyment of Reading	6
Passage D Reading for Pleasure, Knowledge	8
Part Three Banked Cloze	10
Passage E Net Fees to Take Reading Online	10
Unit 2 Campus Life	12
Part One Reading in Depth	12
Passage A The Change in College Campus Life Nowadays	12
Passage B On Campus Living: Best Choice for New Students	15
Part Two Fast Reading	17
Passage C How to Help Your College Freshman Adjust to Dormitory Life	17
Passage D The Benefit of On-Campus Housing During College	19
Part Three Short Answer Questions	21
Passage E Why Go to College?	21
Unit 3 Stories of Great Figures	23
Part One Reading in Depth	23
Passage A Bill Gates—A Story of Success	23
Passage B Warren Buffet: The World's Third Richest Person	26

Part Two Fast Reading	28
Passage C From Failure to Glory	28
Passage D American Inventors	30
Part Three Banked Cloze	33
Passage E How Do Great Men and Women Achieve Success?	33
Unit 4 Higher Education	35
Part One Reading in Depth	35
Passage A Setting Your Goals	35
Passage B Gender Differences in School Education	38
Part Two Fast Reading	40
Passage C Creative Coping with Others	40
Passage D How to Be Successful in High School	42
Part Three Short Answer Questions	45
Passage E Schooling and Education	45
Unit 5 Future Career Planning	46
Part One Reading in Depth	46
Passage A Charting a Path for Your Career	46
Passage B Are You Really Fit for Your Desired Job?	49
Part Two Fast Reading	51
Passage C Choosing a Career over Love	51
Passage D Self-made Saleswoman	53
Part Three Banked Cloze	55
Passage E Life Planning for Teens	55
Unit 6 Life of Integrity	57
Part One Reading in Depth	57
Passage A Being on the Level	57
Passage B The Cheating Queen	60
Part Two Fast Reading	62
Passage C Academic Integrity and In-Class Writing	62

Passage D	Be a Person of High Integrity	64
Part Three	Short Answer Questions	66
Passage E	Honesty Is the Best Policy	66
Unit 7	Wonderful World	68
Part One	Reading in Depth	68
Passage A	Jazz and Country-Western	68
Passage B	Disney and Theme Parks	71
Part Two	Fast Reading	73
Passage C	Italian Traditional Food	73
Passage D	Elephant Riding: Is This Trip Necessary?	75
Part Three	Banked Cloze	77
Passage E	“American Idol”: The Golden Ticket to Hollywood	77
Unit 8	Language	79
Part One	Reading in Depth	79
Passage A	Advantages of Foreign Language Education	79
Passage B	Immigrants Suffer from Losing Their Identity	82
Part Two	Fast Reading	84
Passage C	Learn to Read Romantic Body Language	84
Passage D	Language Shifts with Cultural Changes	86
Part Three	Short Answer Questions	89
Passage E	The Fence	89
Unit 9	Good Manners	90
Part One	Reading in Depth	90
Passage A	Mind Your Manners when Travelling	90
Passage B	Did You Notice the Decline of Good Manners?	93
Part Two	Fast Reading	95
Passage C	Mind Your Table Manners Internationally!	95
Passage D	First Impressions: Seven Keys to a Million Dollar Image	97

Part Three Banked Cloze	100
Passage E Politeness	100
Unit 10 Festivals and Celebrations	102
Part One Reading in Depth	102
Passage A A Christmas Gift I'll Never Forget	102
Passage B A Christmas Shopping in Cyberspace	104
Part Two Fast Reading	107
Passage C Different Elements in a Chinese Wedding Invitation	107
Passage D Christmas Morning	109
Part Three Short Answer Questions	111
Passage E Flag Day	111
Key	113

Unit 1

The Joy of Reading

Part One Reading in Depth

Passage A

The Joy of Reading at the Library

My daughter called a few days ago and told me my ten-year-old granddaughter has read three 500-page books in less than a month. Not many pieces of news she could have given me would have **thrilled** grandpa more. One of my own favorite places is the library. Not the one over at town, but the one with hundreds of volumes in it at my back as I sit at my desk at home. I guess anyone would be glad that a granddaughter likes to read, but when I say I am proud of my young book-lover, I really mean it, because I know the joy of reading myself.

If I had a *nickel* (镍 币) for every person in the last several years who has confessed he or she doesn't read or doesn't even like to read, I would have a fairly high **stack** of the *pseudo-silvers* (假银币). I know why the confessors do not enjoy reading; it was the way they were taught to read. Just last night a friend mentioned what a struggle it is for her to read. She said it is because she wasn't taught to **sound out** the letters, but to memorize the words. Since she is pushing the *octogenarian* (八十多岁的) **persuasion**, she has forgotten many of the words she memorized, and now reading is a chore not a joy.

Why can reading be such a joy? Reading takes me to places which I have never been to, some of which I will probably never see, because they are so far away. Others, I will never see because they are far in the past. I especially like classic English literature. Reading famous literature works makes me feel like being equally at home with Thackeray's stories with a glimpse into the **nobility**, and with Dickens' characters who saw the world through eyes of poverty, much like the author himself. Daniel Defoe, Jane Austen, the Brontë sisters, and others expand one's understanding of the world that was, by describing it from different **perspectives**. Reading provides the best rounded education one can have. If one attempts to name a single subject he cannot learn

something about from just reading, he will come up empty. History, geography, science, economics, even a little math can be learned from fiction and nonfiction alike.

A great benefit of reading is what you learn about people. True, you learn things about the different cultures and customs. How do people in other cultures dress? What do they eat? What is their language? What kind of laws do they live under? But all of that is mere window dressing. What you learn about people is that regardless of when or where they lived/live, people are basically the same. They have the same basic needs, and the same concerns for their families. We all have common aspirations and face common challenges. People are people; the differences are **superficial**. Inside, we are all pretty much the same.

But the greatest joy reading provides for me is: With a book in my hands, I am never alone. A good book to me is one in which the story is told so vividly that I am not me when I read it; I am a character in the book living out the plot. Am I the hero? Well, maybe, but if not him, another character. Now that I am part of the story, my own troubles are gone. I unload my own burdens and take on those of the story, knowing I can **set those aside** at will by closing the book. When I do close it, I discover my own worries are a million miles away, if not gone completely. I now realize they never were all that critical anyway.

Notes:

1. **Charles Dickens:** 狄更斯, 英国现实主义作家, 代表作有《匹克威克外传》、《双城记》、《远大前程》等。
2. **Daniel Defoe:** 丹尼尔·笛福, 18 世纪英国著名小说家, 《鲁滨逊漂流记》的作者。
3. **Jane Austen:** 简·奥斯丁, 19 世纪英国著名女作家, 其代表作有《傲慢与偏见》、《理智与情感》、《曼斯菲尔德庄园》等。
4. **The Bronte Sisters:** 勃朗特姐妹, 其中夏洛蒂·勃朗特和艾米丽·勃朗特, 均为 19 世纪英国著名女作家。夏洛蒂·勃朗特《简·爱》深受我国读者喜爱; 艾米丽·勃朗特的成名作为《呼啸山庄》。

Words to learn

1. thrill	vt.	(使) 兴奋, (使) 激动
2. stack	n.	堆, 垛
3. sound out		试探; 探询
4. persuasion	n.	劝说; 说服(力)
5. nobility	n.	贵族阶层
6. perspective	n.	角度
7. superficial	adj.	表面上的; 肤浅的
8. set... aside		留出……备用

I Tackling difficult sentences 长句难句过关

1. Not many pieces of news she could have given me would have thrilled grandpa more. (Line 2, Para. 1)

点拨：句中的否定 + 比较级的结构，暗示着作者强烈的肯定意思。此句可采用“反说正译”的方法；此外，句中的虚拟语气结构，暗示作者对他孙女（已经）读了如此多的书而感到的高兴与吃惊。

• Your translation of the sentence:

2. If one attempts to name a single subject he cannot learn something about from just reading, he will come up empty. (Line 8, Para. 3)

点拨：此句比较难理解在于其句子结构中的 cannot learn..., ...will come up empty, 有两个否定：cannot 和 come up empty, 这种结构暗含比较强烈的肯定意思：“如果人们不想……，就一定无结果（收获）”，换句话说，“如果人们想……，就一定有结果（收获）”。这种强烈的肯定意思可以从该句的上下文中得到证实。

• Your translation of the sentence:

II Accumulating your lexical chunks 词块学习日积月累

Do you know how to translate the following chunks? You can find out your translation right in the passage you have just read.

1. 最全面的教育 _____
2. 透过穷人的眼光看世界 _____
3. 卸掉了自身的包袱 _____
4. 装饰自己给人以假象；吸引人的东西 _____
5. 毫无结果 _____
6. 感到自在 _____

III Reading for understanding 阅读理解

Directions: After reading the passage carefully, choose the best answer from the four choices marked A, B, C and D.

1. According to the passage many people fail to share the joy of reading because they _____.
 - A. haven't enough money to buy books
 - B. have no interest in literature
 - C. didn't master the proper way to read
 - D. were poor in reading comprehension
2. It can be concluded from the passage that the author _____.
 - A. has been to many foreign countries and know different culture
 - B. is rich enough to buy many books
 - C. feels alone at home
 - D. is especially familiar with the 19th British literature

3. According to the author the biggest joy of reading lies in _____.
 - A. the numbers of the library books one has
 - B. the education reading can bring to people
 - C. the reading of the great literary books
 - D. the experience to be no longer lonely in life
4. The author might not agree that _____.
 - A. reading is expected to expand one's world views
 - B. reading is a critical activity
 - C. reading materials should only come from great authors
 - D. reading comprehension depends on one's reading skills

IV Translation 翻译

Directions: Complete the sentences by translating into English the Chinese given in the brackets.

1. However busy you are, please _____ (留出) enough time for home assignment.
2. He returned to his hometown, _____ (感到非常自在) with all villagers.

Passage B

Reading Can Change Your Life

Upon completion of the second grade, I was sent home with a note to my mother **informing** her that I would have to attend summer school to improve my reading skills. I did not want to go because Mrs. Cousins was a tough, **demanding** teacher and I was supposed to be on vacation. But my mother made me go and so I did. By summer's end a minor **miracle** had occurred. Mrs. Cousins had taught me phonics. For the first time in my life it was possible to **figure out** how to read and pronounce words by myself and reading wasn't something scary that made me feel stupid.

The following summer I began reading *Robinson Crusoe*. I was a painfully slow reader but determined to read my first book cover to cover. It took several hours a day, every day, all summer to complete that book and I achieved my goal. I began checking books out of the library, usually five or six at a time, never finishing more than one and always returning them late. But I read and read and read.

At 13 I started wearing glasses to correct near-sightedness and *astigmatism* (散光). Still an extremely slow reader, I **enrolled** myself in an adult, night class on speed reading. In six weeks I went from reading 50 to 250 words per minute. About that time, our local newspaper ran a series of articles on *Amelia Earhart* and I read every one of them and so discovered my first hero. Reading opened my eyes to the world of adventure.

After college I began a career as a *respiratory therapist* (有氧治疗师). **Inspired** by other people's stories I read in books, I began having my own real-life adventures—hiking and sailing. At

44, after reading *Across Arctic America*, I decided it was time to have my own really big adventure by **retracing** the journey described in that book. At 46, I did it! My dogs and I traveled 2,500 miles alone across the arctic.

Learning to read changed my life and has given me years of education, entertainment, and adventure. Still a slow reader, I sometimes read kids' books about adventures and biographies just for the pleasure of reading an entire book quickly and easily.

Words to learn

1. inform	vt.	告知; 通知
2. demanding	adj.	苛求的, 要求高的
3. miracle	n.	奇迹
4. figure out		想出
5. enroll	vt.	使报名
6. inspire	vt.	鼓舞, 激励
7. retrace	vt.	回顾

I Tackling difficult sentences 长句难句过关

1. Upon completion of the second grade, I was sent home with a note to my mother informing her that I would have to attend summer school to improve my reading skills. (Line 1, Para. 1)
点拨: upon completion of 表示“完成……之后”, informing 是现在分词作定语修饰 note (便条), 从 informing 一词到句末都是对 note 内容的说明。

• Your translation of the sentence:

2. Inspired by other people's stories I read in books, I began having my own real-life adventures—hiking and sailing.

点拨: 分词作状语可表示时间、原因、条件、让步、结果、伴随等等。本句中分词短语 inspired by other people's stories I read in books 可以看作原因状语。

• Your translation of the sentence:

II Accumulating your lexical chunks 词块学习日积月累

Do you know how to translate the following chunks? You can find out your translation right in the passage you have just read.

1. 在度假, 在假期中 _____
2. 实现某人的目标 _____
3. 从图书馆把书借出来 _____
4. 矫正近视 _____

reading the *Encyclopedia Britannica* (《大英百科全书》), and although I did not understand half of it, I certainly enjoyed reading it and gazing at the pictures. Most of my father's books were devoured in this way, and I still love to skim through them now and again.

However, most of the books dealing with scholarly material were only read in moments of great boredom. Nonetheless they gave me great pleasure in passing many an idle hour. Whenever I am bored, I am very thankful when I come across a book that I have never read for I feel I should surely become insane otherwise.

Reading also helps me release stress in that it makes me relax and enjoy myself. One of the great pleasures of my existence is coming home after school, especially during the examination period, and opening up a good book. I certainly feel a great deal better as I read, for I can feel each tightened *sinew* (肌肉) relax, each strained nerve quieted with the turning of each page. When I finished, I feel a warmth and *bliss* (幸福) that can perhaps only be matched by the sensation of a pleasant *drowsiness* (睡意) one feels after drinking some wine.

Reading also allows me to *indulge in* (沉迷于) my fascination with the fantastic. My collection of "fantasy fiction" is quite amazing, and I always enjoy going over the books again and again. I regard reading as a form of mental exercise, to stretch and raise my imagination, and to enrich my soul. I much prefer reading a book to watching a dramatized version on television because I believe strongly in developing the mind's eye. The more imagination a book requires me to exercise, the more I enjoy it. Reading is a special joy for me because it is all the arts combined in one form, including the visual, auditory and *tactile* (触觉的) sensations. It is for me, painting, sculpture, music, drama and dance all at once.

I love reading also because it increases my appreciation of the world around me. We read about the things that we have never stopped to consider, or appreciate, and then we feel a great wonder and joy at the immensity of life.

I also enjoy reading because it provides a means of escape from the pressures of my life. To read about a happy race that spends most of its time eating, drinking and making merry delights me, so that I feel there is, at least some place on earth where people have no cares and life is one long summer picnic. If, on the other hand, I read about people locked in a mean existence, I am moved to feel pity for the sufferings of my fellow men, and I feel secure in the knowledge that I do not suffer alone.

Reading, for me, is also a pleasure because it allows me, in my mind, to travel to faraway lands that I may never visit physically. Thus I can feel that I have been to a Middle-Eastern bazaar, breathed in all its smells and seen its sights. I can feel that I have camped under the shadow of the pyramids or perhaps within the circle of Stonehenge. Not only does reading have the power to allow me transcend space, I also transcend time. It enables me to live with famous people and in famous places. I can during the course of a book, picture myself battling infidels during the *Crusades* (十字军东征) or dancing a stately minuet in the court of the "Sun King" at Versailles. Through reading, I am also able to understand the cultures of the various people I read about, and analyse the rise and fall of their civilisations.

Of course there have been times when I have not enjoyed reading at all, and even hated it—

This happens whenever I am forced to read anything, especially when it has something to do with science, to which I am somewhat apathetic. On such occasions I have procrastinated, complained, thrown tantrums and anything but enjoyed reading. I have also learned that the fastest way to prevent me from reading is to force me to read a book within a given time.

On the whole, I can safely say that I enjoy reading to such an extent that it has become the love of my life. It answers almost all my needs except hunger and sleep. It serves me when I am lonely, bored, unhappy, in joy or in pain, in sickness or in health. Reading has such a multitude of joys for me that the greatest tragedy for me would be to stop reading. It is a lifelong pleasure and passion, and I would never give it up.

1. I read consciously for the aim of gaining practical knowledge. ()
2. Reading scholarly book gave me great pleasure in passing my idle hour. ()
3. During the examination period, reading too much may bring me some pressure while it brought me some pleasure. ()
4. I stretched my imagination and developed my mind's eye because I collected so many fantasy fictions. ()
5. Reading poem provides a way of escape from the pressures of life and gives me a feeling of relaxation. ()
6. I enjoy reading because I can live with many famous people and live in famous place. ()
7. I hated reading when I was forced to read any book. ()
8. Reading made me go beyond my space and time, so that I can travel faraway although I _____.
9. If I read about people locked in a mean existence, I am moved to feel pity _____ of my fellow men.
10. Reading has become the love of my life because it is _____.

Passage D

Directions: Go over the passage quickly and answer the questions. For questions 1-7 there are four choices marked A, B, C and D. You should decide on the best choice and mark the corresponding letter with a single line through the centre. For questions 8-10, complete the sentences with information given in the passage.

Reading for Pleasure, Knowledge

One of my favorite things to do when I am visiting home is to lie in the big, soft chair in the living room and read. It's such a release for me, to settle into that chair and let my mind drift into a book for hours on end.

My brother often finds me in this position, and it amazes his mind. He can't help but make fun of me. "How can you just... read?" he asks. "Don't you get bored?" He doesn't understand how I could possibly be enjoying myself, just sitting there with a book in my hand.