

慎小嶷

十天突破 雅思口语

第3版

慎小嶷◎编著



A flawed perfection strategy
Blended with a realistic goal
The chaos theory will come in handy
If you try to figure out how ideas were conceived
Rather than how they were presented

环球雅思金牌讲师多年教学实战经验
切实针对中国考生难点

标准
英音朗读



Genuinely British

Pat's Ten-Day Step-by-Step Guide to the Speaking Test

The Third Edition



To use English freely in the IELTS speaking test has been an aspiration for all of you, but how to fulfill this dream probably is a puzzle for many. In my estimation, overall the Chinese candidates' poor performance has been due to their "overpreparation" or "mispreparation", so to speak, for the IELTS speaking test than to the lack of lexical resources to draw on. The intense cramming and the chunky, indigestible masses that are brutally crammed into their brains render the entire preparation process a strategic failure. And the accompanying psychological insecurity and resistance further aggravate everything...

A Message from the Author

针对最新题库梳理IELTS口试所需的全部语言点

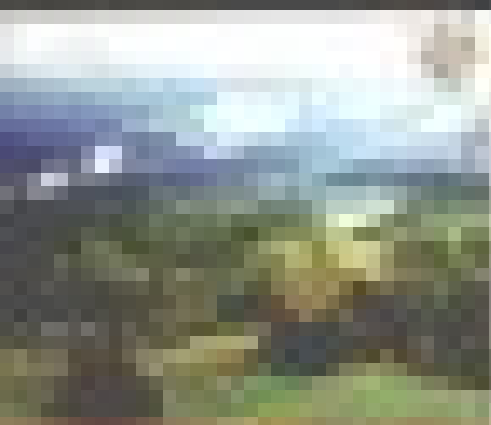


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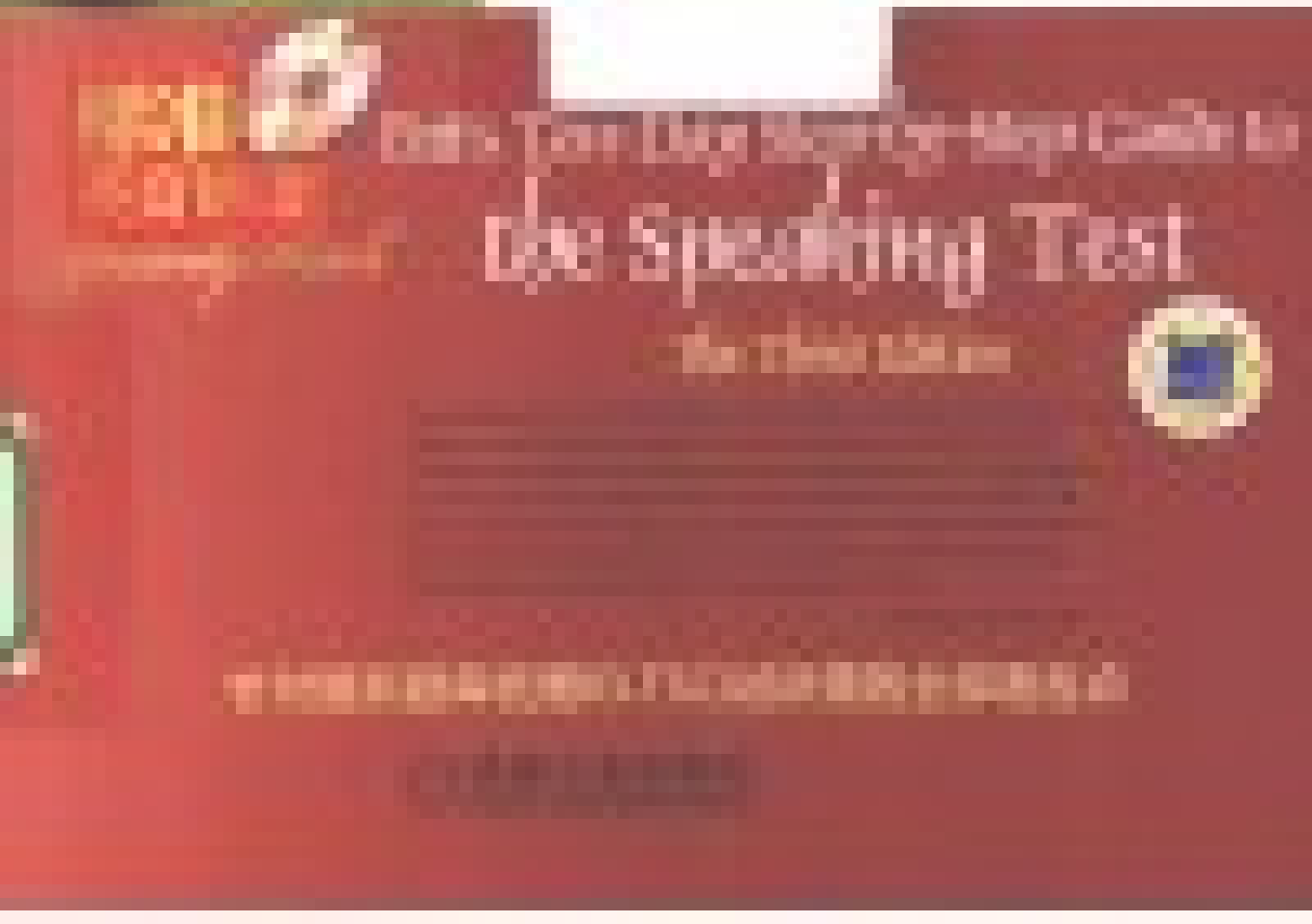
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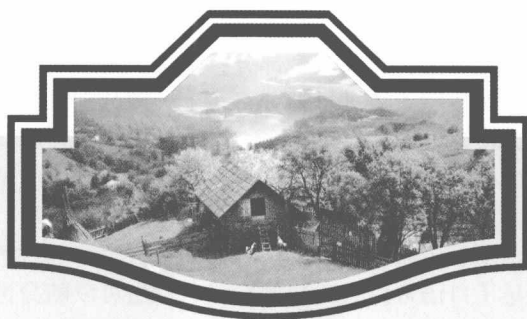
第3册



10天突破
雅思口语
第3册



IELTS



SPEAKING

To use English freely in the IELTS speaking test has been an aspiration for all of you, but how to fulfill this dream probably is a puzzle for many.

雅思口语 第3版

慎小嶷 / 编著

*Pat's Ten-Day Step-by-Step Guide
to the Speaking Test*

 机械工业出版社
CHINA MACHINE PRESS

本书是雅思口语应试技巧大全，包括三个部分：正文、附赠手册和光盘。

本次修订，正文部分依然按照天数进行划分，在十天内分别讲述雅思口语测试要点和应试策略，并结合最新剑桥官方口语题库和《剑7》所体现出来的雅思口试新思路对全书进行了全面调整。根据不同的测试内容，提供了必备语言点和素材库等多种应试工具。考生可以根据自己的实际情况，有选择地使用，不仅方便，而且突出个性。

在讲解真题时，作者总结了历届雅思口语话题，并进行了归纳讲解，尽量减少考生的复习量。在附赠手册部分，汇集了口语常用表达法的精华，考生可以随身携带。

本次修订光盘部分的录音紧随教材和附赠手册的变化重新录制，英音朗读，便于考生学习模仿及训练。

本书作者对中国考生的口语瓶颈有极为深刻的了解，并著有《十天突破雅思写作》。

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From the Author to the Reader (For the Revised Edition)

新版致读者

你是谁

长达六年对 the IELTS Speaking Test 的紧密跟踪让 Pat 深感雅思口试的话题极为广泛。事实上，它们已经涉及到了国外生活的几乎所有领域。

对于时间充裕、希望系统准备 IELTS Speaking 的读者来说，您手中的这本书力图通过对雅思口语所需各方面能力的深入探寻为大家今后的国外生活打好扎实的语言基础，通读本书将让您的口语实力得到实质性的提高。

而对于备考时间只剩下不到一个月、已经慌不择路的同学们来说（根据 Pat 的观察这种采取“拖延”战术的考生达到国内考生总人数的 1/5 左右），过于强调提高能力而忽视针对真题的集中突击反倒会增大成为“炮灰”的可能。如果您不幸属于这类考生，那么请一定先看完下面的章节，然后再深入阅读其他部分：

- ◆ Day 2 第二节 “Part 1 考什么？”
- ◆ Day 2 第八节 “Part 3 考什么？”
- ◆ Day 8 A-F 每节中的“本类话题最新完整真题库”
- ◆ Day 10 全天

另外，分布于全书各章节中的“超短线”内容也将为这部分迷途读者提供向导。Pat 博客 blog.sina.com.cn/ieltsfguru 上也会及时公布最新的口语预测题作为大家的指南针（去英国的则是指西针）。

而如果你的备考时间充裕，那么就踏踏实实地按顺序学习各章吧。“短线高手”们都是被逼出来的，“空手道”不是那么好玩的，对任何考试来说只有实力才最靠得住。

本书的特色

本书紧密结合《剑7》对于口语能力的要求，对口语考试的三个 sections 分别给出了针对每部分的不同解决方法。《剑7》的口语题目都是过去的考题，本身并不具备对未来考试的预测性。但是它们对于我们研究雅思口试的深层结构和各部分的特殊要求却是有权

威的指导意义的。本书紧紧围绕《剑7》对口语不同部分的要求，力争在用词、语气、句式等方面给出最适合该部分风格的答案，而不是 mix them up。

① 对于 Part 1，本书打破了以往的一问一答式教学法，编写了覆盖全部最新 topics 的素材百宝箱。目的就是迫使中国学生打破长期以来一个答案准备一个题目的备考模式，灵活地运用手头的素材，避免过重的背诵痕迹。

② 对于 Part 2，本书给出的是口语化的答案并且密切联系西方文化背景。在美国，youth culture 已经成为一股不可忽视的社会力量，所以在编写 Part 2 话题解决方法的时候，我强迫自己回到 21 岁，设想一个位于平均年龄的雅思考生会给出什么样的答案。要强调的是，西方人虽然长得比较成熟，但是心理年龄却相对年轻，所以即使您是一位 32 岁的读者，也请放心掌握本书中模仿 21 岁读者的心态想出的素材吧。而“口语十大弱智卡片”（Ten Cue Card Answers for the Dummies）这一部分，更是凸现了口语备考心态年轻化的重要性。

③ 本书的 Part 3 强调的是培养考生对逻辑关系的论述（logical reasoning），而这恰恰是很多同学在回答 Part 3 这样的深入讨论话题时没有能够体现出的能力。

④ 本书对正确口语风格的不懈追求（a relentless pursuit）还集中体现在很多章节中出现的口语和书面语对比内容。很多考生的失败原因是该说口语词汇的时候却背出了超难的写作大词，导致心理承受能力差的考官惨遭“电击”。还有些考生则正好相反，wanna, gonna, dude 这样连普通美国人都不会整天说的词却对着考官说一大堆，缺乏对真正实用的口语实词的积累。本书的目标就是要在国内好好搞一个英语口语的“整风运动”，让大家真正了解什么时候该“板”一点（stuffy），什么时候则该“痞”一点（funky）。

⑤ 本书的内容虽然会很有诱惑力（tempting），但我要求各位，“对本书全部的内容请你只掌握 50%”。也许听起来不可理喻（senseless），但是说口语真的不应该那么天衣无缝（flawless）不是吗？即使大家用自己的母语说话，难道可以做到每句话都不用思考吗？（Do all the answers just roll off your tongue?）即使是说母语难道可以做到每个问题都有长篇大论吗？（Do you feel at home with all the possible topics?）不仅仅是对本书，我要求各位读者一定要用轻松的心态来看待任何一本口语书中的内容。请牢记：100% 地掌握一本口语书和从没看过任何口语书的人得分可能会是一样的！

如何使用本书收效最大

一个常常被忽视的事实是：IELTS 口试是一个时间非常短的考试。Keep in mind that the average duration of this test is just 12'.

相应地，考前如果背的东西太多，结果将是所有的答案在人的头脑中处在一种平均分

布的平面状态，每个词、每个句子都是亮点（highlights），其实也就都是盲点（blind spots）。

书不在多。Pat 特别建议大家把您手中的这本书读三遍，这样的收效将会非常明显：

第一遍： Get your feet wet. 试试水有多深。读第一遍的时候你的心态可以是很放松的。先很快地用 1~2 个小时把本书从头至尾 browse 一遍，主要是看三个部分考题的 topics 分类，并体会雅思口语用词造句的风格，同时大致确定出本书中的哪些部分是自己下一阶段需要重点花时间精读的。

第二遍： Get a handle on it. 全面了解任务。这一步我们不再“阅读”，而是“听读”。请专门拿出一个整天，中间设计出 4~5 个休息时段（没休息就没效率），很认真地把 CD 中的内容全部听一遍。中间肯定有很多词听不懂，没关系。但需要注意的是：你的心态绝不能像听 Lady GaGa 的 Bad Romance 那么放松，也不要再在公车上很酷地听并摆出各种 pose。咱们这是在学习，只要打算听的时候就集中精力，PSP 和 Wii 全关掉，尽全力去模仿 CD 里的音调，并请努力去多听懂一些。

第三遍： Get it down pat. 注意这个 pat 是小写的，不是俺，这是 idiom，意思是去“准确地了解重点内容”。口语考试中大家都背相同的答案是可怕的。因此我在编写参考答案的时候，自己给自己设定了一个挑战：力争让本书的每个答案都把内容铺得开一些，给读者想象的空间，并且尽可能多地覆盖同类话题的常见词汇和句型。这样，各位读者掌握的时候，只要从参考答案中挑出一部分适合自己真实水平的词句，就已经可以编出有一定深度并且适合自己的答案了。

另外，在“读书”和“听书”的同时，真心拜托各位还要经常练习。最实用的练习素材，就是每个月的口语预测题。毕竟这是一本应试的书，要是能帮你把雅思口试过了什么都强。每个月的考前预测题我都会在自己的博客 blog.sina.com.cn/ieltsfguru 中贴出来。你就当成是模拟考试，而且最好能用 digital recorder 或者 MP3 player 给自己录音，再认真对比本书 CD 里专门讲发音的章节，这能让您的发音在考试之前至少会达到 reasonably good 的程度。

如果还有什么客套话要说，我想，就是鼓励朋友们不要紧张吧。归根结底，雅思口语考试真的是一个超短的考试。It's over even before you know it. 😊

致谢

在编写本书的过程中，孟玉琴、于雷、宋朝晖、朱卫红、张静、周晖、李梅、高路、董明明、张中华、魏林、王玲、李晨光、王向雨、董倩、谢冰、高峰、袁诗宁、刘盈、

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Deepest appreciation goes to my parents and my sister, without whom I would not have embarked upon this "cottage industry". Your loving support definitely means a lot to me.

Special kudos goes to Ms. Meng Yuqin, the editor of this book, whose hard work, intelligence and resourcefulness make a real difference in the creation of this book.

And most of all, I wish to dedicate this book to the students who made up my classes in the Global IELTS Institute (Beijing). Their example has continually spurred me to keep working on this book. I hope it will be a nice reminder of our delightful time together.

慎小嶷

作者自序

Preface

To use English freely in the IELTS speaking test has been an aspiration for all of you, but how to fulfill this dream probably is a puzzle for many.

This book has been conceptualized and devised as a self-study aid, intended for learners who will take the IELTS test within a couple of weeks.

In all honesty, this target audience is best characterized by their taxing anxiety, or even desperation, and the frantic all-nighters when note cards are splayed all over the floor in messy piles. They are so worked up because they are afraid they will end up being unprepared or underprepared for the test. Eventually, most of them step into the test room with their brains jam-packed with rigid templates and corny bromides, many of which are antiquated English. Then, when actually striking up a conversation with the examiner, they find themselves hopelessly tongue-tied and dumbfounded.

Mean band score by most frequent countries or regions of origin (Academic)

Source: www.ielts.org

NATIONALITY	SPEAKING
Bangladesh	5. 59
China	5. 26
Germany	7. 20
China's Hong Kong	5. 99
India	5. 93
Indonesia	5. 82
Iran	6. 21
Japan	5. 76
Malaysia	6. 43
Nepal	5. 74
Pakistan	5. 72
Philippines	6. 76

(续表)

NATIONALITY	SPEAKING
Russia	6.69
Saudi Arabia	5.89
South Korea	5.61
Sri Lanka	6.31
China's Taiwan	5.64
Thailand	5.66
United Arab Emirates	5.42
Vietnam	5.64

In my estimation, overall the Chinese candidates' poor performance has been due to their "overpreparation" or "mispreparation", if you will, for the IELTS speaking test than to the lack of lexical resources to draw on. The intense cramming and the chunky, indigestible masses that are brutally crammed into their brains render the entire preparation process a strategic failure. And the accompanying psychological insecurity and resistance further aggravate everything.

My six years of experience as an IELTS teacher in China informs me students get most amazing results when they learn with a happy mood. Learning with fun has been a firmly-entrenched pedagogical principle in many Western countries, just as indiscriminate rote learning has been institutionalized in a host of Chinese schools. Now that the readers of this book are about to be tested in a Western language by a Westerner with typically Western thought, it only makes sense the author's best bet would be to shun the awe-inspiring words, the formidably intricate sentences and the baffling grammatical points and just settle for something more approachable, accessible and easier to be transferred to long-term memory.

You must be frowning. Yes, I contradict myself with all the high-sounding, stilted stuff in this foreword. As a matter of fact, no matter who you are and where you are from, one thing's for sure: You are not taking the IELTS test anytime soon. Candidates-to-be don't have time for this particular segment of any publications in the first place. Even if they didn't leap right to the first chapter, they couldn't possibly have trudged this far in this section, for it is swamped with words that are unfamiliar to them. Only goes to show how

essential it is for me to come up with something less intimidating in the main body of this book.

Given the painstaking efforts Chinese candidates make prior to the IELTS speaking test, on average their scores are deplorably low. I am convinced this far-from-satisfying situation can be largely attributed to the general misunderstanding, or “myth” that only pompous and well-regurgitated wording and phrasing can guarantee good scores in the test. This assumption is dubious on two accounts:

☆ What is a good score anyway? (My understanding of this is the best possible score a candidate can potentially get, so it has more to do with realistic potential than with arbitrary conjecture.)

☆ Do students have to get the examiner completely daunted to get a satisfactory score in a test specifically devised for non-native English speakers? I just wonder.

English-as-a-second-language tests, by definition, do not require the candidates to to speak “perfect” English. The ability to express themselves comfortably and to get their messages across effectively are much more desirable than showy bravura. And considering the time constraints candidates are confronted with before the test, principled compromises in expectations would be very much in order.

This book gives its readers access to a wealth of words, phrases, sentences, paragraphs and passages organized by commonly-tested topics. Still, it is advised readers focus more on how the author uses these elements to construct ideas. The primary purpose of this book is not to drill the readers in reciting memorized pieces verbatim, but to coax the readers into orally producing their own ideas about recurrent topics in the IELTS speaking test. With this book, readers will come to the realization speaking English isn't so hard, after all, and they can talk in English too. The conventional wisdom of “Don't speak just to hear yourself talk.” doesn't apply here. I will constantly conjole my readers into “just talking” or even rambling a bit with their flawed but far more laid-back and effectual English. Also, the author will share with you many carefully-crafted, tried-and-true techniques for you to ace this test. Additionally, every now and then, you'll stumble across a variety of things about the English-speaking cultures.

As it turns out, this book is more than a survival kit for IELTS-takers. It winds up more like an escape fiction book more concerned with a distinct escapism from the

pedagogical tyranny and archaisms that are dominating the IELTS speaking preparation in China. Such a book will deserve a corner on the market, I'm positive, not just because it's unique, but because of its substantial utility as an alternative genre. The reader will discover his/her own worth and potential and walk away with what the author has put in this publication — self-assurance and strength.

Pat
NYC

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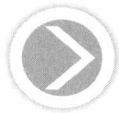
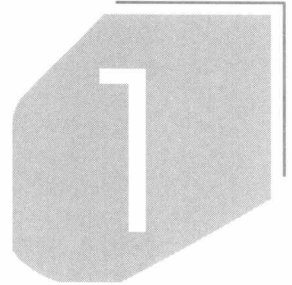
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最真实的谎言

True Lies

Pat's Ten-Day Step-by-Step Guide to the Speaking Test

Using lies as alibis

Is the same game

Played in different ways

It's just a waste of time

Made for gullible minds

