

新版全球畅销系列丛书

ANewTuneADay™ 每日一练系列

# 音阶与琶音每日一练

Scales & Arpeggios

原著：大卫·哈里森 (David Harrison)

编译：好好艺术工作室



新星出版社

管乐通用

*ANewTuneADay™*  
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# 音阶与琶音每日一练

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# 给老师的话

这是一本管乐通用教程，同时也是一本全面概括了应试所需的音阶和琶音的优秀教材。每个音阶和琶音都是在两个八度以内，没有任何的演奏表情、节奏型和指法提示。本书除了介绍传统的大调音阶和小调音阶外，同时也包括Rock和Jazz里的常用音阶和考试大纲的很多内容，包括减音音阶、五声音阶和Blues音阶。这些音阶按调号排列：先是高音谱号，后面跟着低音谱号。

我们鼓励老师和学生一起合作，以本书的任何一种音阶为基础，进行更有挑战性的学习，譬如指法和听力训练、即兴创作、发声练习、视奏和其他基本技巧。

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# 给学生的话

无论你演奏的是何种乐器，音阶和琶音都是你练习计划里一个非常重要的组成部分。你乐器的音域不一定和本书上的音阶一模一样，但是你可以把它们改一下，使其符合你的练习需要。考试时你需要用特定的方式演奏音阶，所以你必须随时检查考试大纲内对发声、音域和节奏型的要求。

本书的最后会有一些有用的提示，指导你在日常练习中如何组合音阶和琶音的新形式。要记住：正如你专心聆听任何一场优秀的独奏音乐会一样，你对每一组音阶和琶音练习都应赋予同样的重视和关心。聆听你演奏的声音，保持稳定的速度，让乐器奏响美妙乐音吧！



## 大调音阶和琶音

6—13

大调音阶是音乐的基本要素，以此音阶为基础谱写的旋律多不胜数。全音—全音—半音—全音—全音—全音—半音这个非常熟悉的模式成为了学音乐的学生练习的重点。在学习大调音阶时，你要仔细的用耳朵听每个音之间的关系，你就可以容易演奏其他大调音阶。

## 大调调式

14—15

大调调式音阶可以想象成一个调里面的多个调。就像单词Mode和Mood有着同样的词根。纵观历史，作曲家和演奏家们通过选取一种合适的调式为音乐创作出一种特定的意境。按顺序演奏每一种调式并记录它给你的感觉是如何的：雄壮明亮的、还是忧郁黯淡的？尝试从音阶的任何一个音开始演奏。用不同的调式创作出一段旋律，看看这给你又是什么样的意境。

## 小调音阶和琶音

16—27

比较小调音阶和伊奥利亚调式。旋律小调音阶的下行部分跟伊奥利亚调式是一样的，而和声小调除了第七音升高半音外，其他也与上两者相同。旋律小调琶音及和声小调琶音相同。请留意听清和声小调音阶中第七音和第八音之间一个半音程的特点，注意只有当处在上行部分，旋律小调第六音和第七音才需要升高半音。

## 五声音阶和Blues音阶

28—39

五声（意为“五个音”）音阶在世界各地的音乐中都存在。大调五声音阶（没有第四音和第七音的大调音阶）是Rock、Jazz和Folk的基础；而小调五声音阶（大调五声音阶的关系调式）则是Blues音阶的基础，在Rock、Jazz和Folk中占有非常重要的地位。尝试使用这些不同音阶即兴创作一段旋律，并学习聆听一个音符如何与同一音阶的其他音符进行连接。

在小调五声音阶中找不到的，Blues音阶中的特有音符。它又会带来什么影响？如果你的乐器可以进行推弦或者滑奏，就更有必要探讨这一问题。尝试唱一段Blues乐句，然后用乐器准确无误地演奏。



## 半音阶、减音和、全音音阶以及琶音

40—45

毫无疑问，若只有一个半音阶，你可以随意选择从哪里开始演奏。尝试把音符组合成对，或者三个音一组，确保能在你选择的音域内流畅演奏。

减音音阶是半音和全音的一个反复模式，在Rock、Jazz和20世纪的古典音乐中非常有用。你可以把减音音阶想象成没有了四个音符的半音阶，这样可以帮助解释为什么只有三个减音音阶。在下行琶音中，以每组音阶的任何四个不同音符为一组进行练习。

你也同样可以把全音音阶想象成是间隔音符消失的半音阶。所以只出现两个全音音阶，每一个音阶的始点和终点不定。因为没有绝对的“全音”音符，所以需要额外注意这些音阶。琶音把八度音分成三等分，称为上行琶音。

## 小七和弦琶音和属七和弦琶音

46—53

小七和弦琶音是D调（多利亚调式）的一个琶音，在Rock和Jazz中演奏小七和弦很有用。尝试上、下行演奏，并留意它与属七和弦琶音的区别。属七和弦琶音是G调（混合利底亚调式）里的琶音，在Rock和Jazz中演奏属七和弦非常有用。认真听听属七和弦琶音怎样制造出一种紧张感：琶音中的哪两个音符制造出这样的紧张感？为什么？

## 练习小贴士

54—56

只是不断演奏枯燥的音阶，没有任何乐趣可言！这一部分为学生练习音阶和琶音提供了一系列的新方法，为他们敞开一条崭新的道路。但这只是开始：找出适合自己练习的模式和练习，然后用不同的音阶进行演奏。慢慢你便会记住音阶，同时提高你的肌肉记忆。

在你的日常练习中加入音阶和琶音模式是聆听它们如何在曲目和表演中发挥作用的第一步。最重要的是，为你所做的事情感到骄傲。你可以写日记来记录每天的进步，也可以帮自己设定每个星期要挑战的练习。很快你便会发现自己演奏水平提高不少！





## 大调音阶

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### G大调音阶

A musical staff starting with a treble clef, a key signature of one sharp, and a common time signature. It shows the notes A, B, C, D, E, F#, G, A, B, C, D, E, F#, G, A.

### D大调音阶

A musical staff starting with a treble clef, a key signature of two sharps, and a common time signature. It shows the notes D, E, F#, G, A, B, C, D, E, F#, G, A, B, C, D.

### A大调音阶

A musical staff starting with a treble clef, a key signature of three sharps, and a common time signature. It shows the notes A, B, C, D, E, F#, G, A, B, C, D, E, F#, G, A.

### E大调音阶

A musical staff starting with a treble clef, a key signature of four sharps, and a common time signature. It shows the notes E, F#, G, A, B, C, D, E, F#, G, A, B, C, D, E.

### B大调音阶

A musical staff starting with a treble clef, a key signature of five sharps, and a common time signature. It shows the notes B, C, D, E, F#, G, A, B, C, D, E, F#, G, A, B.

### F#大调音阶

A musical staff starting with a treble clef, a key signature of six sharps, and a common time signature. It shows the notes F#, G, A, B, C, D, E, F#, G, A, B, C, D, E, F#.

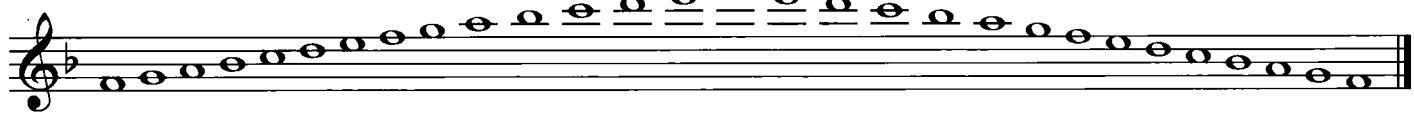
### C#大调音阶

A musical staff starting with a treble clef, a key signature of seven sharps, and a common time signature. It shows the notes C#, D, E, F#, G, A, B, C#, D, E, F#, G, A, B, C#.

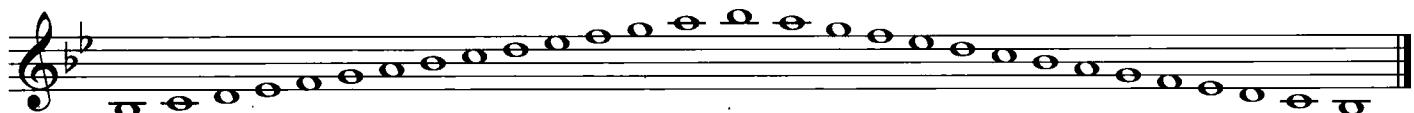
C大调音阶



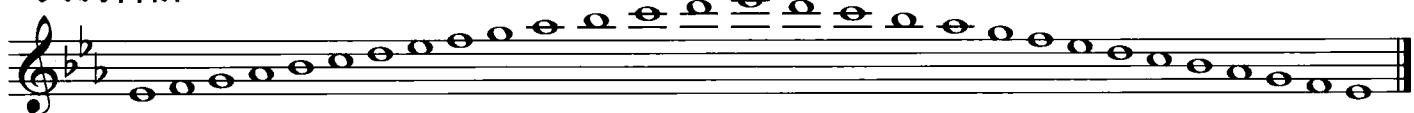
F大调音阶



B大调音阶



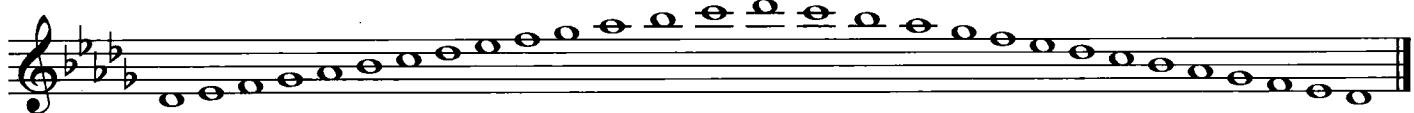
E大调音阶



$\flat$ A大调音阶



D大调音阶

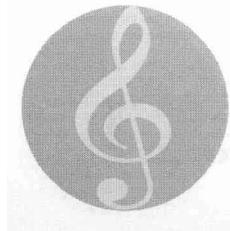


$\sharp$ G大调音阶



$\flat$ C大调音阶





## 大调琶音

### G大调琶音

A musical staff in G major (one sharp) with a treble clef. It shows the notes G, A, C, D, E, G, A, C. The notes are represented by open circles on the staff.

### D大调琶音

A musical staff in D major (two sharps) with a treble clef. It shows the notes D, F#, A, C, D, F#, A. The notes are represented by open circles on the staff.

### A大调琶音

A musical staff in A major (three sharps) with a treble clef. It shows the notes A, C#, E, G, A, C#, E. The notes are represented by open circles on the staff.

### E大调琶音

A musical staff in E major (three sharps) with a treble clef. It shows the notes E, G#, B, D, E, G#, B. The notes are represented by open circles on the staff.

### B大调琶音

A musical staff in B major (five sharps) with a treble clef. It shows the notes B, D#, F##, A, B, D#, F##. The notes are represented by open circles on the staff.

### #F大调琶音

A musical staff in #F major (six sharps) with a treble clef. It shows the notes #F, A#, C##, E, #F, A#, C##. The notes are represented by open circles on the staff.

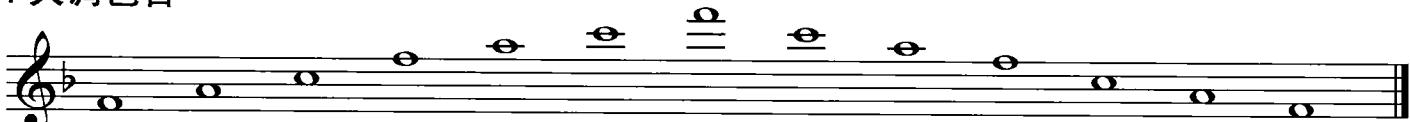
### #C大调琶音

A musical staff in #C major (seven sharps) with a treble clef. It shows the notes #C, E#, G##, B, #C, E#, G##. The notes are represented by open circles on the staff.

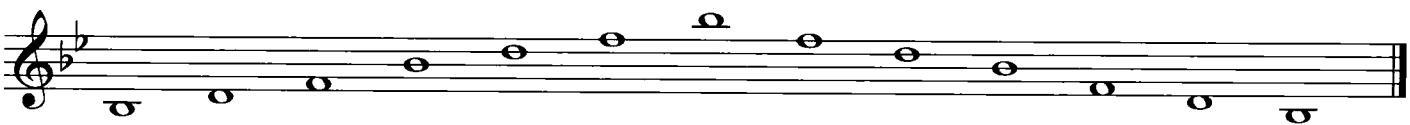
C大调琶音



F大调琶音



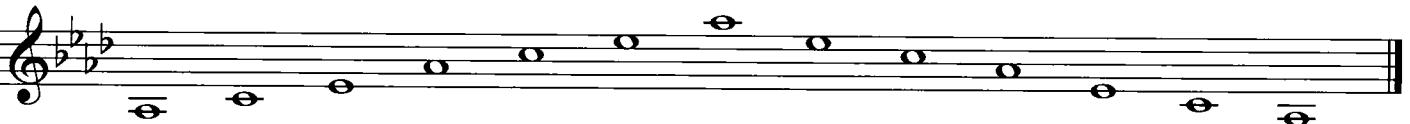
大调琶音



## **♭B大调琶音**



## <sup>b</sup>A大调琶音



D大调琶音

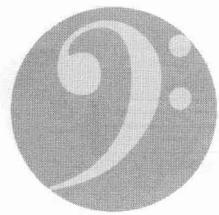


G大调琶音



## **♭C大调琶音**





# 大调音阶

G大调音阶

A musical staff in bass clef and common time. It shows the notes of the G major scale: G, A, B, C, D, E, F#, G. The notes are represented by open circles on the staff.

D大调音阶

A musical staff in bass clef and common time. It shows the notes of the D major scale: D, E, F#, G, A, B, C, D. The notes are represented by open circles on the staff.

A大调音阶

A musical staff in bass clef and common time. It shows the notes of the A major scale: A, B, C, D, E, F#, G, A. The notes are represented by open circles on the staff.

E大调音阶

A musical staff in bass clef and common time. It shows the notes of the E major scale: E, F#, G, A, B, C, D, E. The notes are represented by open circles on the staff.

B大调音阶

A musical staff in bass clef and common time. It shows the notes of the B major scale: B, C, D, E, F#, G, A, B. The notes are represented by open circles on the staff.

#F大调音阶

A musical staff in bass clef and common time. It shows the notes of the F# major scale: F#, G, A, B, C, D, E, F#. The notes are represented by open circles on the staff.

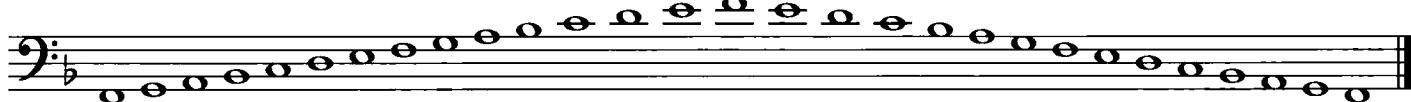
#C大调音阶

A musical staff in bass clef and common time. It shows the notes of the C# major scale: C#, D, E, F#, G, A, B, C#. The notes are represented by open circles on the staff.

C大调音阶



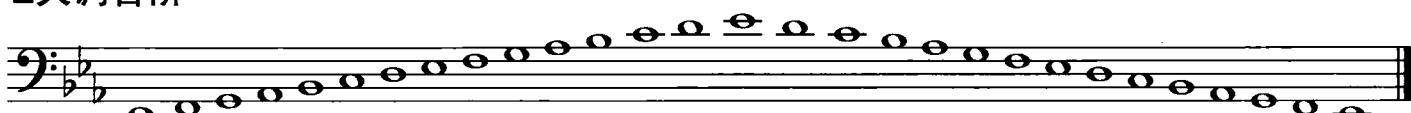
F大调音阶



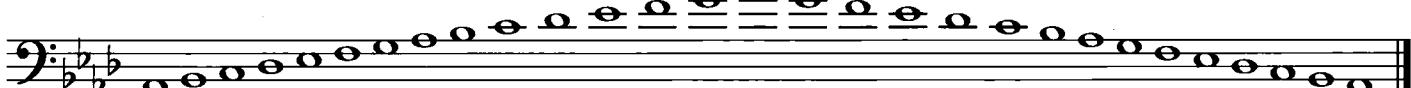
B大调音阶



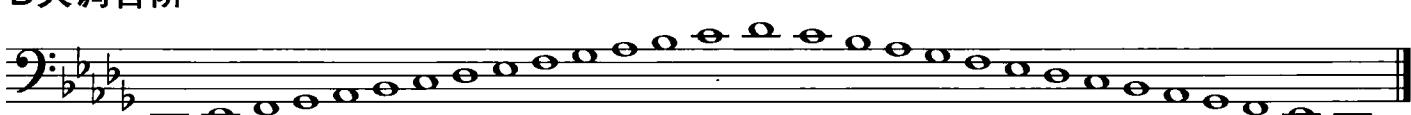
E大调音阶



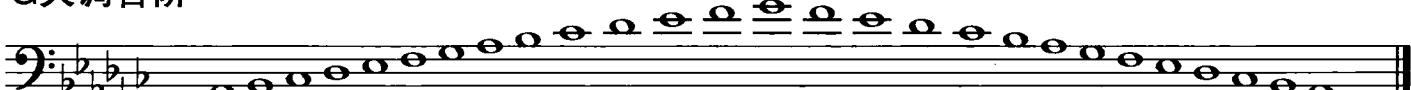
$\flat$ A大调音阶



$\flat$ D大调音阶

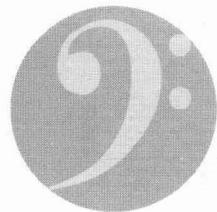


$\flat$ G大调音阶



$\flat$ C大调音阶





# 大调琶音

G大调琶音

A musical staff in bass clef and common time. It shows the notes G, B, D, E, G, B, D. The notes are open circles except for the first one which has a stem.

D大调琶音

A musical staff in bass clef and common time. It shows the notes D, F#, A, B, D, F#, A. The notes are open circles except for the first one which has a stem.

A大调琶音

A musical staff in bass clef and common time. It shows the notes A, C#, E, F#, A, C#, E. The notes are open circles except for the first one which has a stem.

E大调琶音

A musical staff in bass clef and common time. It shows the notes E, G#, B, C#, E, G#, B. The notes are open circles except for the first one which has a stem.

B大调琶音

A musical staff in bass clef and common time. It shows the notes B, D#, F#, G#, B, D#, F#. The notes are open circles except for the first one which has a stem.

#F大调琶音

A musical staff in bass clef and common time. It shows the notes F#, A, C, D#, F#, A. The notes are open circles except for the first one which has a stem.

#C大调琶音

A musical staff in bass clef and common time. It shows the notes C, E, G, A, C, E, G. The notes are open circles except for the first one which has a stem.

C大调琶音



F大调琶音



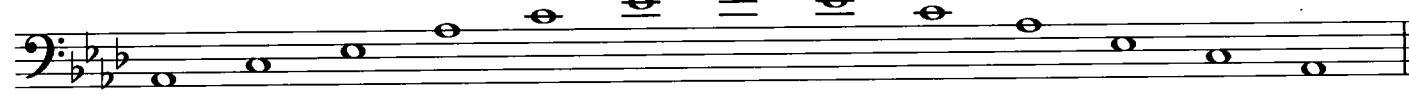
B大调琶音



E大调琶音



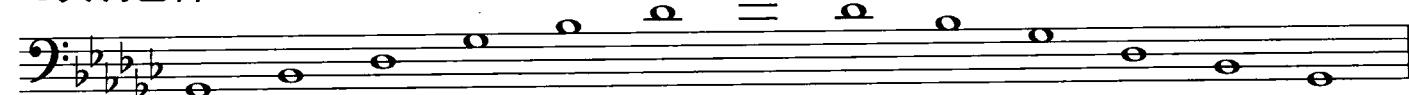
$\flat$ A大调琶音



$\flat$ D大调琶音



$\flat$ G大调琶音



$\flat$ C大调琶音





## 大调调式

C大调（伊奥利亚调式）

A musical staff in G clef (treble clef) with five horizontal lines and four spaces. It shows the notes A, B, C, D, E, F, G, A, which are the notes of the C major scale.

D大调（多利亚调式）

A musical staff in G clef with five horizontal lines and four spaces. It shows the notes B, C, D, E, F, G, A, B, which are the notes of the D major scale.

E大调（弗利几亚调式）

A musical staff in G clef with five horizontal lines and four spaces. It shows the notes C, D, E, F, G, A, B, C, which are the notes of the E major scale.

F大调（利底亚调式）

A musical staff in G clef with five horizontal lines and four spaces. It shows the notes D, E, F, G, A, B, C, D, which are the notes of the F major scale.

G大调（混合利底亚调式）

A musical staff in G clef with five horizontal lines and four spaces. It shows the notes E, F, G, A, B, C, D, E, which are the notes of the G major scale.

A大调（爱奥利亚调式）

A musical staff in G clef with five horizontal lines and four spaces. It shows the notes C, D, E, F, G, A, B, C, which are the notes of the A major scale.

B大调（洛克里亚调式）

A musical staff in G clef with five horizontal lines and four spaces. It shows the notes D, E, F, G, A, B, C, D, which are the notes of the B major scale.

# 大调调式



C大调（伊奥利亚调式）

Bass clef staff with notes: C, D, E, F, G, A, B, C.

D大调（多利亚调式）

Bass clef staff with notes: D, E, F, G, A, B, C, D.

E大调（弗利几亚调式）

Bass clef staff with notes: E, F, G, A, B, C, D, E.

F大调（利底亚调式）

Bass clef staff with notes: F, G, A, B, C, D, E, F.

G大调（混合利底亚调式）

Bass clef staff with notes: G, A, B, C, D, E, F, G.

A大调（爱奥利亚调式）

Bass clef staff with notes: A, B, C, D, E, F, G, A.

B大调（洛克里亚调式）

Bass clef staff with notes: B, C, D, E, F, G, A, B.



## 旋律小调音阶

e旋律小调音阶

Musical staff showing the melodic minor scale for E major (e旋律小调) in G clef, one sharp (F#). The notes are: E, F#, G, A, B, C, D, E, F#, G, A, B, C, D, E.

b旋律小调音阶

Musical staff showing the melodic minor scale for B major (b旋律小调) in G clef, two sharps (F# and C#). The notes are: B, C#, D, E, F#, G, A, B, C#, D, E, F#, G, A, B.

#F旋律小调音阶

Musical staff showing the melodic minor scale for F# major (#F旋律小调) in G clef, three sharps (C#, F#, and B#). The notes are: F#, G, A, B, C#, D, E, F#, G, A, B, C#, D, E, F#.

#c旋律小调音阶

Musical staff showing the melodic minor scale for C# major (#c旋律小调) in G clef, four sharps (G, C#, F#, and B#). The notes are: C#, D, E, F#, G, A, B, C#, D, E, F#, G, A, B, C#.

#g旋律小调音阶

Musical staff showing the melodic minor scale for G# major (#g旋律小调) in G clef, five sharps (D, G, C#, F#, and B#). The notes are: G, A, B, C#, D, E, F#, G, A, B, C#, D, E, F#, G.

#d旋律小调音阶

Musical staff showing the melodic minor scale for D# major (#d旋律小调) in G clef, six sharps (E, B, G, C#, F#, and B#). The notes are: D, E, F#, G, A, B, C#, D, E, F#, G, A, B, C#, D.

#a旋律小调音阶

Musical staff showing the melodic minor scale for A# major (#a旋律小调) in G clef, seven sharps (F#, C#, G, D, A, E, and B#). The notes are: A, B, C#, D, E, F#, G, A, B, C#, D, E, F#, G, A.