



普通高等教育“十一五”国家级规划教材

新世纪大学英语系列教材

综合教程

综合训练

主编 张隆胜 曹彬



COLLEGE ENGLISH

Comprehensive Practice

2



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前言

上海外语教育出版社于2007年出版的“新世纪大学英语系列教材”被评为教育部普通高等教育精品教材。为了使学生更好地掌握《综合教程》中的知识内容，同时帮助学生进一步提高语言知识水平和语言运用能力，我们组织华中师范大学外国语学院公共外语系的骨干教师编写了这本《综合训练》，可与《综合教程》配套使用。

《综合训练》每单元由两个部分组成：课文训练部分(Text-oriented Exercises)和大学英语四级考试题型综合训练部分(Comprehensive Exercises)。

课文训练部分包括词语和习惯表达(Words and Expressions)、语法结构(Structure)、课文概要(Text Summary)、段落翻译(Paragraph Translation)和写作训练(Writing Practice)。这一部分主要考查和巩固学生在课本中学到的语言知识。词汇和语法结构大多是学生用书Text A和Text B的练习中没有考查到的一些重要词汇和结构，学生用书中需要重点掌握的部分在本书中亦采用了不同的形式予以训练，以帮助学生巩固对其掌握的熟练程度；课文概要主要检查学生对课文内容的熟悉程度，同时培养学生的篇章概括能力；段落翻译和写作训练部分主要训练学生运用所学词汇或与各单元主题相关词汇进行翻译和写作，从而提高他们的翻译和写作能力。

综合训练部分以大学英语四级考试题型综合训练为主，包括听力理解(Listening Comprehension)、阅读理解(Reading Comprehension)、完型填空(Cloze)、改错(Correction)、句子翻译(Sentence Translation)和话题写作(Topic Writing)等练习。该部分在形式上涵盖了四级考试的各种题型，在内容上也很大程度地保持了与学生已学内容的相关性，可以说是课本知识的拓展和提升，旨在检测学生综合运用所学语言的能力，同时让学生逐步适应四级考试的要求。

为了更有效地检测和巩固学生在《综合教程》中所学的知识，两个部分的练习包含大量的主观题型，以帮助学生全面掌握所学语言知识，进一步提高学生的语言水平。

这本《综合训练》是经过编者精心选材、字斟句酌、反复推敲而成的，语言地道流畅，题型丰富多样，题目设计科学合理，是学生学习的帮手。

2009年10月

Contents

Unit One Living in Harmony	1
<i>Part One Text-oriented Exercises</i>	1
<i>Part Two Comprehensive Exercises</i>	6
Unit Two The Value of Life	18
<i>Part One Text-oriented Exercises</i>	18
<i>Part Two Comprehensive Exercises</i>	23
Unit Three The Road to Success	35
<i>Part One Text-oriented Exercises</i>	35
<i>Part Two Comprehensive Exercises</i>	40
Unit Four Optimism and Positive Thinking	53
<i>Part One Text-oriented Exercises</i>	53
<i>Part Two Comprehensive Exercises</i>	57
Unit Five Moral Values	68
<i>Part One Text-oriented Exercises</i>	68
<i>Part Two Comprehensive Exercises</i>	73
Unit Six Being Creative	84
<i>Part One Text-oriented Exercises</i>	84
<i>Part Two Comprehensive Exercises</i>	89
Unit Seven Learning to Work Together	100
<i>Part One Text-oriented Exercises</i>	100
<i>Part Two Comprehensive Exercises</i>	105
Unit Eight Adversity	118
<i>Part One Text-oriented Exercises</i>	118
<i>Part Two Comprehensive Exercises</i>	122
Key to Exercises	134
Scripts	156

Unit One

Living in Harmony

PART ONE TEXT-ORIENTED EXERCISES

Words and Expressions

I

Fill in each of the blanks with one word to complete the following sentences with the help of the initial letter.

1. I do believe it is possible for different ethnic groups to live together in h_____.
2. He never admitted his guilt or asked for f_____.
3. Look around you: the world in which we live often seems filled with hatred created by fear, misunderstanding and s_____.
4. The parents still c_____ to the belief that their son is alive after the earthquake.
5. Problems like interpersonal relationships are usually swept under the c_____ in society.
6. The toy was withdrawn from sale because there was a f_____ in the design.
7. Women are often more a_____ of their feelings than men.
8. Most teenagers are gradually n_____ a desire to be completely independent.
9. Our main goal must be to h_____ the divisions in our society.
10. Government troops have succeeded in c_____ the rebel leader.

II

Replace the underlined word or expression in each of the following sentences with one word or expression from either Text A or Text B that best keeps the original meaning.

1. The house was so old that all the woodwork was rotting away. ()
2. Your suggestions don't agree with the aims of this project. ()
3. We love and respect you for what you are, in spite of all kinds of faults. ()

4. We should make good use of every minute, for it flies away fast and waits for no man. ()
5. When I talked to Didi about it, she admitted she'd dealt with the difficult problem, but she couldn't solve it. ()
6. I am not willing to play a trick on that poor boy who really needs help. ()
7. The film which I saw yesterday evening was extremely interesting. ()
8. Though there are some disturbances in some countries, some of the Buddhist monks still won't stay out of politics. ()
9. The young man has had affection for the young girl for a long time. ()
10. You must understand the gravity of the situation in your country at the moment. ()

Structure

I Combine the following pairs of sentences, using "rather than".

1. The woman over there looks like a model. She doesn't look like a mother.

2. I want to pursue further studies at this university. I don't want to go to work after graduation.

3. The professor can be regarded as wise. He can not be described as lazy.

4. I think you should call it a lecture. You shouldn't call it a talk.

5. I don't want to spend a lot of time traveling every day. I prefer to live near to my work.

II Rewrite the following sentences by using a proper participle as the attributive instead of the attributive clause.

1. The fascinating story, which was based on his experience, was entitled *The Smile*.

2. A lot of prisoners who had been captured during the war were set free after it.

3. The bridge which is being built across the sea will connect the island with the mainland and benefit the people around.

4. The students are finishing their studies that are required at college.

5. The deer that was trapped in the trap was rescued by a kind villager.

III

Judge which of the underlined parts in each of the following sentences is incorrect. Underline the corresponding letter and correct the mistake.

- In fact, no human relationship can survive with the oxygen of forgiveness. ()
A B C D
- Whoever will walk around in such a heavy rain will catch a cold. ()
A B C D
- The cars produce waste gases almost so harmful as the gases from factories. ()
A B C D
- Those who are always ready to help others can sometimes get a satisfied reaction when they meet with trouble. ()
A B C D
- He was presented with a gold watch in recognitions of his service to the company. ()
A B C D

IV

There are 10 incomplete sentences in this part. For each sentence there are four alternative choices marked A), B), C) and D). Choose the one that best completes the sentence.

- Yes, I have lost my ticket to the concert, but I wouldn't have time to go _____.
A) in any case B) in case C) if so D) for short
- It was the first time in her life that she had ever _____ marriage to the public.
A) said B) spoken of C) told D) wanted
- The majority of parental attitude tends to distance their children _____ other countries' culture.
A) against B) about C) from D) to
- Although her aunt appeared to be indifferent to others, she was _____ worried by Hubert's position.
A) genuine B) honestly C) true D) genuinely
- _____ a good objective test with many multiple-choice questions requires a great deal of time and thought.
A) Construct B) Constructing C) Constructed D) Constructive
- He made a good preparation in advance and finished the work _____ with high quality.
A) for an instant B) at an instant C) in an instant D) with an instant
- The US always has a finger in the business of other countries, desiring to have power

_____ others.

A) on

B) over

C) under

D) in

8. It was _____ who arrived there first, despite our detour (弯路) on the way.
A) us B) we C) our D) ours
9. Several people thought the speaker had dealt with the subject very thoroughly, _____ was hardly the impression I got.
A) what B) that C) which D) who
10. Was _____ at the air battle on June 8, 1994, _____ was led by Captain Johnson, _____ Peter lost his life?
A) it; when; that B) that; that; who C) it; which; that D) it; which; when

Text Summary

The following passage is a summary of Text A. Fill in each blank, using the words in Text A.

While living in the world, we should know a good interpersonal (1) _____ is important for us to live a happy life. To achieve the goal, we should learn to forgive others, even those who have done great wrong to us. Don't (2) _____ too much about the wounds made by others, and it is wrong to take revenge on them. Just as the ancient Chinese (3) _____ puts it, "whoever (4) _____ revenge should dig two (5) _____." The more you nurture your (6) _____, the more unhappy you'll become.

If you hope to get rid of the suffering caused by some other factors, you should learn to (7) _____ the "lost art" of forgiving, which will benefit not only those who have done you wrong, but also your own emotions. Nobody is absolutely perfect. If we take a long and hard look at ourselves, we'll be able to see (8) _____ within ourselves. And thus why won't we be able to forgive others for their flaws?

Even if you think you are right and find it hard to forgive the person who has done you wrong, you may not feel happy. But once you let go of your anger and hate, you are at (9) _____ and happy. Therefore, it is sensible to choose to be happy and to live with people in (10) _____.

Paragraph Translation

Translate the following passage into English.

环顾周围你会发现，我们的世界充斥着恐惧、误解和自私。人们相互争斗，以各种借口发动战争，意欲统治他人。

事实上，我们没有理由去仇恨别人。无论他们来自哪里，他们始终是人，他们仍然值得尊重。我们共同生活在这个小小的星球上，我们应该像兄弟姐妹，生活在一个大家庭里。如果大家和睦相处，则万事皆顺，这样的家庭将充满了爱和力量，这样的世界将会变得更加美好。

Writing Practice

Make a logical passage with about 100 words on *The Best Way to Avoid Misunderstanding*, using at least half the words and phrases given below. Change the form where necessary.

- | | | | | | |
|---------------------|-------------|------------|-------------|------------------|--------------|
| solve | forgiveness | nurture | friendship | interpersonal | upset |
| at peace | react | in harmony | clear | a bitter quarrel | relationship |
| make the first move | | sing along | alternative | think highly of | |

The Best Way to Avoid Misunderstanding

Passage Two

1. A) An equipment to predict weather. B) An equipment to measure the height.
C) An equipment to save the pilots' lives. D) An equipment for the plane to fly.
2. A) A small-engine plane. B) A small double-engine plane.
C) A small plane with only one engine. D) A small plane with two altimeters.
3. A) She didn't reach Ireland.
B) She was warmly welcomed in England and Europe for her great courage.
C) She was honored by President Hoover in the White House.
D) Both B and C.

Passage Three

1. A) Most men consider themselves good-looking.
B) Most women don't care what they look like.
C) Men generally don't feel depressed for being average looking.
D) Women generally don't ask men how they look.
2. A) Men's beauty care given to lawns is compared with their shaving.
B) Men's shaving is the most important way of beauty care just like mowing the lawn.
C) The beauty care of lawns is different from that of women.
D) The lawns are given beauty care by men.
3. A) When he starts to bleed too badly.
B) When he ends his four minutes of beauty care.
C) When he has wiped most of the shaving cream out of his hair.
D) When he feels that he has done his shaving.

Reading Comprehension



Go over the passage quickly and answer the questions. For questions 1-7, write letter Y (for YES) in the brackets if the statement agrees with the information given in the passage; N (for NO) if the statement contradicts the information given in the passage; NG (for NOT GIVEN) if the information is not given in the passage. For questions 8-10, complete the sentences with the information given in the passage.

(Skimming and Scanning)

Freedom in Dying

Gerald Corey

The process of dying involves fewer and fewer choices available to us. Even in dying, however, we still have choices concerning how we handle what is happening to us. The following account deals with the dying of Jim Morelock, a student and close friend of mine.

Jim is 25 years old. He is full of life — witty, bright, honest, and actively questioning. He

had just graduated from college as a human service major and seemed to have a bright future when his illness was discovered.

About a year and a half ago, Jim developed a lump on his forehead and underwent surgery to have it removed. At that time, his doctors believed that it was not a cancer. Later, more tumors appeared, and more surgery followed. Several months ago, Jim found out that the tumors had spread throughout his body and that even with treatment, he would have a short life. Since that time he has steadily grown weaker and has been able to do less and less; yet he has shown remarkable courage in the way he has faced this loss and his dying.

Some time ago Jim came to California, and took part in the weekend seminar that I had with the reviewers of this book. On this chapter, he commented that although we may not have a choice concerning the losses we suffer in dying, we do retain the ability to choose our attitude toward our death.

Jim has taught me a lot during these past few months about this enduring capacity for choice, even in extreme circumstances. Jim has made many critical choices since being told of his illness. He chose to continue taking a course at the university, because he liked the contact with the people there. He worked hard at a boat dock to support himself. He decided to undergo treatment, even though he knew that it most likely would not result in his cure, because he hoped that it would reduce his pain. It did not, and Jim has suffered much agony during the past few months. He decided not to undergo chemical treatment because he didn't want to prolong his life if he couldn't really live fully. He made a choice to accept God in his life, which gave him a full sense of peace. Before he became bedridden, he decided to go to Hawaii and enjoy his time in luxury.

Jim has always disliked hospitals — so he chose to remain at home, in more personal surroundings. As long as he was able, he read widely and continued to write in his diary about his thoughts and feelings on living and dying. With his friends, he played his guitar and sang songs that he had written, he maintained an active interest in life and in the things around him, without denying the fact that he was dying.

More than anyone I have known or heard about, Jim has taken care of unfinished business. He made it a point to gather his family and tell them his wishes, he made contact with all his friends and said everything he wanted to say to them, he clearly stated his desire for cremation; he wants to burn those tumors and then have his ashes scattered over the sea — a wish that reflects his love of freedom and movement.

Jim has very little freedom and movement now, for he can do little except lie in his bed and wait for his death to come. To this day he is choosing to die with dignity, and although his body is getting weaker and weaker, his spirit is still very much alive. He retains his mental sharpness, his ability to say a lot in a very few words, and his sense of humor. He has allowed himself to grieve over his losses. As he puts it, "I'd sure like to hang around to enjoy all those people that love me!" Realizing that this isn't possible, Jim is saying good-bye to all those who are close to him.

Throughout this suffering, Jim's mother has been truly great. When she told me how remarkable Jim has been in complaining so rarely despite his constant pain, I reminded her that I'd never heard her complain during her months of caring for him, I have been continually amazed by her strength and courage, and I have admired her willingness to honor Jim's wishes and ac-

cept his beliefs, even though at times they have differed from her own. She has shown how much she loves him without depriving him of his free spirit and independence. Her acceptance of Jim's dying and her willingness to hide nothing from him have given him the opportunity to express openly whatever he feels. Jim has been able to grieve and mourn because she has not objected to this.

This experience has taught me much about dying and about living. Through Jim, I have learned that I don't have to do very much for a person who is dying except to be with him or her by being myself. So often I have felt a sense of helplessness, of not knowing what to say or how much to say, of not knowing what to ask or not to ask, of feeling unable to speak. Jim's on-coming death seems such a loss, and it's very difficult for me to accept it. Gradually, however, I have learned not to be so concerned about what to say or not to say. In fact, in my last visit I said very little, but I feel that we made significant contact with each other. I've also learned to share with him the sadness I feel, but there is simply no easy way to say good-bye to a friend.

Jim is showing me that his style of dying will be no different from his style of living. By his example and by his words, Jim has taught me how to evaluate my own life.

1. There are a lot of people studying human services. ()
2. Initially, Jim's illness was not considered to be serious. ()
3. In Jim's opinion, we cannot prevent ourselves from dying, but we can choose a positive attitude towards death. ()
4. Jim has steadily grown weaker and has gradually lost his capacity for choice. ()
5. Jim continued his treatment, because he hoped that it could help him recover. ()
6. Jim was very fond of music and often wrote songs for his friends. ()
7. Jim wishes to have his ashes scattered over the sea. ()
8. The author has learnt much from Jim, whose experience indicates the positive meanings about _____.
9. Although the author and Jim didn't say much to each other during their last meeting, the author felt that _____ with each other.
10. The passage is about the story of Jim, a friend of the author, who had _____ and was going to die. The author appreciated Jim's _____ in the way he has faced his losses and his dying.

II

Read the following two passages carefully. Each passage is followed by some questions or incomplete statements. For each of them there are four choices marked A), B), C) and D). Read the passages carefully and decide on the best choice for each question or unfinished statement. (Reading in Depth)

Passage One

A man and his girlfriend were married. It was a large celebration. All of their friends and family came to see the lovely ceremony and to partake of the festivities and celebrations. All had a wonderful time.

The bride was beautiful in her white wedding gown and the groom was very handsome in his black tuxedo. Everyone can tell that the love they had for each other was true.

A few months later, the wife came to her husband with a proposal, "I read in a magazine, a while ago, about how we can strengthen our marriage," she offered, "Each of us will write a list of the things that we find a bit annoying with the other person. Then we can talk about how we can fix them together and make our lives happier together."

The husband agreed. So, each of them went to a separate room in the house and thought of the things that annoyed them. They thought about this question for the rest of the day and wrote down what they came up with.

The next morning, at the breakfast table, they decided that they would go over their lists.

"I'll start," offered the wife. She took out her list. It had many items on it, enough to fill 3 pages. In fact, as she started reading the list of the little annoyances, she noticed that tears were starting to appear in her husband's eyes.

"What's wrong?" she asked. "Nothing," the husband replied. "Keep reading your list." The wife continued to read until she had read all three pages to her husband. She neatly placed her list on the table and folded her hands over the top of it.

"Now, you read your list and then we'll talk about the things on both of our lists." She said happily.

Quietly the husband stated, "I don't have any thing on my list. I think that you are perfect the way that you are. I don't want you to change any thing for me. You are lovely and wonderful and I would not want to try to change anything about you."

The wife, touched by his honesty and the depth of his love for her and his acceptance of her, turned her head and wept.

In fact, there is enough time when we are disappointed, depressed and annoyed. We don't really have to go looking for them. We have a wonderful world that is full of beauty, light and promise. Why waste time in this world looking for the bad, disappointing or annoying when we can look around us and see the wondrous things before us?

1. Which of the following statements about the couple is NOT true?
 - A) The wedding ceremony was very large and all their friends and family went to take part in it.
 - B) The bride was extremely attractive in her white wedding gown and the bridegroom looked handsome.
 - C) The bride didn't love her groom as deeply as the groom loved her.
 - D) All the people present could see the couple loved each other.
2. The wife proposed the idea of picking out things that annoyed the other because _____.
 - A) she hoped to strengthen their marriage by getting rid of some annoyances about the other
 - B) she wanted to find out excuses to criticize her husband
 - C) she wanted her husband to be aware of the annoyances on him
 - D) she got tired of family life and hoped to destroy it
3. When the wife read her list of the little annoyances, her husband had tears in his eyes because _____.
 - A) he was very disappointed about his wife

- B) he felt very sorry about his annoyances to his wife
 - C) his feeling was hurt by his wife's list
 - D) his eyes hurt
4. What was the opinion of the husband by having nothing about his wife on the list?
- A) He loved his wife so deeply that he didn't want her to change anything for him.
 - B) He thought that it had nothing to do with their marriage.
 - C) He thought it would hurt his wife's feelings.
 - D) He was lazy and not willing to write a list of the things that annoyed him.
5. What is the main idea of this story?
- A) To point out annoyances is a good way to strengthen our marriage.
 - B) Only when we get rid of annoyances, can we have a happy life.
 - C) The more we get rid of the bad habits, the happier a family will be.
 - D) Since the world is full of beauty, light and promise, we needn't trouble ourselves to look for the bad, disappointing or annoying.

Passage Two

Scientists have produced new evidence suggesting eating lots of red and processed meat damages health. They found big meat eaters had a raised risk of death from all causes over a 10-year period. In contrast, a higher intake of white meat was associated with a slightly reduced risk of death over the same period.

The US study, featured in *Archives of Internal Medicine*, was based on more than 500,000 people. The researchers, from US National Cancer Institute, found those whose diet contained the highest proportion of red or processed meat had a higher overall risk of death, and specifically a higher risk of cancer and heart disease than those who ate the least.

People eating the most meat were eating about 160g of red or processed meat per day — approximately a 6oz steak. Those who ate the least were only getting about 25g per day — approximately a small rasher of bacon. Conversely, those who ate the highest proportion of white meat had a lower risk of overall death, and a lower risk of fatal cancer or heart disease than those who ate the lowest proportion.

The researchers calculated that 11% of deaths in men and 16% of deaths in women during the study period could have been prevented if people had decreased their red meat consumption to the level of those in the lowest intake group.

The researchers said cancer-causing compounds were formed during high-temperature cooking of meat. Meat is a major source of saturated fat, which has been associated with breast and colorectal cancer. In addition, lower meat intake has been linked to a reduction in risk factors for heart disease, including lower blood pressure and cholesterol levels.

The latest study adds to a growing body of research linking high red and processed meat consumption to an increased risk of ill health. Recent UK research found one in ten people has tried to cut down on processed meats, such as bacon, in the wake of previous reports linking them to cancer.

Writing in the same journal, Dr Barry Popkin of the University of North Carolina, Chapel Hill, stressed there were health benefits to eating some red meat. But he added: “The need is for a major reduction in total meat intake, an even larger reduction in processed meat and other highly processed and salted animal source food products and a reduction in total saturated fat.”

Dr Mark Wahlqvist, a nutrition expert from Australia’s Monash University, said eating small amounts of red meat — around 30g a day — provided a good source of key nutrients. He said: “Fresh, lean red meat of these amounts is likely to be of more benefit than harm.”

Ed Yong, of the charity Cancer Research UK, said two large studies had now linked eating lots of red or processed meat to some cancers. “No one’s saying that people should avoid bacon or burgers completely, but evidence from large studies like this tells us that cutting down on these foods can reduce the risk of dying from cancer and other diseases.”

1. Which of the following is true according to the passage?
A) People eating the most meat eat a 6oz steak per day.
B) People eating more red meat will suffer for 10 years.
C) People eating more red meat have a higher risk of death.
D) People eating more meat will suffer from a heart attack.
2. Processed meat is a kind of _____.
A) red meat
B) white meat
C) vegetable with a similar taste of meat
D) meat being dealt with by manufacturers
3. What can we know about white meat according to this passage?
A) White meat may cause higher risk of death.
B) White meat has been proved to contain healthy components.
C) Eating more white meat will reduce the risk of death.
D) Eating more white meat will also do harm to the body.
4. How should we eat red meat in a healthy way?
A) We should completely cut out red meat from our diet.
B) We should eat around 30g red meat per day.
C) We should reduce the amount of fresh red lean meat.
D) We should eat about 25g red meat per day.
5. Which of the following can be the title of this passage?
A) Death Linked to Too Much Red Meat
B) Life Linked to Sufficient White Meat
C) Cancer Caused by Eating Red Meat
D) Saturated Fat Contained in Red Meat



There are ten blanks in the following passage. Read it carefully and select one word for each blank from a list of choices given in a word bank following the passage. You’d better not use any of the words in the bank more than once.

It’s an annual back-to-school routine. One morning you (1) _____ goodbye, and that very evening you’re burning the late-night oil in (2) _____. In the race to improve educa-