



普通高等教育“十一五”国家级规划教材
大学英语自主系列教材

总主编 余建中
主 编 余建中 黄 莺

大学英语 自主听力 指南

Guidance Book

3



高等教育出版社
Higher Education Press

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中国海洋大学出版社



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编 者 景 蓉 俞蓓迪

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前言

随着我国改革开放日益深化及加入世界贸易组织,社会各领域参与国际交流的机会越来越多,新的社会需求对大学生的英语能力提出了更高的要求,教育部制定的《大学英语课程教学要求》也提出了新的大学英语课程教学目标,即在培养学生英语综合运用能力的同时,增加其自主学习能力,提高综合文化素养,以适应我国社会发展和国际交流的需要。

鉴于现有的教学内容和教学学时不足以满足人才培养的需要,要切实保证大学英语课程教学目标的实现,我们需要充分利用学生的课余时间,激发学生课后的自主学习兴趣,提高他们的自主学习能力,不断扩大大学生广泛接触英语的天地,使得他们的课堂学习内容在课后能得到进一步延伸。课后广泛的听说训练,不仅能使学生巩固课堂掌握的学习方法和学习策略,更能增加人文和科学知识,提高综合素养。

本套教材为现有大学英语教材的补充和延伸,与现有课堂教学内容交相辉映。我们期待本教材能够引导学生最终成为快乐的英语学习者、终身的英语学习者、集技能与策略于一身的英语学习者,从而使《教学要求》的目标最终得以实现。

本套教材的编者充分研究了国内外各种英语听力教材的编写特点,从思想性、知识性、科学性、人文性、时代性、实用性及趣味性等多角度入手,以注重打好语言基础为出发点,同时注重培养学生的实际应用能力。

本套教材的特点是:

1. 强调自主学习特征。作为对现有大学英语教材的延伸和补充,本套教材强调发挥学生在学习过程中的自主作用,每单元都以学习任务为出发点,反复操练,逐步深入,旨在有步骤、有目的地引导学生开发各种学习潜能。

2. 突出语料的真实性和语境的实用性。大量语料选自英、美人的日常生活会话,真实自然,便于学生今后对外交流时直接应用。

3. 注重文化信息。在注重英语语言基础知识和基本技能训练的同时,注意将文化内容与语言材料相融合,话题覆盖英美文化生活的方方面面。

4. 融教学与考查为一体。除了课文训练之外,本教材还有期中、期末自测题,供学生自我检查学习效果。

5. 辅助课堂教学。本套教材既可以用于学生自主学习,又可以作为普通听力教程。本教材配套指南包含了详细的学习目标与学习计划,对文化信息、语言信息也有相应的补充和解释。

《大学英语自主听力》由复旦大学余建中教授担任总主编,本册主编是余建中、黄莺,参加编撰的还有景蓉、俞蓓迪。

本教材是适应教育部《大学英语课程教学要求》全新理念的尝试和探索,由于编者水平所限,敬请广大师生在使用过程中多提宝贵意见和建议。

编者

2008年3月

使用说明

本套教材共分4册,每册共16个单元,并配有两套水平自测题。每单元按照不同的学习任务展开,题材广泛,涉及生活的各个领域。本册的各个单元由以下5个部分组成:

Part A Language Focus

该部分是本单元的准备阶段,提供本单元基本词汇和部分句型。为方便学习者使用,句子或词组中较难的词汇用斜体表示,并加以中文注释。教师(如果上课使用本教材,以下省略)可以带领学生将所有词汇和句型通读一遍,并进行必要的解释和指导,使学生熟悉本单元的语境,预先融入到本单元的任务话题之中,为接下来的进一步语言训练做好准备。

Part B Authentic Conversations

该部分基本由6段短会话、2段长对话组成,语料具有真实性和实用性,能够帮助学习者在真实语言情景中锻炼英语听力。

教师可以在操练前启发学生进入到会话情景中,让学生预先将注意力集中于相关语境。整个操练过程中,教师可以将重点放在指导学生有效获取听力信息,抓住交谈要点。如果时间和条件许可,可以根据实际情况适当增加模拟会话练习,反复操练基本听力任务。

Part C Talks from Radio/TV Programs

该部分取材于英语国家的电台或电视节目,有人物介绍、新闻、故事、评论、访谈等内容,主要培养学生听懂英语电台广播、看懂英语电视节目的能力。

教师可以从大众传媒对公众影响的角度讲解这部分的练习,指导学生领会特定的语言表达。

Part D Dictation

该部分主要训练学生的听写能力。学生在完成听写任务前,可以先熟悉一下有关生词或词组,以免在听写过程中无法继续。

Part E Fun Time

该部分一般包含幽默故事、诗歌、英语成语等,是轻松的英语娱乐时间,其目的是培养学生对英语语言学习的兴趣,并缓解听力训练给他们带来的紧张情绪。教师可以在学生听后组织各种活动,如对幽默故事的诙谐之处加以点评,朗诵诗歌、演唱英语歌曲等。课堂时间不足时,也可以由学生自行完成。

本册中所含的水平自测题完全按照大学英语四级考试的框架编写,但是内容跟试卷前面的各单元相关。

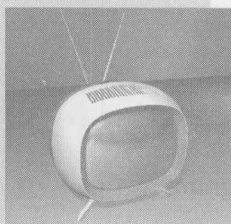
本《指南》包含教学目的、教学安排、听力文本、答案、注解等内容,学习者可以选择使用。

本套教材拟定两个学年完成,建议一学期完成一册的学习任务,每周安排一个单元。

编者
2008年3月

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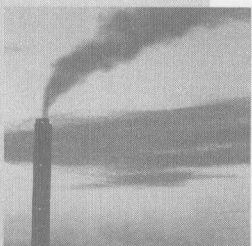
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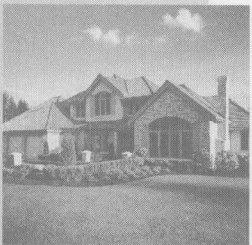
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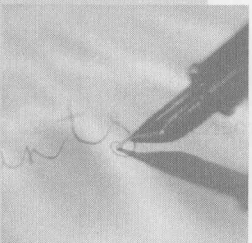
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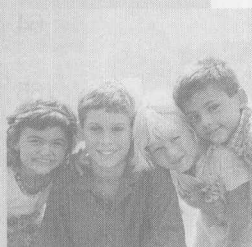
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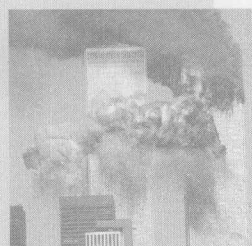
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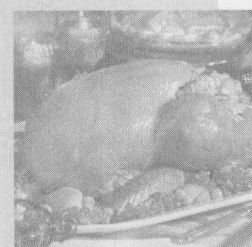
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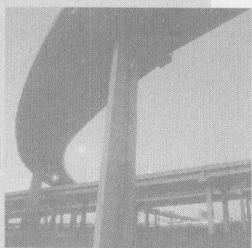
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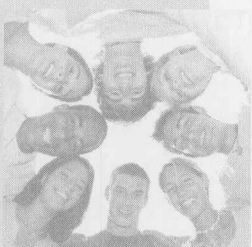
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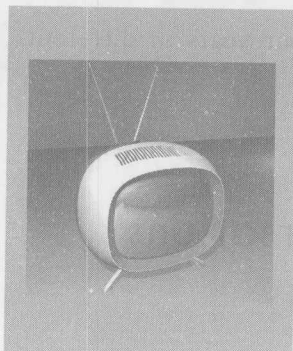


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Unit 1



TV Programs

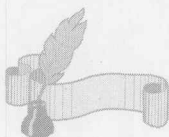
Preview

This unit integrates various useful expressions and authentic talks about TV programs.

Objectives

After studying this unit, the students are expected to:

1. know the basic words and expressions about TV programs;
2. understand conversations and short talks about different kinds of TV programs;
3. be able to make brief comments on the TV programs that they have watched.



Part A

Language Focus

Notes

1. television camera

Camera can mean a piece of equipment for taking photographs, moving pictures or television pictures. A television camera is used for taking television pictures.

2. broadcast, televise

Broadcast means to send out radio or television programs while televise means to broadcast something on television.

3. Oprah Winfrey

Oprah Winfrey is an American host who presents *The Oprah Winfrey Show*, the most popular television chat show in the US.

4. the Olympic Games (also the Olympics)

The Olympic Games is an international sports festival held every four years in different countries.



Part B Authentic Conversations

Purpose

This part aims to familiarize the students with conversations that can be heard in our daily life about TV programs.

Detailed Plan

1. Study the new words and expressions in *Word Bank*.
2. Do the required exercises.
3. Check the answers.
4. Listen to the conversations again. Pay special attention to the parts you didn't understand or misunderstood. You may refer to the script if necessary.

Short Conversations

Listening Script

Directions: You will hear 6 conversations about TV programs. Listen to them and answer the following questions by choosing the right options.

1. Woman: I'd like to have a good rest at home this weekend, watching TV most of the time probably. What kind of shows would you recommend?
Man: Well, we usually watch a lot of TV on Monday night because that's when *Friends*, *Growing Pains* and a lot of those shows are on.
Question: What kind of shows does the man recommend?
2. Man: I'm just looking forward to watching the astronomers on PBS. I saw that in the TV Guide.

- Woman: It looks like it would be a good series.
- Man: Well the first episode will start this evening and I have to go home early because I don't want to miss it.
- Question: Why does the man want to go home early?
3. Man: Do you watch sports on TV? Are you a sports fan?
- Woman: Yes, but I generally prefer seeing a game on TV rather than fight the crowds at the stadium. I don't sit down for the big games, the Super Bowl and the championship.
- Question: What do you know about the woman's interest in sports?
4. Man: Since I got out of college, which was about five years ago, my TV viewing has started to tend more towards documentary and news programs, things like that, something that's going to keep me up to date. I've kind of gotten away from being a series watcher.
- Woman: Oh yeah, I think when you're in college you kind of have a more regular schedule, so you can watch every week.
- Question: In the woman's opinion, why has the man stopped watching TV series?
5. Woman: It's really tough to find something that's going to be good and interesting for the kids nowadays.
- Man: Yes, you are absolutely right. When we were young, we just had *Sesame Street* and that was about it you know. The kids today like to watch cartoons and stuff but it's just one of those things that drive you crazy.
- Question: What is the man's comment on the TV shows that children watch today?
6. Woman: Our cable TV has a comedy channel now. What a pity that you're still in a situation where you're watching mostly commercials.
- Man: Yes, I have to be very patient trying to pass the time to wait till the next comedian comes up. There was a time you know when I would tape things and then I'd fast forward through the commercials and save a lot of time that way.
- Question: Why did the man tape the TV shows?

Key

1. A 2. C 3. B 4. A 5. B 6. C

Notes

1. *Friends*

Friends is a situation comedy about a group of six friends living in New York City. It was originally broadcast from 1994 to 2004.

2. *Growing Pains*

Growing Pains was a sitcom originally aired on ABC from September 1985 to April 1992. It went through seven very successful seasons with a total of 166 episodes. The sitcom was about a family of five, the Seavers, who lived on Long Island, New York.

3. PBS

The Public Broadcasting Service (PBS) is an organization in the US that broadcasts television programs to local stations that do not show advertisements.

4. The Super Bowl

This is a football game played in the US each year in late January on a Sunday. It decides which team is the winning team of the year in the National Football League.

5. Sesame Street

Sesame Street has been a popular television series for young children on PBS for many years. The programs combine education and social values with entertainment. It began in 1969 and is now shown in more than 50 countries.

6. watch cartoons and stuff

The word “stuff” is used to refer in a general way to things that people do, say, think, etc.
e.g. *I like reading and stuff.*

They sell books and stuff like that.

Longer Conversations

Conversation One

Listening Script

Directions: You will hear a conversation between two speakers. Listen to the conversation twice and answer the questions by choosing the right options.

Woman: I hardly watch any television at all with my other activities between my family and my business, et cetera, et cetera. I just don't have any, uh, hardly any time to sit down and watch the news. Now I do watch the *Discovery Channel* and some documentaries on *Channel Thirteen* but aside from that I pretty well, uh, turn it off.

Man: Oh I'm sort of a, well, I'm different from that. I'm sort of a movie buff. I go to a couple of movies a week. A lot of times I will go out and take a lunch hour and, then, go to a movie and just come back to my office. I'm pretty much of a junk movie watcher by myself. If I take my wife, then we see something a little nicer you know.

Questions:

1. What can be known about the woman from the conversation?
2. What are the two channels that the woman likes to watch?
3. What does the man often do after his lunch hour?

Key

1. C 2. C 3. A

1. The *Discovery Channel*

The *Discovery Channel* is a major US cable television channel, which offers programs on history, technology, nature and adventure.

2. *Channel Thirteen*

Channel 13 is a non-commercial television station in Newark, New Jersey of the US. It is a *flagship* (旗舰) station of the Public Broadcasting Service and a primary provider of PBS programming.

Conversation Two

Listening Script

Directions: You will hear a conversation between two speakers. Listen to the conversation twice and write your answers to the questions in the space provided below.

Man: Well, so what is your favorite TV show?

Woman: Uh, *Major Dad*.

Man: Oh, you like that one.

Woman: I love it. I think it promotes good family values and it's funny.

Man: Um-hum I've never really watched that one you know. It's funny how you can just get in a mode where you only watch certain shows. I like shows like *Growing Pains* and, uh, what's the other one now they moved from Tuesday night to Wednesday night so I don't get to watch it very much?

Woman: *Wonder Years*.

Man: *Wonder Years*, yeah, that's my favorite.

Woman: I like both of those very much, too.

Questions:

1. What is the woman's favorite TV show?
2. Why does the woman like that TV show?
3. Why doesn't the man watch that TV show?
4. Why can't the man get to watch *Wonder Years* very much these days?
5. What can be known about the woman so far as TV watching is concerned?

Key

1. *Major Dad*.
2. Because it promotes good family values and it's funny.
3. Because he thinks there are many other good TV shows.
4. Because the show has been moved from Tuesday night to Wednesday night.
5. She likes quite a lot of TV shows.

1. *Major Dad*

Major Dad was an American television series created by Richard C. Okie and John G. Stephens that ran from September 17, 1989 to September 13, 1993 on CBS (Columbia Broadcasting System).

2. *Wonder Years*

Wonder Years was a comedy-drama created by husband-and-wife producers Neal Marlens and Carol Black. The couple had worked on ABC's hit family comedy *Growing Pains*. They wanted to create a show that looked at life through the eyes of a 12-year-old boy who lived in the suburbs of an unnamed area of the country.



Part C Talks from Radio/TV Programs

Purpose

This part consists of exercises based on talks excerpted from radio/TV programs. The students are expected to understand such talks and get the necessary information from them.

Detailed Plan

1. Study the new words and expressions in *Word Bank*.
2. Do the exercises based on *Excerpt One* and *Excerpt Two*.
3. Check the answers.
4. Listen to the short talks again. Pay special attention to the parts you didn't understand or misunderstood. You may refer to the script if necessary.

Excerpt One

Listening Script

Directions: You will hear a short talk from a TV program. Listen to it twice and decide whether the following statements are true (T) or false (F) according to the short talk.

Good evening, what a special night tonight. In September of 1985, all but 20 years ago, the hit sitcom *Growing Pains* debuted on ABC. That was the first of 166 episodes that would air before the show