

经辽宁省中小学教学用书编审委员会审查通过(XJF041中063)

根据国家《英语课程标准》编写

新思维 英语阅读

—— 八年级上 ——

New Concept English Reader

主 编：马 虹



辽宁师范大学出版社

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前言

《新思维英语阅读》是一套紧扣《英语课程标准(实验稿)》和《九年义务教育全日制初级中学英语教学大纲(试用修订版)》的要求,配合现行中学英语教材,旨在提高学生阅读技能和阅读理解能力,扩大词汇量,培养跨文化交际能力的英语阅读教材。

作为现行主教材的配套教材,本书的功能定位在补充与扩展主教材的内容与训练上。因此,本教材在总体规划、材料的选择、练习题的设计等方面力求做到既与主教材相互联系,又不拘泥于后者,而且有所创新,使得两者在功能方面互补,形成一个完整统一的有机体。我们期望本教材能实现以下目标:

1. 帮助学生巩固与掌握课堂上所学的内容。本教材从单元主题到选材的内容都与主教材相应的单元与训练内容有密切的关联。通过本教材的学习,学生可以进一步掌握在课堂上学到的词汇,通过大量的阅读实践提高阅读能力,实现教学大纲所规定的教学要求。

2. 提高学生的阅读能力。巩固主教材的学习内容是本教材最基本的目标。此外,我们还希望学生通过必要的训练,养成良好的学习习惯,掌握合适的学习方法,培养学习英语的兴趣,提高英语阅读能力。

3. 扩大学生的知识面,培养创造性的思维能力。在本教材的编写中,我们不是单纯地为学习语言而教授语言,而是把语言作为信息的载体,使学生在学语言的同时,初步了解西方文化背景知识,获得关于现代社会的文化、科技和经济发展等方面的知识。

本教材具有以下特点:

1. 按照《英语课程标准(实验稿)》和《九年义务教育全日制初级中学英语教学大纲(试用修订版)》的要求编写,话题与现行教材同步,并在此基础上适当提高难度,增加词汇量。旨在帮助学生巩固课本知识,理解文化差异,同时培养学生自主学习的意识和能力。

2. 自始至终以培养学生阅读技能为主线,编写科学合理、由易到难,习题设计合理、形式多样,使学生在阅读中培养理解、分析、归纳、判断和推理能力,以改变学

生盲目做题、不求甚解、阅读效率较低的状况。

3. 选材力求新颖有趣,时代感强,密切联系中学生生活实际。所选阅读材料符合当代中学生的兴趣,紧扣社会热点,语言地道。阅读题材涉及时尚生活、科技发展、异域风情、名人轶事、幽默小品等各个方面;文体包括记叙文、说明文、议论文和应用文等。集趣味性、知识性、实用性及文化性于一体。

4. 图片精美,新颖别致,版式活泼、美观,便于学生理解文章内容并激发他们的学习兴趣。

编者

2008年8月

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难度标识说明: ☆简单, ☆中等, ☆较难

UNIT

1

Passage A



★阅读提示:通过阅读,初步了解澳大利亚的季节和气候状况。

★阅前思考:

1. Do you know where Australia is?
2. Is the weather of Australia different from that of China?

★阅前小助手:

Vocabulary: opposite /'ɒpəzɪt/ n. 对立物 a. 相反的
 coast /kəʊst/ n. 海岸
 drought /draʊt/ n. 干旱
 disaster /dɪ'zɑ:stə(r)/ n. 灾难

★本文词数:155 参考时间:4'20" 实际时间:_____

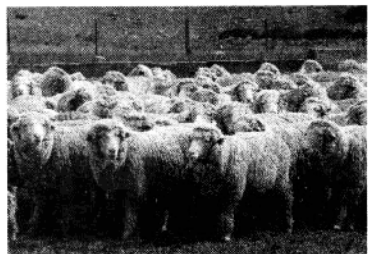
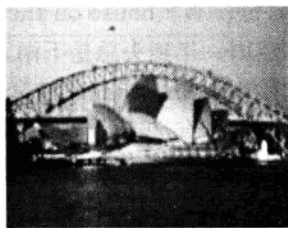
★阅读短文:

Australia

The Australian seasons are the opposite of ours. When it is winter in China, it is summer in Australia.

Australia is in the south of the world. June, July and August are the winter months. The summer is in December, January and February. The north of the country is hotter than the south.

Australia's main problem is water. A very large part of the country has no rain at all. But the east coast has rain all the year round. There are no dry months there.



In March 1982, there was a terrible drought in Australia. The summer rain didn't fall. 138 million sheep went thirsty in Australia that year. That was 12% of all the sheep in the world.

Because there was not enough rain and the grass didn't grow well, the farmers had to sell many of their sheep and many sheep died, too. It was a great disaster for Australian

farmers.

I. 阅读理解:根据短文内容,从 A、B、C、D 中选择正确答案。

- () 1. The spring in Australia is in _____.
A. December, January and February
B. June, July and August
C. March, April and May
D. September, October and November
- () 2. There were about _____ sheep in the world in March 1982.
A. 1,150 million B. 1,543 million C. 138 million D. 12 million
- () 3. The farmers had to sell many of their sheep because _____.
A. there was too much rain
B. the grass grew badly
C. there was enough rain
D. the south of the country was hotter
- () 4. Which of the following is right?
A. Australia's main problem is rain.
B. There are no dry months in the west coast.
C. Australia has the same seasons as ours.
D. In 1982, many sheep died because there was too much rain.
- () 5. What's the passage mainly about? It's about _____.
A. Australia's seasons and its problem
B. Australia's farmers and the sheep
C. Australia's rainfall
D. the different months in Australia

II. 双语体验:学习短文中的词语和句型,进行汉译英,每空一词。

1. 马路对面有一座房子。

There is a house on the _____ side of the street.

2. 英国一年到头总是下雨。

It rains in Britain _____.

3. 因为没有足够的水,很多羊都死了。

Because there was not _____ water, a lot of sheep _____.

4. 中国北方要比南方冷。

The north of China is _____ the south.

5. 孩子们今天早晨不得不早点起床,因为老师让他们早点到校。

The children _____ get up early this morning _____ the teacher asked them to get to school early.

★阅后思考:

What do you know about the weather of China or that of your hometown?

★相关链接:

Kangaroos are the typical animals in Australia. But do you know how it got the name?

Read the following passages in Chinese and English and get some information.

(A)

当英国著名的探险家库克船长(James Cook)首次踏上澳洲的土地时,偶遇一只正在远处吃草的外形奇特的动物。他指着这只动物向身边的土著人向导询问它的名字,向导好像没搞清楚库克船长的意思,就顺口说了句“kang-a-roo”。科克船长误以为“kangaroo”就是这只动物的名字并仔细地记进单词手册里。



后来几位传教士来到澳洲,他们很想看看“kangaroo”到底是怎样的动物,便四处打听。最后他们终于明白,原来在当地的土著语言里,“kang-a-roo”的意思是“我不知道你手指的是什么”。而袋鼠的名字在英语里就以“kangaroo”这个词流传下来并沿用至今。

(B)

The word “kangaroo” derives from the Guugu Yimidhirr (an Australian Aboriginal language) word “gangurru”, referring to a grey kangaroo. The name was first recorded on 4 August 1770, by Lieutenant (later Captain) James Cook on the banks of the Endeavor River at the site of modern Cooktown, when HM Bark Endeavor was beached for almost 7 weeks to repair damage sustained on the Great Barrier Reef.

Kangaroo soon became adopted into standard English where it has come to mean any member of the family of kangaroos and wallabies. The belief that it means “I don’t understand” or “I don’t know” is a popular myth that is also applied to many other Aboriginal-sounding Australian words. Male kangaroos are called bucks, boomers or jacks; females are does, flyers, or jills and the young are joeys. The collective noun for kangaroos is a mob, troop, or court. Kangaroos are sometimes colloquially referred to as ‘roos.

★自我评价:文章读完了,自己评价一下吧,看看应该得到几颗星。

自测等级	★	★★	★★★	★★★★★
做对题数	1—3	4—6	7—9	10
评价参考	Poor	Fair	Good	Excellent

Passage B



★阅读提示:通过阅读,初步了解威尼斯的基本情况。

★阅前思考:

1. Do you know where Venice is?
2. Is Venice a special city?

★阅前小助手:

Vocabulary: queen /kwɪn/ n. 女王,皇后

sink /sɪŋk/ v. 下沉

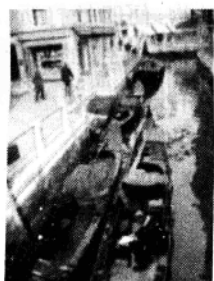
huge /hju:dʒ/ a. 巨大的

★本文词数:166 参考时间:4'40" 实际时间:_____

★阅读短文:

Venice

Venice is the “Queen” of the Adriatic Sea. Every year, many people from all over the world travel to Italy to visit the city. Do you know why they like to go there for a visit? Venice is quite different



from the other cities in the world. There aren't any roads or streets, so there aren't any cars or buses. There're many canals. There's a big one



and one hundred and seventy-seven small ones. People move up and down the canals in boats to go to work, go shopping or visit their friends. But Venice is sinking. It's going down and the water is going up. In 2040 Venice will be underwater. The Adriatic Sea will cover the city. The Venetians love their city and they want to stay there, so they want to save

Venice from the sea. How? They can build some strong huge walls and gates in the sea. The gate will close to keep too much water out. Thus Venice won't sink.

I. 阅读理解:根据短文内容,从 A、B、C 中选择正确答案。

- () 1. From this passage we know Venice is _____.
A. a very beautiful woman of the Adriatic Sea
B. the most important woman in Italy
C. a very important and beautiful part of the Adriatic Sea
- () 2. People all round the world come to see Venice because _____.
A. there are 177 canals in the city
B. it's sinking into the sea
C. it's not only beautiful but also different from other cities
- () 3. The Venetians usually go to work or visit their friends _____.
A. by bus B. by bike C. in boats
- () 4. Year after year the Adriatic Sea _____ and Venice _____.
A. is rising, is sinking
B. is going down, is going up
C. has risen, has sunk
- () 5. The Venetians will build gates _____.
A. to keep the water in the sea out
B. to keep the water in the sea from moving away
C. for people to go through

II. 思维变焦:根据短文内容,判断正(T)误(F)。

- () 1. The underlined word “canal” means “boat”.
- () 2. Venice will sink into water in 2008.
- () 3. Venice is a famous city in Italy.

- () 4. People will build huge gates to keep the water moving out.
 () 5. From the passage we know Venetians love their city and they want to save the city.

★阅后思考:

Which country do you want to travel to? Why?

★相关链接:

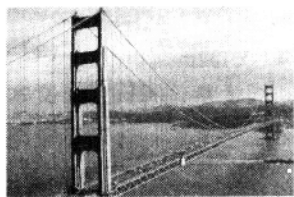
We have read about Australia and Venice. Now let's go on a trip to San Francisco and Kuwait.

(A)

Read the passage and fill in the form.

San Francisco is a city on a bay. It has an international atmosphere and it is the fourth largest city in California, with a population of about 800,000.

San Francisco has a large immigrant population from Europe, America and Asia. It has a Chinatown, a Japantown and a Hispanic area, called Mission District. It has over 4,200 restaurants offering cuisine from many countries.



The Golden Gate Bridge, Fisherman's Wharf, the Asian Art Museum, Alcatraz and the Twin Peaks are just a few of the many tourist attractions in San Francisco. The city is an ideal place for young people. There are lots of movie theaters, concert halls and discos.

San Francisco has Mediterranean climate, warm winters and cool summers. It is usually rainy between November and April and sometimes, it is foggy in the evening.

Name of city: San Francisco

State: _____

Population: _____

Restaurants: _____

Tourist attractions: _____

Climate: _____

(B)

Kuwait is a small Asian country in the Persian Gulf(波斯湾). It is small, but it is very rich. It is rich in oil. Men pump the oil out of the desert and take it to Europe. Her capital is Kuwait City. It is a big modern city with fine shops, schools and hospitals. Thousands of pupils go to school every day and many students study at the big, new colleges. The Kuwaits are good businessmen. They buy and sell goods from Europe, America and Japan.

Choose the best answer.

- () 1. Kuwait is a small country _____.
 A. in the sea B. in Asia C. in Europe D. in America
- () 2. Why is Kuwait very rich? Because it _____.



- A. is very small B. is in the desert
C. has lots of oil D. has no oil problem
- () 3. What do the pupils of Kuwait do every day?
A. They go to school. B. They help in fine shops.
C. They visit hospitals. D. They study at colleges.
- () 4. "The Kuwaits are good businessmen." They are _____ buying and selling goods.
A. good at B. interested in
C. satisfied with D. strict in
- () 5. The capital of Kuwait is _____.
A. modern but small B. rich in oil C. small but rich D. modern and big

★自我评价:文章读完了,自己评价一下吧,看看应该得到几颗星。

自测等级	★	★★	★★★	★★★★★
做对题数	1—3	4—6	7—9	10
评价参考	Poor	Fair	Good	Excellent

难度标识说明: ☆简单, ☆中等, ☆较难

UNIT 2

Passage A



★阅读提示:足够的睡眠是保持身体健康的关键,本文作者在睡眠上却出现了问题。

★阅前思考:

1. Do you live a healthy life?
2. How do you keep healthy?

★阅前小助手:

Vocabulary: except /ɪk'sept/ *prep.* 除了
sleepy /'sli:pɪ/ *a.* 困倦的

★本文词数:190 参考时间:5'10" 实际时间:_____

★阅读短文:

My Problem

My health generally seems quite good except for one problem. I wake up every morning feeling tired—so tired that I can hardly get out of bed. All day at work I have this tired feeling. I work very hard. When I get home from work at around 5:30 p. m., I have a good dinner with my family and then sit down to read the newspaper. But before I have finished reading the front page, I fall asleep in my chair and often sleep until 8:30 p. m. or 9:30 p. m. When I wake up, I feel wonderful and ready to do a day's work. But at that hour there is nothing to do but watch television. So I watch TV until midnight. Even at midnight I still do not feel sleepy, but I know I should get a good night's rest, so I take a sleeping pill and go to bed. It's often two o'clock in the morning before the pill puts me to sleep. Just a few hours after that I have to get up and go to work. All day I feel too tired to work.



I. 阅读理解:根据短文内容,从A、B、C中选择正确答案。

- () 1. The problem is that _____.
 A. every morning I can't wake up on time
 B. every morning I wake up feeling tired
 C. every morning I wake up early
- () 2. I fall asleep _____ when I read the newspaper.



- A. in my chair B. in bed C. at the table
- () 3. I usually _____ until midnight.
- A. read the newspaper
B. watch TV
C. do the day's work
- () 4. I have to watch TV because _____.
A. there is nothing to do at that time
B. I like watching TV very much
C. I don't want to do anything else
- () 5. After midnight I have to _____, then I can go to sleep.
A. take a sleeping pill
B. finish watching TV
C. wash all the dishes

II. 记忆重现:根据短文内容,回答问题。

1. What is the trouble with the writer?

2. What does the writer do after work?

3. After the writer wakes up at 8:30 or 9:30 p. m., what does he do?

4. Before the writer goes to bed, what does he do?

5. Do you think the writer has a very good sleep at night?

★阅后思考:

How long do you usually sleep during the night? Do you feel sleepy in the morning?

★相关链接:

Read the passages and get some information.

(A)

Sleep is as essential to you as food, air, and water. Yet sometime in your life you may experience difficulty in sleeping (about one in three adults report some degree of insomnia at any one time). If you do have trouble sleeping, several changes in lifestyle can help you regain a satisfactory sleep pattern. Experiment with these helpful strategies offered here.

Five Basic Strategies:

1. Never oversleep.
2. Set your body clock.
3. Exercise.
4. Don't nap.
5. Set a bedtime schedule using these two steps:

First, try to go to bed at about the same time every night.

Second, go to bed later when you are having trouble sleeping.

(B)

A young man works hard at his lessons. He is very busy studying. He doesn't have time to rest. After some time, he falls ill.

Every night, when he goes to bed, he closes his eyes and tries to sleep. But he can't. He thinks, "I must go to see the doctor."

He tells the doctor, "I can't go to sleep at night."

"Try counting numbers. When you reach 1,000, you'll be asleep," says the doctor.

The next day the man goes back to the doctor's office.

"Well," says the doctor, "How are you today?"

"Well," he says, "I tried counting one, two, three... up to 1,000. But when I reached 569, I began to feel sleepy. I had to get up and drink some tea. Then I went on counting up to 1,000 again. But I still couldn't fall asleep."

Choose the best answer.

- () 1. What's the problem with the young man?
- A. He doesn't have enough money.
B. He can't finish his homework on time.
C. He can't fall asleep at night.
D. He's not good at counting numbers.
- () 2. The doctor advises the young man to _____.
A. drink milk before going to bed
B. exercise more often
C. take some medicine
D. try counting numbers
- () 3. The doctor's advice is _____.
A. strange B. helpful
C. useless D. expensive
- () 4. It can be inferred from the story that _____.
A. the young man is very smart
B. the doctor is not very good
C. the young man misunderstands the doctor
D. the young man enjoys drinking tea

★自我评价:文章读完了,自己评价一下吧,看看应该得到几颗星。

自测等级	★	★★	★★★	★★★★★
做对题数	1—3	4—6	7—9	10
评价参考	Poor	Fair	Good	Excellent

Passage B



★阅读提示:通过阅读你可以了解一种减轻压力的方法。

★阅前思考:

1. Do you usually have many things to do?
2. How do you relax yourself?

★阅前小助手:

Vocabulary: recommend /ˌrekə'mend/ v. 推荐

expert /'ekspə:t/ n. 专家

★本文词数:106 参考时间:3' 实际时间:_____

★阅读短文:

Relieve Your Stress

One thing doctors recommend for people who are under a lot of stress is running. Running is a sport which anyone can do. It is also a sport which doesn't need a lot of machines. The only things runners need are running shoes and a place. Most people who often run say that the best place for running is a street or a park. People run outdoors all the year round, even in places that are cold in the winter. The experts say, people who are interested in lowering stress must run for at least twenty to thirty minutes three times a week.



I. 记忆重现:根据短文内容,回答问题。

1. What sport do the doctors recommend for people under stress?

2. What do people need if they want to run?

3. What's the best place for running?

4. What do experts say to people who are interested in lowering stress?

5. What do you think of running?

II. 双语体验:学习短文中的词语和句型,进行汉译英,每空一词。

1. 在公共汽车上看书对你的眼睛有害。
_____ on the bus is _____ your eyes.
2. 他一年四季都游泳。
He goes _____.
3. 男孩们对打篮球很感兴趣。