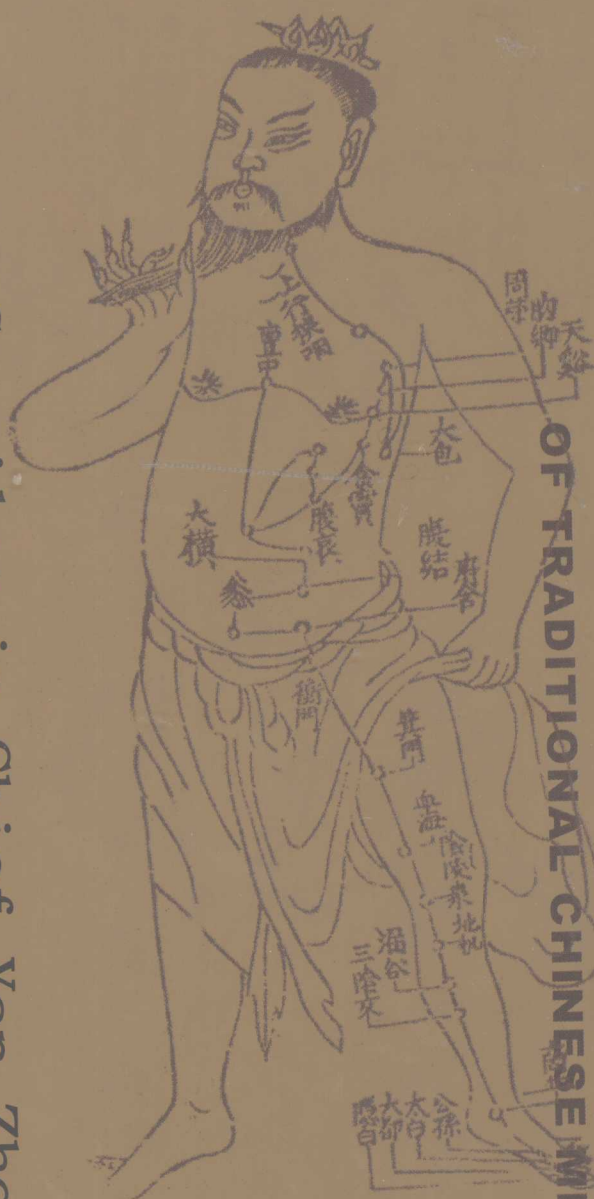


(英汉对照)

全身经穴应用解剖图谱

APPLIED ANATOMICAL ATLAS
OF ACUPPOINTS

Compiler-in-Chief Yan Zhenguo
主编 严振国



④ 足太阴脾经之图

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Preface

English-Chinese Applied Anatomical Atlas of Acupoints is a large collection of color photographs of the meridians, acupoints and anatomic structure of the human body. The treatment of acupuncture and moxibustion takes effect through needling the acupoints located on the body surface to dredge the meridians and regulate qi and blood. Hence correct location of acupoints and familiarity with their anatomic structure is key to the therapeutic effect of acupuncture and moxibustion.

For years I have been engaged in the study of sectional anatomy of acupoints, stratified anatomy of acupoints, CT scintigram anatomy of acupoints, microstructure of acupoints and stereoscopic structure of acupoints which involves multidisciplinary studies, reflecting the features of integration of modern medicine and traditional Chinese medicine as well as theoretic research and clinical practice.

This Atlas is compiled in accordance with the Acupoints Section in the Standardization of Acupoints of the People's Republic of China issued by the State Supervision Administration of Technology in September 1990 and published by the State Standardization Press. I have participated in the study on Acupoints and their Anatomic Structure organised by the State Administrative Bureau of Traditional Chinese Medicine and rewarded the First Award of Science and Technology Prize of Ministry level.

I have published a number of atlas and many illustrated books. However, photographic color atlas of human model on acupoints and meridians is not only my first trial but also the first trial in the world.

This Atlas has accurately described the structural features and location of acupoints, needling techniques, indication, procedure of insertion and the important internal organs around. It has also labelled the depth, direction and angle of needling. The application of CT to acupoints, microscopic structure of acupoints, the receptors in the acupoints and the histochemistry of acupoints are also included in the Atlas. All the materials were collected by myself.

This Atlas is helpful for acupuncturists, teachers and students in TCM colleges and those who study acupuncture and moxibustion by themselves in and outside China.

Yan Zhenguo
Feb.2003

前 言

《(英汉对照)全身经穴应用解剖图谱》是一部大型人体经络、穴位和解剖结构彩色摄影图谱。针灸治病必须通过体表的穴位疏通经络、调和气血,从而发挥作用。因此,如何准确掌握穴位位置、定穴方法和穴位的解剖结构是取得并提高针灸疗效的一个重要环节。

长期以来,我在经穴断面解剖学、经穴层次解剖学、经穴CT扫描图像解剖学、穴位的显微结构以及穴位的立体构筑等方面做过系统的研究工作,这是针灸学、解剖学、组织学与CT放射学相结合的跨学科工作,体现出中西医结合、基础与临床结合的特点。

本图谱是以国家颁布的针灸穴位标准化方案《经穴部位》为依据。《经穴部位》为中华人民共和国国家标准,由国家技术监督局发布(1990年9月),国家标准化出版社出版,此方案在公布之前,得到参加鉴定的针灸界和解剖学专家、教授们的公认。本人是国家中医药管理局组织和领导的“经穴部位与解剖”课题研究组成员。此项课题研究成果获得部级科学技术进步奖一等奖,本人获得该奖荣誉证书。

本人多年来曾出版过大量针灸穴位解剖图谱或专著,插图均以绘图形式表现,而本图谱的经穴采用人体模特进行彩色摄影,穴位结构采用人体标本进行彩色摄影,这在国内外还是首创。

本书以图文对照形式,较细致地描述了穴位形态结构特点、穴位定位、针刺法、主治、进针层次等,并对某些邻近重要器官的穴位均标明其安全针刺的深度、方向、角度,以免临床上盲目针刺而发生意外。此外,还介绍了电子计算机体层扫描摄影(CT)在针灸穴位上的应用、穴位的显微结构、穴位针感的各种感受器、穴位组织化学等有关穴位的最新研究资料。本书的全部资料,均由本人提供。

本图谱可供针灸医师、中医院校和卫生学校师生以及自学针灸者应用与参考。

本图谱难免存在不足之处,敬祈广大读者批评指正。

严振国

二〇〇三年二月

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NOTE 注:

LU: Lung meridian of hand-taiyin

手太阴肺经

LI: Large intestine meridian of hand-yangming

手阳明大肠经

Chapter 1 Figure of general acupoints

第一章 全身经穴图

I. Figure of acupoints, anatomic and standing posture

第一节 解剖和立正姿势经穴图

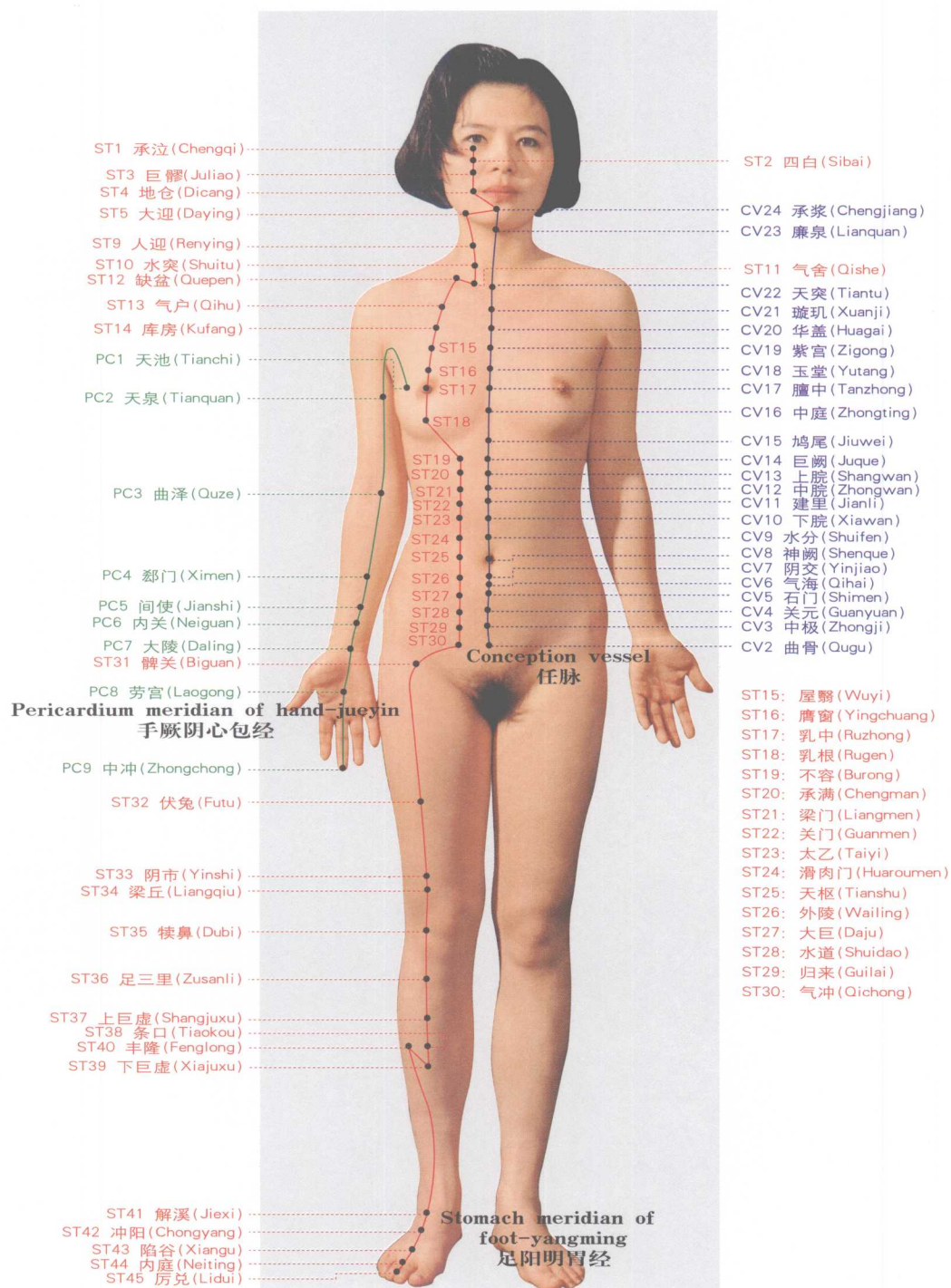


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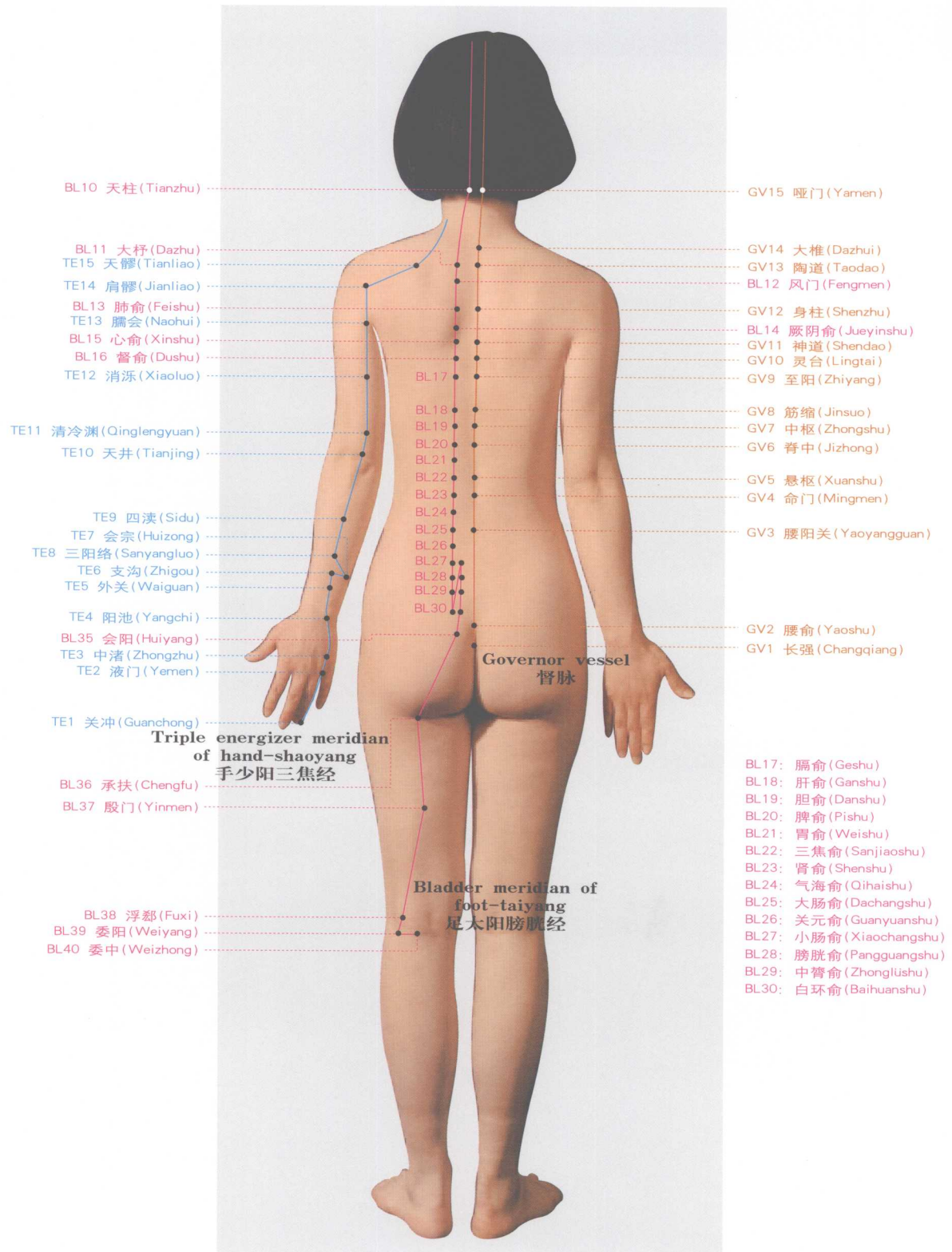


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