



实用人体腧穴解剖图谱

PRACTICAL ATLAS OF HUMAN BODY ACUPOINT ANATOMY

主编 徐国成 韩秋生 杜立阳 刘悦

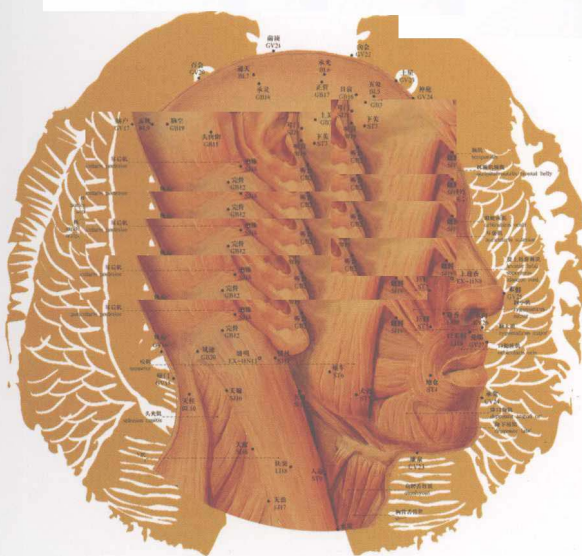




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辽宁科学技术出版社
· 沈阳 ·

前言



针灸是一种自然疗法，它是以中医基本理论为依据，运用针刺和艾灸的方法作用于人体经络和腧穴，从而达到防病治病目的的一种治疗手段。针灸学是中国传统医学的重要组成部分，腧穴学是针灸学的基础。腧穴定位的准确与否直接关系到针灸治疗的效果，因此，准确、熟练地掌握腧穴定位对于针灸治疗是十分重要的。然而，仅仅依靠抽象的文字、简单的线描图，很难准确地把握穴位深层的局部解剖。基于此，我们编写了《实用人体腧穴解剖图谱》。

本书共收录了十四经穴361个，以及经外奇穴46个，采用国际标准穴名进行标注。从表面解剖、局部解剖及断面解剖等多角度对穴位局部的皮肤、肌肉、血管、神经和骨骼等进行了剖析，阐明了穴位的位置及其与周围组织器官的关系。对于部位深且邻近人体重要生命脏器的特殊穴位，采用了更为直观的穴位所在部位的冠状、矢状和水平断面图，准确地将其呈现给读者，使之一目了然。配合书中提供的人体腧穴一览表，可以清晰地了解每个穴位的名称、国际标准穴名、归经、定位、功效、主治、刺法及注意事项等。本书以《汉英中医药学辞典》为依据，力争做到国际标准穴名的规范统一。

随着中国针灸走向世界，国内外学者对人体腧穴图谱有了更高的要求。本书的出版发行，将为学习针灸、推拿者更快更准确地掌握穴位的定位、主治及其特殊部位的刺灸法，提供了一部实用性更强的教材。

在此，我们对为本书出版发行努力工作的同道和被引用文献作者的辛勤劳动一并表示感谢！

编者

2008年5月



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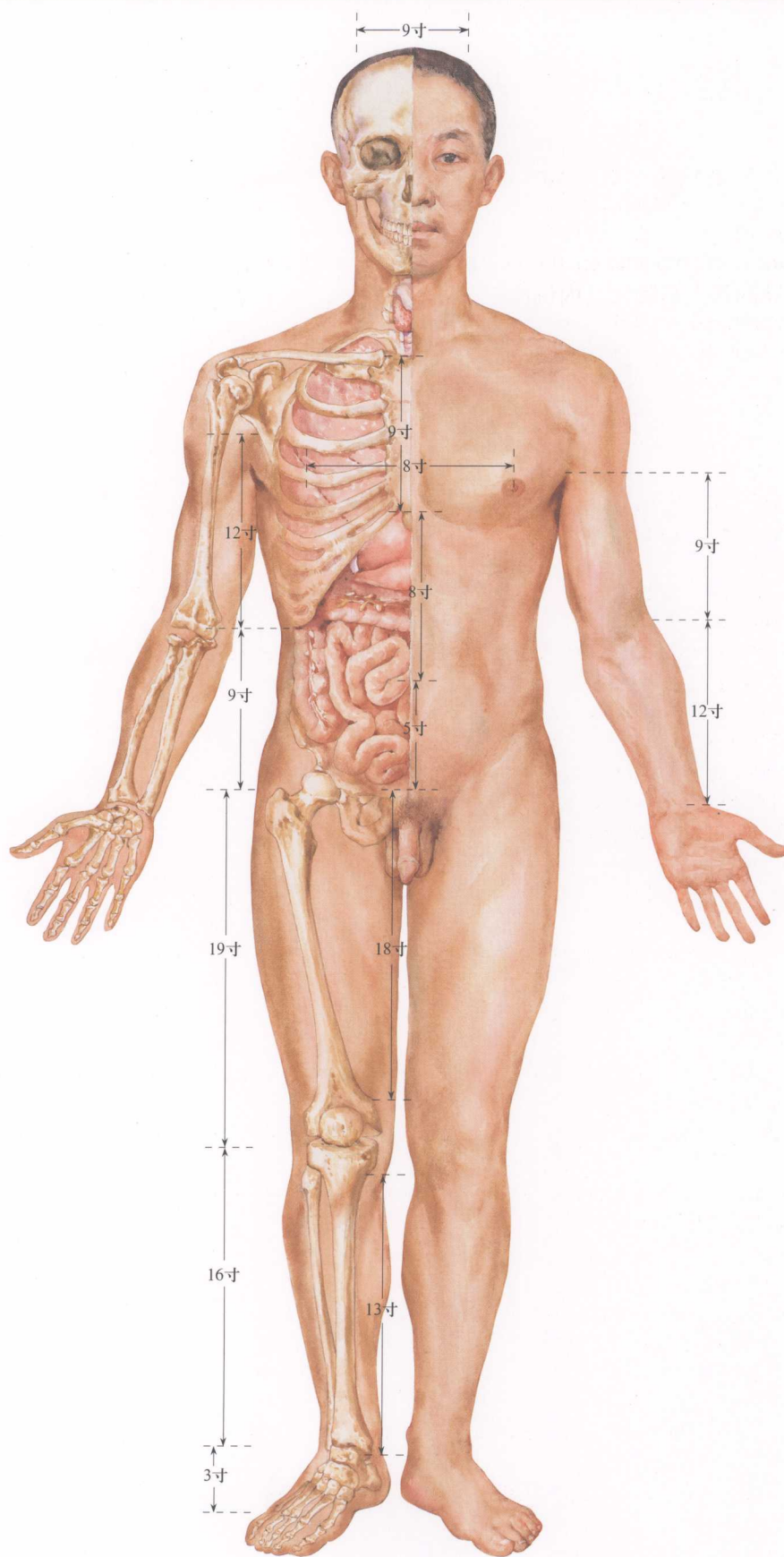


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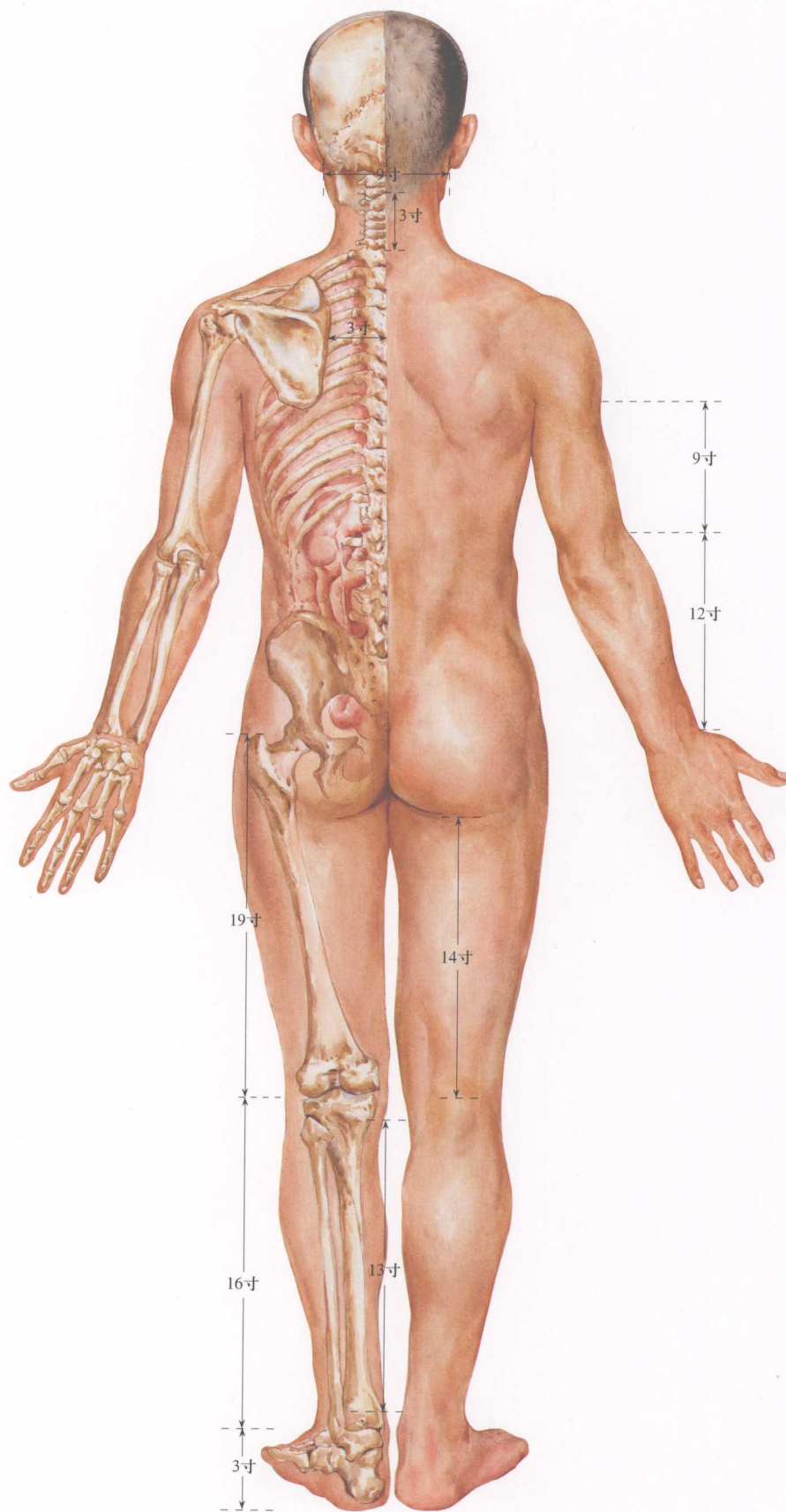
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Illustration of commonly-used bone-length measurement (anterior aspect)

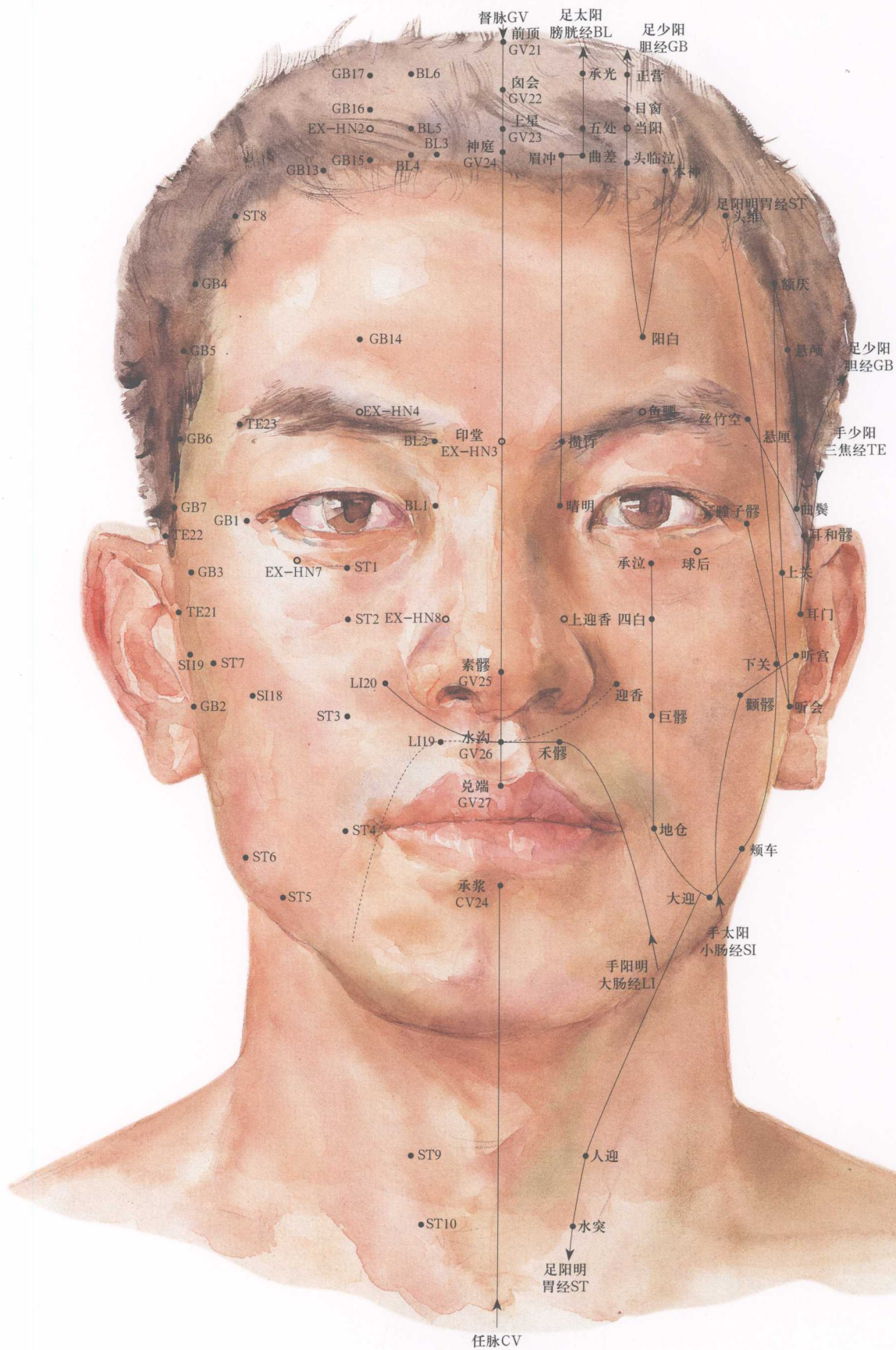


2. 常用骨度分寸示意图 (后面)

Illustration of commonly-used bone-length measurement (posterior aspect)

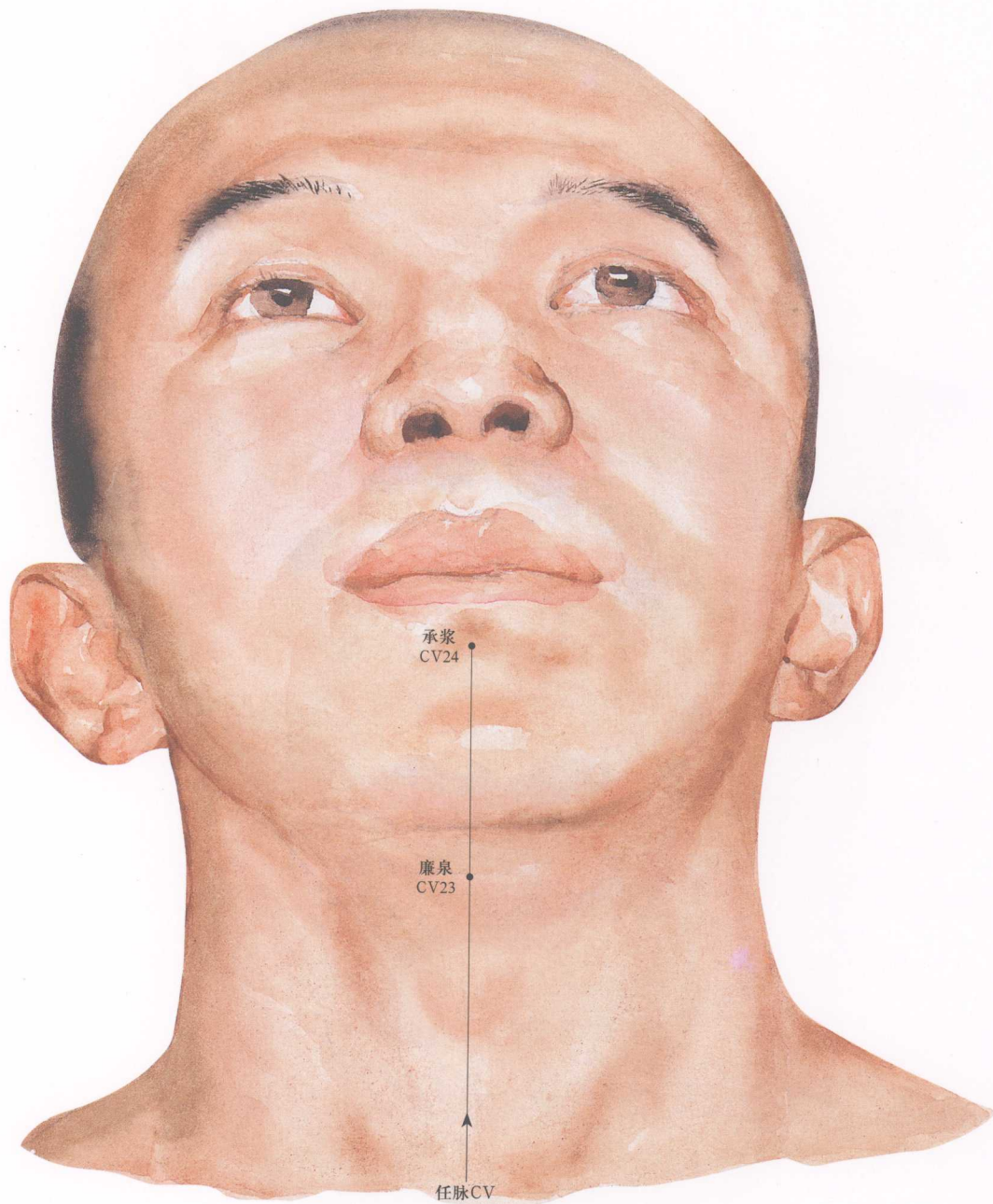


3. 常用骨度分寸示意图 (侧面)
Illustration of commonly-used bone-length measurement (lateral aspect)

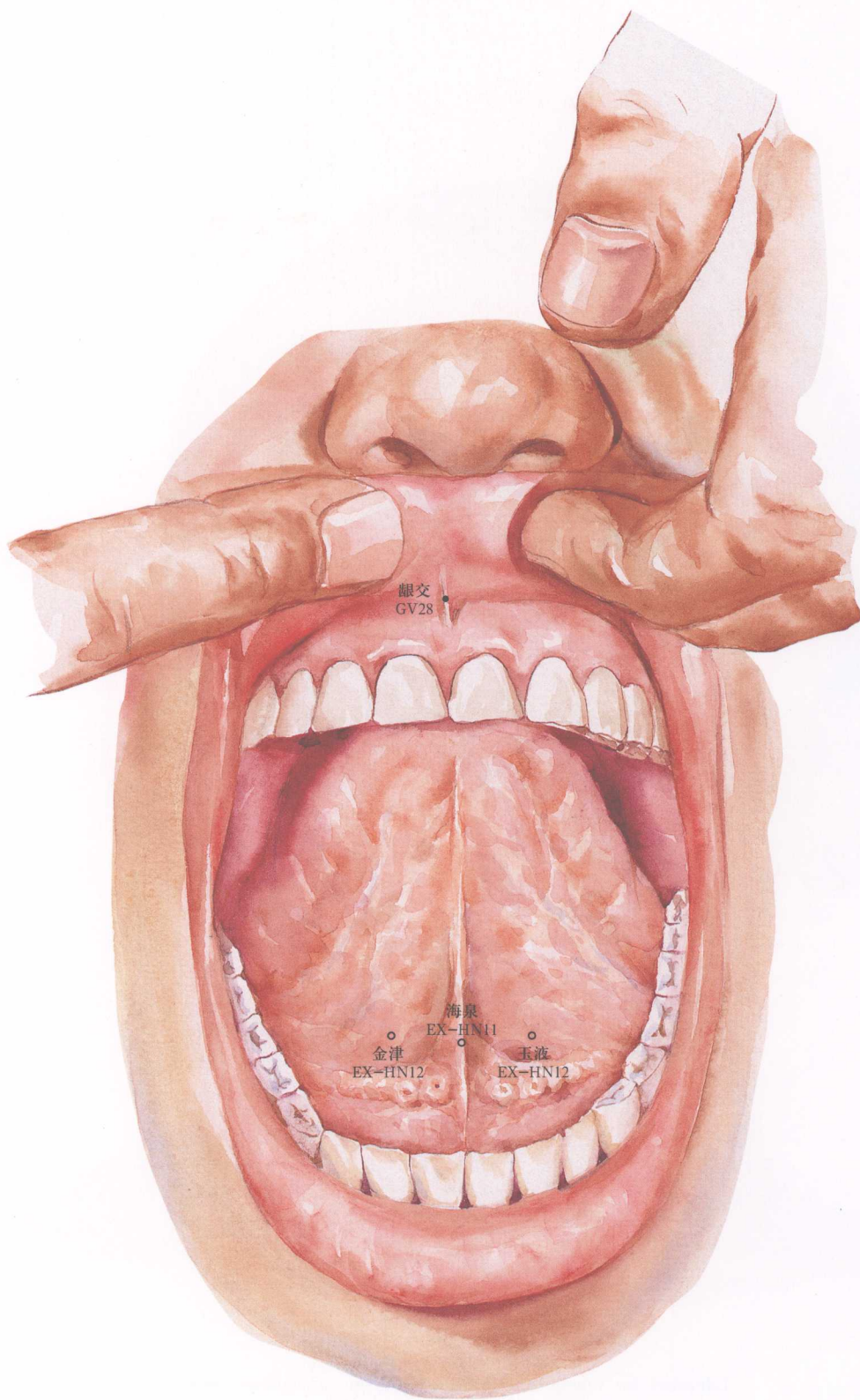


4. 头面颈部的皮肤与腧穴 (前面)

Skins and acupoints on the head, face and neck (anterior aspect)

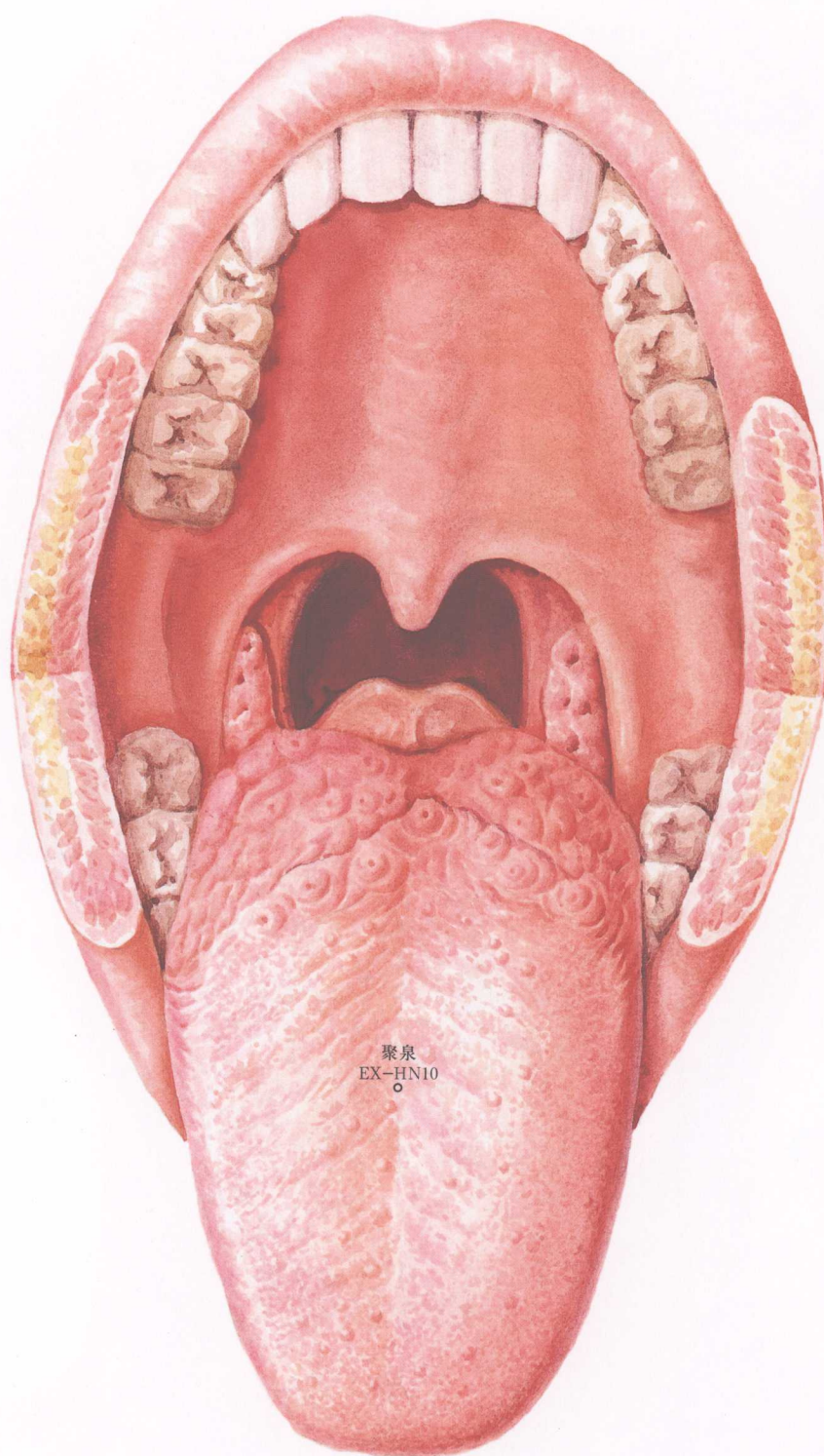


5. 任脉廉泉穴定位
Location for Lianquan (CV23) from the conception vessel



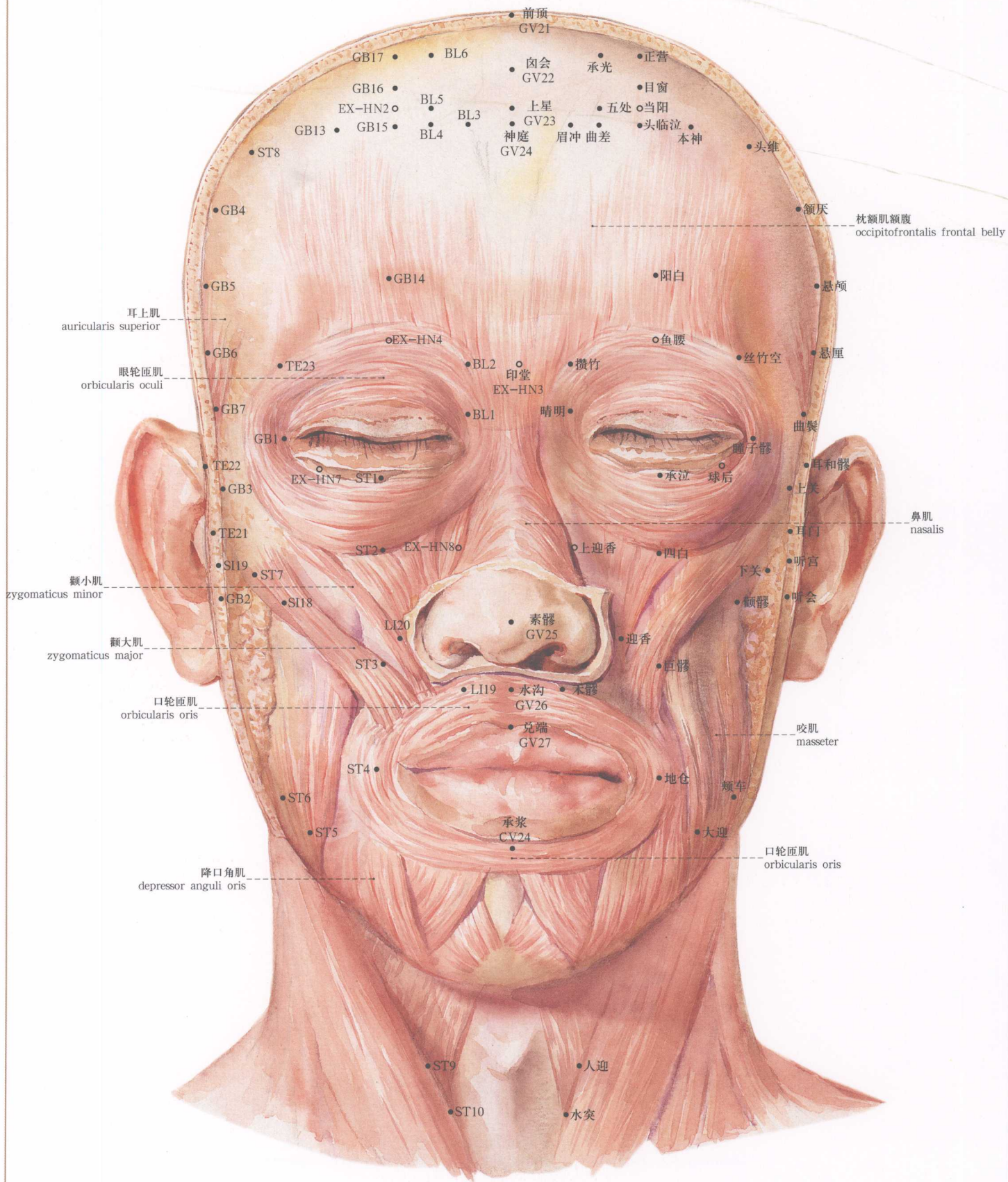
6. 督脉龈交穴与口腔内的经外奇穴定位

Locations for Yinjiao (GV28) from the governor vessel and extraordinary acupoints in mouth cavity

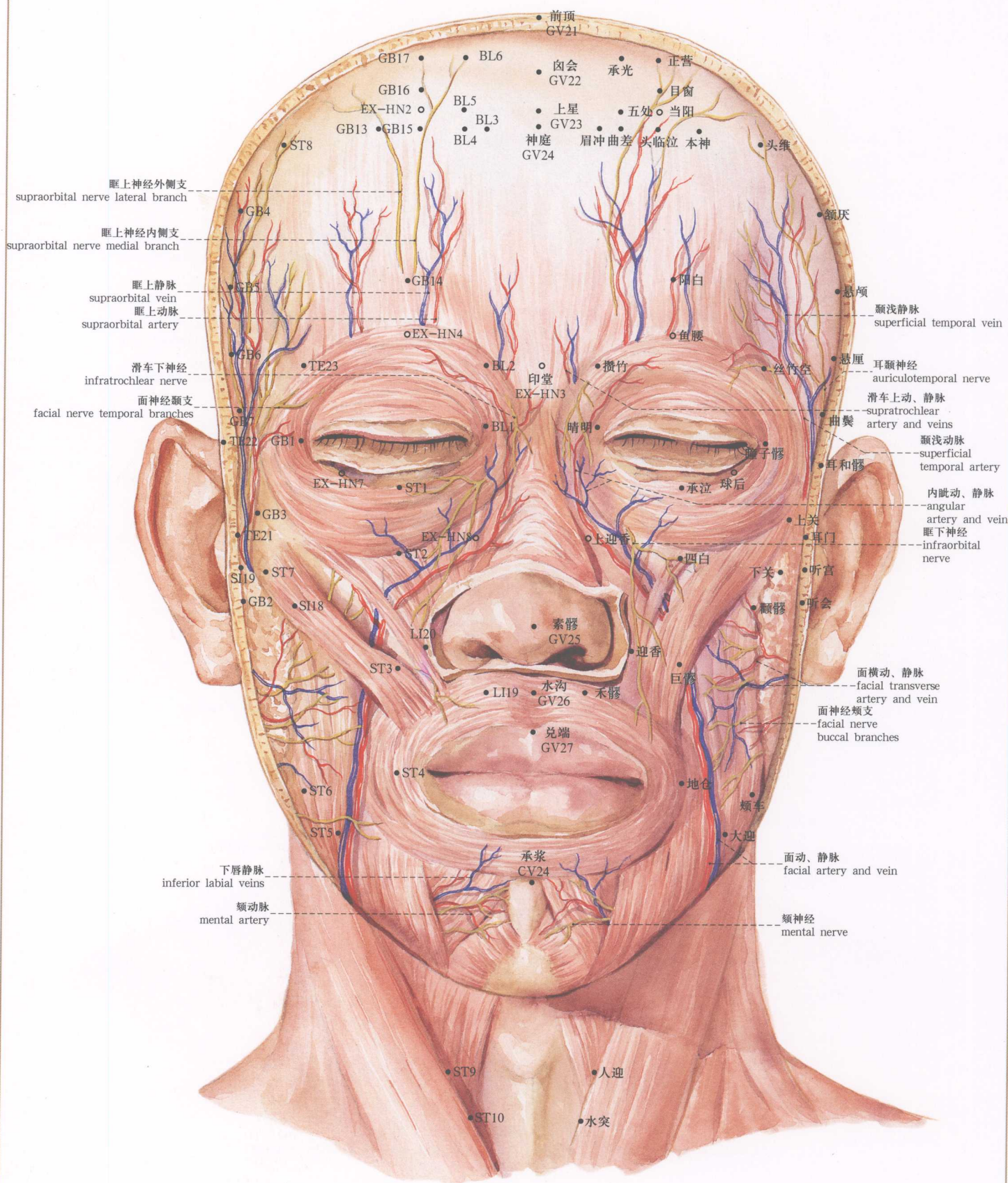


聚泉
EX-HN10

7. 经外奇穴聚泉穴定位
Location for Juquan (EX-HN10) from the extraordinary acupoint



8. 头面颈部的肌肉与腧穴 (前面)



9. 头面颈部的血管、神经与腧穴 (前面)

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