



百灵鸟听力——专项突破技巧化

百灵鸟

高中英语听力先锋 III

朗读(全国高考试卷英语听力主播)

主 编：张广华 单保乾

朗 读：Kris Anna

审 读：Cath Marsden



中国出版集团
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邮 编 / 100044

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致中学师生



为满足广大考生对高品质英语听力备考用书和音像制品的需求，我们特聘请资深英语听力测试专家、一线名师和教研员按照高考大纲，参考近几年高考试题的各项指标和高考动态精心编写了《百灵鸟英语听力先锋》系列丛书，旨在配合基础英语教学，有效提高考生的听力应试能力。

·SONGS·轻松听歌三分钟，快快乐乐好心情。

根据心理学理论，积极主动的情绪对提高听力训练的效果十分重要。由于受学习条件和语言环境的限制，同学们听篇幅较长的课文或对话时，难免会有畏惧、焦躁甚至厌弃的心理，以致事倍功半。为了使同学们的听力练习达到最佳效果，本书配送了经典而具有代表性的 22 首英文歌曲穿插在听力练习中，让我们在紧张的学习生活中偷得一刻闲暇时间来调理心情，舒缓神经，更能了解一些有关的文化背景和历史典故。

·NATIVE·地地道道听发音，原汁原味学英文。

本书特聘高考英语听力录音的英、美籍专家朗读，语音纯正，发音清晰，语速略快于高考英语听力的语速。录音带按照高考英语听力试题的要求制作，采用数码录音，录音效果更佳。听力材料题材广泛，内容新颖，对话、独白语境真实、自然，具有明显的实用动态口语特征，有利于全面提高考生在不同实际生活环境下听学语言的感悟和接受能力。

·REFINED·精心选材，由易到难，设题科学规范。

现行高中英语教科书，语言地道、文笔优美，内容涉及到中外文化传统背景、英语国家人文景观、风俗习惯，世界范围内的科技、教育、历史、地理知识、日常生活等，极大地丰富了中学生的视野。本书听力材料的选材与教科书内容接轨，既是对课文内容的补充和延伸，便于同学们积累和记忆，也能减少听力训练中的盲目性，控制听力理解难度，树立成功感。

·SUPERVISED·由英、美籍专家严格审定。

听力能力的提高绝非一朝一夕之功，要不断摸索听力规律，扎扎实实在时间、措施和训练上得到保证，就能一步一个脚印地进步，就能像“百灵鸟”一样与草原一起演化，最终获得适于开阔草原生存的各种能力，就能凌空而上，直插云霄！

辽阔的草原是百灵鸟的家，《百灵鸟英语听力先锋》是我们共同的家。

编者

2008 年 7 月

I've Learned ...

By Andy Rooney

I've learned that the best classroom in the world is at the feet of an elderly person.

I've learned that being kind is more important than being right.

I've learned that no matter how serious your life requires you to be, everyone needs a friend to act goofy with.

I've learned that when you plan to get revenge on someone, you are only letting that person continue to hurt you.

I've learned that sometimes all a person needs is a hand to hold and a heart to understand.

I've learned that it's those small daily happenings that make life so spectacular.

I've learned that the Lord didn't do it all in one day. What makes me think I can?

I've learned that life is tough, but I'm tougher.

I've learned that the easiest way for me to grow as a person is to surround myself with people smarter than I am.

I've learned that opportunities are never lost; someone will take the ones you miss.

I've learned that everyone you meet deserves to be greeted with a smile.

I've learned that you should never say no to a gift from a child.

I've learned that simple walks with my father around the block on summer nights when I was a child did wonders for me as an adult.

I've learned that I wish I could have told my Dad that I love him one more time before he passed away.












I've learned that when your newly born grandchild holds your little finger in his little fist, that you're hooked for life.

I've learned that a smile is an inexpensive way to improve your looks.

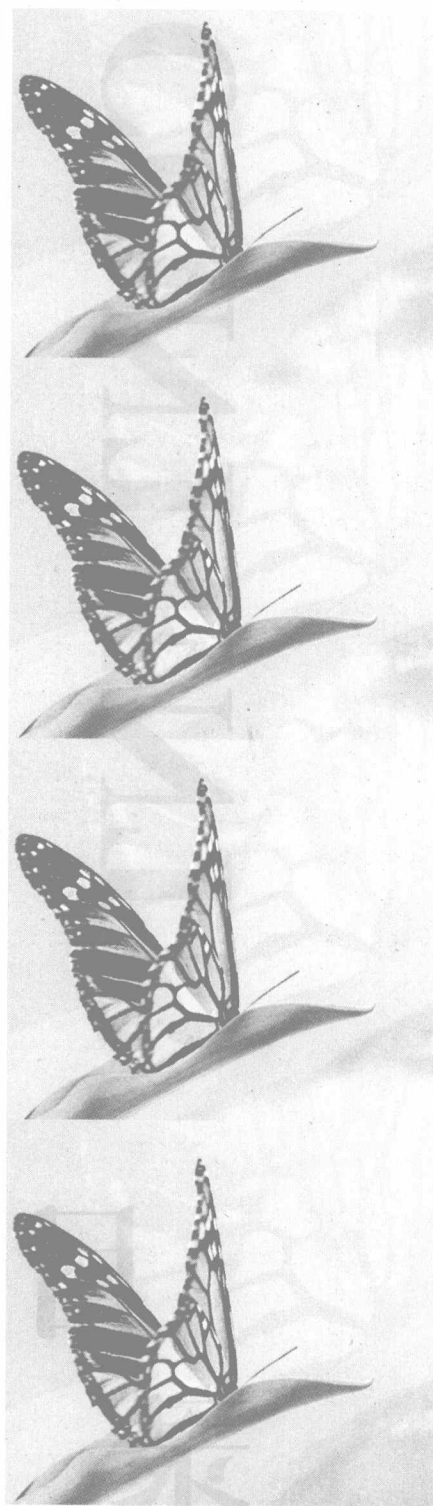
I've learned that everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it.

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I Believe I Can Fly (2'53")

——我相信我能飞翔

I used to think that I could not go on,
And life was nothing but an awful song.
But now I know the meaning of true love.
I'm leaning on the everlasting arms.

If I can see it then I can do it.
If I just believe it there's nothing to it

I believe I can fly.
I believe I can touch the sky.
I think about it every night and day,
Spread my wings and fly away.
I believe I can soar.
I see me running through that open door.

I believe I can fly.
I believe I can fly.
I believe I can fly.

See I was on the verge of breaking down.
Sometimes silence can seem so loud.
There are miracles in life I must achieve,
But first I know it starts inside of me.

If I can see it then I can be it.
If I just believe it there's nothing to it.
(Chorus)

Questions:

1. What's the theme of the song?
2. Please talk about your view on "There are miracles in life I must achieve, but first I know it starts inside of me."

Suggested answers:

1. This is the theme song from the movie *Space Jam* 《空中大灌篮》, costarred by a real person Michal Jordan and a group of cartoon characters. The meaning is very positive: If only I'm confident, I can do everything I want to.
2. The song tells us the truth: Self-trust is the first secret of success.



MODEL TEST (1)

考场模拟训练(一)

第一节 (共 5 小题; 每小题 1.5 分, 满分 7.5 分)

听下面 5 段对话。每段对话有一个小题, 从题中所给的 A、B、C 三个选项中选出最佳选项, 并标在试卷的相应位置。听完每段对话后, 你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. Why was the man late?

- A. Because he had to finish his housework first.
- B. Because he had to look for their lost tickets.
- C. Because he's forgotten when the train leaves.

2. Who is hurt in the accident?

- A. The driver.
- B. None.
- C. One passenger.

3. What does the man think of the food the woman cooks?

- A. It's bad.
- B. It's strange.
- C. It's delicious.

4. Whose baby is the youngest?

- A. The man's sister's baby.
- B. The man's baby.
- C. The woman's baby.

5. What does "row" probably mean in the dialogue?

- A. Boating.
- B. Quarrel.
- C. Conversation.

第二节 (共 15 小题; 每小题 1.5 分, 满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几个小题, 从题中所给的 A、B、C 三个选项中选出最佳选项, 并标在试卷的相应位置。听每段对话或独白前, 你将有时间阅读各个小题, 每小题 5 秒钟; 听完后, 各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料, 回答第 6 至 7 题。

6. What are they talking about?

- A. The woman's son.
- B. A woman.
- C. A young man.

7. How old is the woman's son?

- A. Five years old.
- B. Four months old.
- C. Five months old.

听第 7 段材料，回答第 8 至 9 题。

8. Who is the woman?

- A. A bus conductor. B. An office clerk. C. An airline stewardess.

9. What color is the man's overcoat?

- A. Black. B. Blue. C. Grey.

听第 8 段材料，回答第 10 至 12 题。

10. How many countries are mentioned in the dialogue?

- A. Three. B. Four. C. Five.

11. What's the main reason of the man's visiting these countries?

- A. For holidays. B. For business. C. For politics.

12. In what country did the man stay the longest?

- A. In India. B. In China. C. In England.

听第 9 段材料，回答第 13 至 16 题。

13. Where did the robbery happen?

- A. On the woman's way home.
B. On the woman's way to work.
C. On the woman's way to the school.

14. What did the woman do when the robber pointed a knife at her?

- A. She left the robber soon.
B. She ran to a policeman for help.
C. She caught hold of his knife.

15. Who caught the robber when he was running away?

- A. Two policemen. B. The woman herself. C. Two strangers.

16. What is the probable relationship between the two speakers?

- A. Husband and wife. B. Driver and passenger. C. Boss and secretary.

听第 10 段材料，回答第 17 至 20 题。

17. What is Faulkner's nationality?

- A. He is an American. B. He is an Englishman. C. He is a Frenchman.

18. Why did Faulkner give up his postman's job?

- A. Because his pay was too low.
B. Because he found a better job.
C. Because he didn't work hard.

19. When did Faulkner begin to write?

- A. After he got married.
B. When he was 25 years old.
C. When he earned much money.

20. Which of the following about Faulkner is TRUE?

- A. Faulkner was tall and thin.
B. Faulkner was a born writer.
C. Faulkner won a Nobel Prize.



MODEL TEST(2)

考场模拟训练(二)

第一节(共5小题;每小题1.5分,满分7.5分)

听下面5段对话。每段对话有一个小题,从题中所给的A、B、C三个选项中选出最佳选项,并标在试卷的相应位置。听完每段对话后,你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. What are they talking about?

- A. A meeting room. B. An online chat room. C. A classroom.

2. What does the woman mean?

- A. The man should buy a dog.
B. It's impossible for the man to keep a dog.
C. The man should be responsible.

3. What does the man mean?

- A. The airline is to blame for the delay.
B. He was in a hurry to get to the airport.
C. He can predict the weather conditions.

4. How much does the air tour cost?

- A. ¥500. B. ¥850. C. ¥1,350.

5. How does the man feel about the movie?

- A. Scared. B. Disappointed. C. Excited.

第二节(共15小题;每小题1.5分;满分22.5分)

听下面5段对话或独白。每段对话或独白后有几个小题,从题中所给的A、B、C三个选项中选出最佳选项,并标在试卷的相应位置。听每段对话或独白前,你将有时间阅读各个小题,每小题5秒钟;听完后,各小题将给出5秒钟的作答时间。每段对话或独白读两遍。

听第6段材料,回答第6至7题。

6. What skills are needed for an Olympic volunteer?

- A. Foreign language skills.
B. Information searching skills.
C. Computer using skills.

7. How many volunteers are needed for the Paralympics?

- A. 100,000. B. 70,000. C. 30,000.

听第7段材料，回答第8至10题。

8. What are they talking about?

- A. Renting a room in big cities.
- B. Going to Shanghai for job opportunities.
- C. Sharing a room with others to make friends.

9. What might be the man's original opinion?

- A. Big cities mean plenty of opportunities.
- B. It is nice to live with strangers.
- C. He should live with friends rather than live alone.

10. How does the man feel now?

- A. Excited.
- B. Hopeless.
- C. Encouraged.

听第8段材料，回答第11至13题。

11. What do people usually agree on?

- A. Rich children have more resources and advantages.
- B. Many rich children are qualified to do many jobs.
- C. Rich children are born without pressure.

12. Why is Tony sad?

- A. People think he was born lucky.
- B. People think he is too proud.
- C. He has few advantages.

13. What does Tony think of himself?

- A. He's too nervous to speak before the hostess.
- B. He's competitive and promising.
- C. He's confident, satisfied and proud.

听第9段材料，回答第14至17题。

14. What can we learn from the conversation?

- A. Justa took a year off due to a lack of iron.
- B. Justa stopped training for no reason.
- C. Justa recovered a year later.

15. Where did this conversation most likely take place?

- A. In an office.
- B. In the school meeting hall.
- C. At an opening ceremony.

16. What does "take a red shirt" mean?

- A. No longer contributing to the team.
- B. No longer continuing studying at college.
- C. No longer having a blood test.

17. What is Justa like?

- A. Strong-minded.
- B. Broad-minded.
- C. Absent-minded.

听第10段材料，回答第18至20题。

18. How many hours in a year do children spend watching TV on average?

- A. 7000.
- B. 900.
- C. 1,023.

19. At what age can children watch TV for no more than 1 to 2 hours a day?

- A. Under the age of 2.
- B. Older than 2.
- C. At the age of 2.

20. Who might benefit from learning letters on TV?

- A. Preschoolers.
- B. Grade school students.
- C. Parents.



Moon River (2'42")

—— 月亮河

Moon River, wider than a mile;
I'm crossing you in style some day.
Oh, dream maker, you heart breaker.
Wherever you're going,
I'm going your way.

Two drifters, off to see the world.
There's such a lot of world to see.
We're after the same rainbow's end,
Waiting round the bend,
My huckleberry friend,
Moon River and me.

Oh, dream maker, you heart breaker
Wherever you're going,
I'm going your way.

Two drifters, off to see the world
There's such a lot of world to see.
We're after that same rainbow's end,
Waiting round the bend,
My huckleberry friend,
Moon River, and me.

Questions:

1. What's the Moon River? What does it symbolize?
2. Please talk about beautiful life in your mind.

Suggested answers:

1. Good life. The singer pours out his heart to the personalized *Moon River* in order to express his strong desire and firm determination to pursue a happy life.
2. Ommited.

MODEL TEST(3)

考场模拟训练 (三)



第一节 (共 5 小题; 每小题 1.5 分, 满分 7.5 分)

听下面 5 段对话。每段对话有一个小题, 从题中所给的 A、B、C 三个选项中选出最佳选项, 并标在试卷的相应位置。听完每段对话后, 你都有 10 秒种的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. What is the man doing now?

- A. Making friends with the woman.
- B. Looking for a washroom.
- C. Showing the woman around.

2. What causes the train's being late?

- A. The fog.
- B. The rain.
- C. The wind.

3. What's the weather like now?

- A. Fine.
- B. Cloudy.
- C. Rainy.

4. What is the probable relationship between the two speakers?

- A. Husband and wife.
- B. Friends.
- C. Customer and seller.

5. Where are probably the two speakers now?

- A. In the street.
- B. In an office.
- C. In a clinic.

第二节 (共 15 小题; 每小题 1.5 分, 满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几个小题, 从题中所给的 A、B、C 三个选项中选出最佳选项, 并标在试卷的相应位置。听每段对话或独白前, 你将有时间阅读各个小题, 每小题 5 秒钟; 听完后, 各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料, 回答第 6 至 7 题。

6. What does the man want the woman to do?

- A. Type a letter.
- B. Attend a meeting.
- C. Talk with him.

7. When will the meeting be held?

- A. In the morning.
- B. In the afternoon.
- C. In the evening.

听第 7 段材料, 回答第 8 至 10 题。

8. What does the man do?


- A. A book seller. B. A postman. C. A writer.

9. How many times did the woman receive wrong parcels last month?

- A. Once. B. Twice. C. Three times.

10. What does the man promise to the woman?

- A. He will give her the books for free.
B. He will return the money.
C. He won't deliver wrong parcels again.

 听第 8 段材料，回答第 11 至 14 题。

11. When did the fight happen?

- A. At 7. B. At 11. C. At 12.

12. Who was injured in the fight?

- A. The young man. B. The woman. C. The shopkeeper.

13. What did the young man take?

- A. A clock. B. A mobile phone. C. A shelf.

14. What does the man want to do now?

- A. Find the young man. B. Go shopping. C. Help the shopkeeper.

 听第 9 段材料，回答第 15 至 17 题。

15. Where does the conversation most probably take place?

- A. In a store. B. At a restaurant. C. At the woman's home.

16. What does the man need?

- A. A French menu. B. An English menu. C. A Japanese menu.

17. What can we know about the woman?

- A. She is rude. B. She is angry. C. She is busy.

 听第 10 段材料，回答第 18 至 20 题。

18. What is the percentage of students owning mobile phones now?

- A. 17 percent. B. 40 percent. C. 4 percent.

19. What has made parents buy mobile phones for their kids?

- A. Economic growth. B. Teachers' demand. C. Schools' requirements.

20. Why do some schools want to ban mobile phones?

- A. Too much money is wasted.
B. Lessons are interrupted.
C. Classrooms are polluted.

MODEL TEST(4)

考场模拟训练 (四)



第一节 (共 5 小题; 每小题 1.5 分, 满分 7.5 分)

听下面 5 段对话。每段对话有一个小题, 从题中所给的 A、B、C 三个选项中选出最佳选项, 并标在试卷的相应位置。听完每段对话后, 你都有 10 秒种的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

1. What will the woman probably do?

- A. To go to the concert with the man.
- B. To ask the man to study with her.
- C. To do a lot of housework.

2. When will the shirts be finished?

- A. Saturday morning.
- B. Friday morning.
- C. Saturday afternoon.

3. Why will the man go to ask Jane?

- A. The woman refuses to lend him money.
- B. \$20 is less than what he wants to borrow.
- C. Jane is ready to lend him the money.

4. How long has the man already worked at the post office?


- A. For three years.
- B. For six years.
- C. For sixteen years.

5. What do you learn from the conversation?

- A. It is even colder today.
- B. It was colder yesterday.
- C. It was fine yesterday.

第二节 (共 15 小题; 每小题 1.5 分, 满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几个小题, 从题中所给的 A、B、C 三个选项中选出最佳选项, 并标在试卷的相应位置。听每段对话或独白前, 你将有时间阅读各个小题, 每小题 5 秒钟; 听完后, 各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

 听第 6 段材料, 回答第 6 至 7 题。

6. What kind of films does the man like?

- A. Horror films.
- B. Science-fiction films.
- C. Historical films.

7. Where are the two speakers?

- A. In a cinema.
- B. At a railway station.
- C. On a train.



听第7段材料，回答第8至9题。

8. Who is the man speaking to?

A. A taxi driver.

B. A salesgirl.

C. A conductor.

9. How much does the man have to pay?

A. Eighteen dollars.

B. Fifteen dollars.

C. Twenty dollars.

听第8段材料，回答第10至12题。

10. Why does the woman seldom surf the Internet?

A. Because she is not interested in it.

B. Because she's too busy.

C. Because she finds it expensive to surf the Internet.

11. How many e-mails does the woman deal with a month?

A. About 12.

B. About 5.

C. About 3.

12. What can we learn about the woman from the conversation?

A. She prefers e-mails to common letters.

B. She works in a library.

C. She makes use of the Internet in her work.

听第9段材料，回答第13至16题。

13. In which way does the box go faster but cost more?

A. Second class.

B. First class.

C. To a foreign country.

14. What does the man compare before making a decision?

A. Weight and stamps.

B. Price and time.

C. Forms and value.

15. What else is the man advised to do?

A. To put down a return address.

B. To buy a second-class stamp.

C. To pay the right amount of money.

16. What is in the box?

A. Some cups.

B. A set of glasses.

C. Some books.

听第10段材料，回答第17至20题。

17. Why did the author choose Cathy as his wife?

A. Because she sent him to study in a university.

B. Because she looked after him well while he was ill.

C. Because she often made him a delicious breakfast.

18. How old can we infer the author is?

A. In his forties.

B. Under forty.

C. In his fifties.

19. What is the man's job?

A. A professor.

B. An engineer.

C. An official.

20. How long is it since the man got married?

A. 12 years.

B. 21 years.

C. 27 years.