

Shichang Lian'er
Jiaocheng

视唱练耳教程

端木仲璋 杨宏凌 / 编著



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前　　言

视唱练耳是音乐学习初期的基础技术课程，如同汉语中的拼音学习。它不仅仅要求解决音准、节奏等基本技术问题，还应当通过对大量不同风格、时期、地域、情绪的作品旋律片段的练习，来帮助学习者扩展音乐视野，积累和丰富音乐的感受能力与音乐的语汇。根据这样一个目的，我们在编写这本视唱练耳教材时，特别注意学习者的基础、兴趣等多方面情况；在内容的选择上，以民歌、中外著名音乐作品的旋律片段为主，适当增加一些自编旋律，以此来解决学习者的音准、节奏等基本技术问题。同时，通过这些民歌、中外著名音乐作品的旋律片段的学习，让学习者初步接触、了解有关的音乐背景知识、作曲家的生平、旋律的主要特点，达到拓宽音乐视野的目的。希望教师在进行教学的同时，将有关的内容做简要的介绍，并通过模唱、背唱、默写、听记等多种形式，加强学习者对音乐语汇的记忆与积累。

由于这本教材面对的是中等（包括五年制大专）师范的学生和音乐的初学者，所以只采用了高低两种谱号的练习，在内容上做到通俗易学，符合初学者的感知和实际技术的掌握能力。教材的第一部分为视唱练习，由三章组成：第一章是无调号的识谱与基本节拍、节奏的训练，包括二、四、八分音符的组合，十六分音符，附点节奏的练习，简单的弱起节奏以及八六拍与三连音的练习。这一部分主要是解决初学者的识谱与基本节拍、节奏的问题，配合一定的练耳训练，可明显提高学习的效果。第二章是调性及其节奏、节拍的综合训练。包括从一个升降号到三个升降号的各种调式旋律的练习。这一部分主要通过学习各种不同风格、地域、音乐情绪、调式、调性的旋律，帮助学习者感受、理解音乐的各种表现要素，学习时与理论课密切联系效果更佳。第三章是较复杂的节奏、节拍及音准的训练。这一部分主要把一些在练习上有一定难度的内容集中起来，经过前面各种练习的铺垫之后，再进行突破与掌握。它包括了较复杂的切分节奏的练习，各种变化音的练习，以及调性变化的练习。

教材的第二部分练耳，包括听觉训练与乐谱记写能力的培养两部分。具体为“听觉训练的内容与方法”和“听写的内容与方法”两章。第一章由听辨能力的训练、旋律模唱的练习、旋律音程的听觉训练和和弦的听辨练习四部分组成，第二章由单音听记、各种常见节奏型的训练、局部节奏的记写练习、完整节奏的记写练习、局部音高的记写练习、给指定节奏填写音高的练习、完整旋律片段的记写练习等部分组成。这部分的内容按照循序渐进的教学原则，由浅显、易掌握的内容入手；，逐步提高、加大难度。

虽然视唱与练耳是两个部分的学习内容，但在具体的教学中应紧密配合、同步发展。例如：当视唱部分的内容进行到十六分音符的训练时，节奏与旋律的听记内容同样与此相适宜，如有可能的话，音乐基础理论的内容也应当与此

相配合，这样才会使感性的认识与理性的知识相结合，更好地帮助学习者吸收和消化所练习的内容。

视唱练耳课是一门基础技术课程，但如果把它的技术性与知识性、趣味性融合在一起，会有效地调动学习者的积极性，使被动的学习转为主动、自觉的学习，并能在学习、掌握音乐技术的同时，更好地拓展音乐的视野。所以，我们诚恳地希望每一位教师或学习者能够充分发挥和理解这本教材的编写目的，以期达到最佳的学习效果。

端木仲璋

2003年6月25日

目 录

视 唱

前言	1
第一章、基本节拍、节奏和音准的训练	
一、二、四、八分音符的组合	2
二、十六分音符的组合	18
三、附点音符	25
四、切分节奏	37
五、弱起节奏	42
六、八六拍及三连音	48
第二章、调性及节奏、节拍的综合训练	
一、一个升号的各种调式	55
二、一个降号的各种调式	67
三、二个升号的各种调式	81
四、二个降号的各种调式	92
五、三个升号的各种调式	104
六、三个降号的各种调式	114
第三章、较复杂的节奏、节拍及音准的训练	
基本练习	132

练 耳

第一章、听觉训练的内容与方法	
一、听辨能力的训练	140
二、模唱训练	141
三、音程的听辨训练	142
四、和弦的听辨训练	144
第二章、听写的内容与方法	
一、单音听记	146
二、节奏听记	146
三、旋律听记练习	148
后记	150

表間和樂者麻夷音一曲背本基 章一章

合歌曲音四二一

初



唱

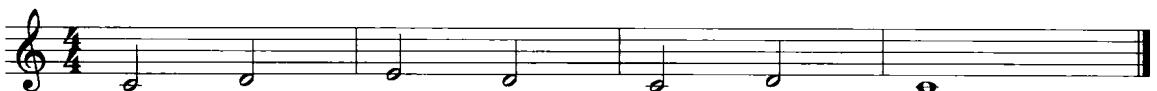
第一章 基本节拍、节奏和音准的训练

一、二、四、八分音符的组合

1.



2.



3.



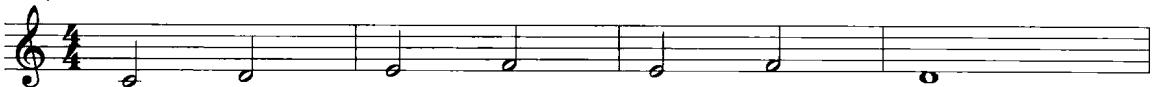
4.



5.



6.



A musical staff consisting of five horizontal lines. The first note is a quarter note (two vertical stems) on the second line. The second note is a eighth note (one vertical stem) on the third line. The third note is a eighth note (one vertical stem) on the fourth line. The fourth note is a quarter note (two vertical stems) on the fifth line. The fifth note is a eighth note (one vertical stem) on the second line. The sixth note is a eighth note (one vertical stem) on the third line. The seventh note is a eighth note (one vertical stem) on the fourth line. The eighth note is a quarter note (two vertical stems) on the fifth line.

A handwritten musical score page featuring a treble clef staff in common time. The staff consists of six horizontal lines. There are six vertical bar lines dividing the staff into seven measures. Each measure contains a single note: the first three measures have quarter notes, the fourth has a half note, and the fifth and sixth have quarter notes. The seventh measure is partially visible at the bottom of the page.

A musical staff in common time (indicated by a 'C') and F major (indicated by a sharp sign). The staff begins with a treble clef. It contains eight measures, each consisting of a single quarter note. The notes are separated by vertical bar lines.

A musical staff in treble clef with six measures of music. The first measure has two quarter notes. The second measure has one eighth note followed by a fermata over a quarter note. The third measure has a half note. The fourth measure has two eighth notes. The fifth measure has a half note. The sixth measure has a half note. A repeat sign is located at the beginning of the staff.

Musical score for piano, page 10, featuring ten measures of music. The key signature is A major (no sharps or flats). The time signature is common time (indicated by '4'). The melody is played on the right hand, starting with an eighth note on the G4 string. The left hand provides harmonic support with sustained notes on the D4 and C5 strings. Measures 1-3 show a descending scale pattern. Measures 4-6 feature a more rhythmic pattern with eighth and sixteenth notes. Measures 7-10 continue the melodic line with sustained notes and eighth-note patterns.

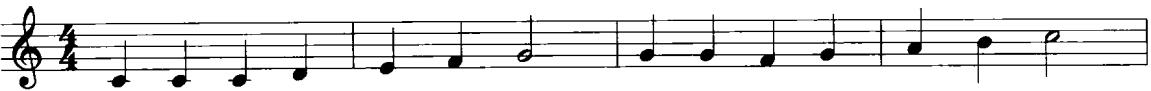
A musical staff consisting of five lines and four spaces. It begins with a treble clef. The first measure contains a single note. The second measure contains two notes. The third measure contains three notes. The fourth measure contains two notes. The fifth measure contains one note. The sixth measure contains one note. A repeat sign is located at the beginning of the sixth measure.

A musical score for piano, page 11. The score consists of two staves. The top staff is for the right hand (treble clef) and the bottom staff is for the left hand (bass clef). The key signature is A major (no sharps or flats), and the time signature is common time (indicated by a '4'). The music begins with a dotted half note followed by an eighth note rest, then a series of eighth notes and sixteenth notes. The right hand continues with a dotted half note, an eighth note rest, then eighth notes and sixteenth notes. The left hand begins with a dotted half note, followed by eighth notes and sixteenth notes.

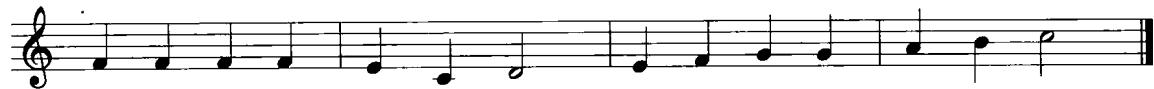
A musical staff in treble clef with six quarter notes followed by one eighth note.



13.



14.



15.



16.



17.

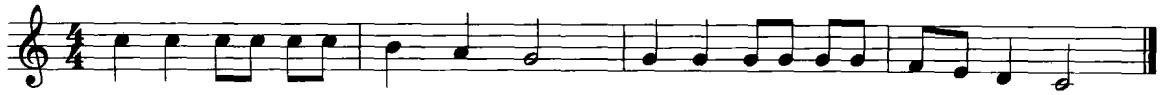
中速

《小星星》





18.



19.



20.

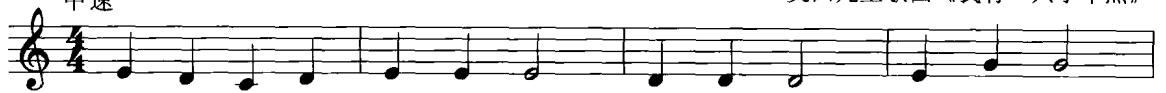
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21.

中速

美国儿童歌曲《我有一只小羊羔》



22.

中速



23.

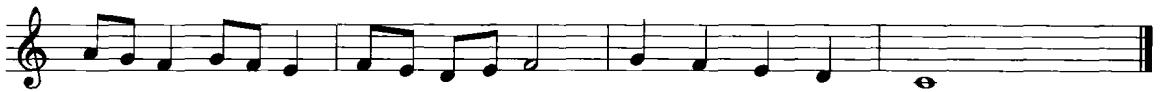
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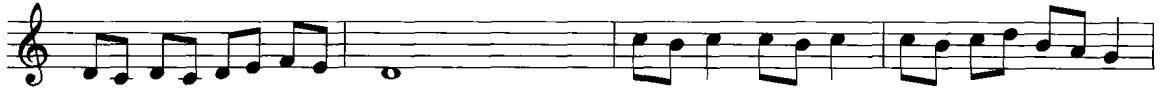
24.

稍快



25.

稍快



26.

稍快



27.

稍慢

日本古谣《樱花》



28、

沉重地

黑人歌曲《老人河》



29、

舒展地

美国影片《绿野仙踪》插曲



30、

稍快



31、

生动地



32、

稍快



33、

愉快地

德国儿歌《春天到》





34、

中速



35、

中速



36、

中速

《看星》



37、

中速

哈萨克民歌





38、

中速



39、

中速



40、

中速



41、

稍快



42.

中速



43.

中速



44.

中速



45.

中速



46.

中速



47.

中速



A musical score for 'The Star-Spangled Banner' in treble clef. The first ten measures are shown, starting with a half note followed by a quarter note. Measures 2-4 show eighth-note patterns. Measures 5-7 show sixteenth-note patterns. Measure 8 begins with a eighth note. Measures 9-10 end with a half note.

48.

稍快

A musical score for 'Jingxi' (京戏) in 3/4 time. The key signature is one sharp. The melody consists of eighth and sixteenth note patterns. Measure 1 starts with a half note followed by an eighth note. Measures 2-4 show a repeating pattern of eighth notes. Measure 5 ends with a half note.

A musical staff in treble clef begins with a half note. This is followed by a series of eighth notes: a short dash, a dot, another short dash, a dot, a short dash, a dot, another short dash, a dot, and finally a half note.

49.

中速

犹太民歌《一遍又一遍》

A musical staff with a treble clef, showing a sequence of notes: a whole note, two half notes, a quarter note, a eighth note, a sixteenth note, a thirty-second note, a sixteenth note, a quarter note, a half note, and a whole note.

A musical staff in G clef and common time. It begins with a quarter note, followed by a series of eighth notes: a dotted eighth note, a sixteenth note pair (two eighth notes), another dotted eighth note, a sixteenth note pair, a dotted eighth note, a sixteenth note pair, and a final dotted eighth note.

50

中速

乌克兰民歌《德涅泊尔》

The musical score consists of two staves. The top staff starts with a treble clef, a key signature of one sharp (F#), and a common time signature (indicated by '4'). The bottom staff starts with a bass clef and a common time signature (indicated by '4'). The music begins with a series of eighth notes: a rest, followed by a note on the second line, another note on the second line, a note on the third line, a note on the fourth line, a note on the fifth line, a note on the fourth line, a note on the third line, a note on the second line, a note on the first line, a note on the second line, a note on the third line, a note on the fourth line, and a note on the fifth line. The first staff ends with a fermata over the last note. The second staff continues with a note on the second line, a note on the first line, a note on the second line, a note on the third line, a note on the fourth line, a note on the fifth line, a note on the fourth line, a note on the third line, a note on the second line, a note on the first line, a note on the second line, a note on the third line, and a note on the fourth line. The score concludes with a final fermata over the last note.

A musical score for a single melodic line. The staff begins with a treble clef, a key signature of one sharp (F#), and a common time signature. The melody consists of eighth notes and sixteenth notes. A fermata is placed over the eighth note at the end of the first measure. The letter 'V' is positioned above the staff near the beginning of the second measure.

51

中速

A musical score for a single melodic line. The key signature is one sharp (F#), indicated by a circle with a sharp sign. The time signature is common time (4/4). The tempo is marked as '中速' (medium speed). The melody consists of quarter notes and eighth notes, primarily on the G and A strings.

A musical staff in treble clef begins with a dotted half note. This is followed by a series of eighth notes: a short one, a longer one, another short one, and then a sixteenth note. After a short rest, a quarter note is played. The melody continues with a eighth note, a sixteenth note, and a quarter note.

52.

欢快地

哈萨克族民歌《玛依拉》



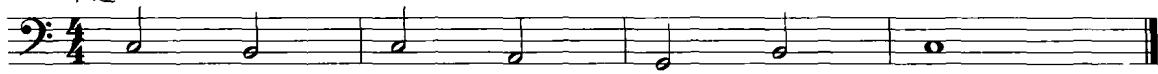
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中速



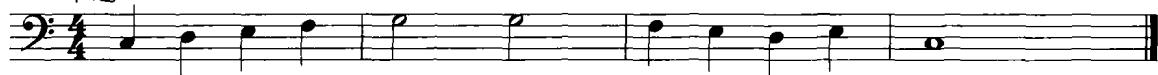
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中速



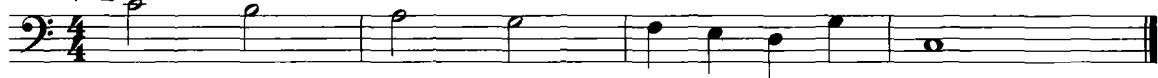
55.

中速



56.

中速



57.

中速



58.

中速

