 MP3有声英文读物



典藏书屋——

睿智人生

龚 嵘○主 编

The birds have flown, we hear no more their
clamour,
But winter's angry winds not soon will start to
blow ——

Upon the empty fields there pours the azure glow
Of skies that have not lost the warmth of summer.

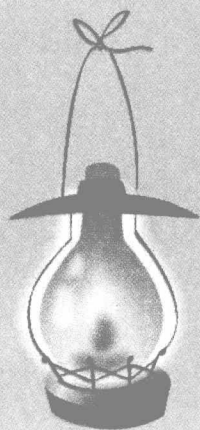
空气沉静了，不再听见鸟歌，
但离冬天的风暴还很遥远——
在休憩的土地上，流动着
一片温暖而纯净的蔚蓝……



华东理工大学出版社
华东理工大学电子音像出版社



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典藏书屋——睿智人生



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致读者

Foreword

亲爱的读者：

已有多多年英语学习史的你，是否仍困扰重重？看见大段的英文字就头痛！一步一生词，前查后忘记！那些长得像、意思近的词总是混淆难辨！除了美国牛仔、伦敦大雾、澳洲袋鼠，你的英语文化知识寥寥无几！遇见老外，聊完天气就无话可说！

要改善上述问题，你必须尝试超越课本与习题的禁锢，多读多听多看多练习。

本套丛书《典藏书屋——青春悦读/午后咖啡/睿智人生(MP3 有声英文读物)》为你铺设了一条英语提高新捷径，引导学习者在愉快阅读中系统、快速地积累词汇、背景知识，提高快速阅读技能。本丛书内容新颖翔实，具有极强的知识性、史料性、时代性与可读性，结构编排注意词汇与语言点的阶梯式循环出现，帮助读者在阅读中不断巩固，重复记忆。

本书精选文章50篇，从都市原始男人到澳洲丛林文化，从手相心理学到婚外情与同性恋，从办公室政治到跳槽，从“性趣广告”到过度包装，从网络诈骗局到师生恋，从“恐怖秀”到F1赛车，从定向运动到《老友记》……为你展示了一个精彩的语言文化万花筒。每篇文章还附有精心编排的内容点评、经典句型、速记生词、文化知识链接等内容，使你进一步开拓语言文化视野，提高各领域的词汇知识。更重要的是，它能帮你找回失落已久的阅读的乐趣！

本丛书分三册,词汇级别从 3500—4500—5500 逐级增长,分别适于高中生、大学英语四级、大学英语六级或研究生应考者三个读者群。

参与本书编写的还有李芳、刘友健、杨华业、陈小斌、陈旭辉、王岩、曹长波等,在此表示衷心感谢。

囿于作者的学识和水平,书中错漏之处在所难免,敬请广大读者批评指正。

编 者

2008 年 7 月



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Unit 1

Retrosexual Man

大都市的原始男人



现代大都市的男人分为两类：原始粗糙型(Retrosexuals)与优雅精品型(Metrosexuals)。粗糙的Retrosexual男人有着历史定格的经典男子汉形象：他们不修边幅、不用化妆品、不进厨房、看不见地板上的灰尘、购买日用品从不还价且常被商家狠斩，但他们也会修车刷墙建篱笆、善与电工管道工打交道、喜欢倒垃圾、从不在服饰上浪费钱财。而雅致的Metrosexual男人是当代西方繁华大都市滋养出的一族新新男人。他们年轻富有、衣着时尚，追求完美身材，使用化妆品，但绝无同性恋倾向。此类都市美男的典型代表是球星贝克·汉姆、影星史瓦辛格与布莱德·皮特，以及阿迪达斯产品广告代言人——澳大利亚游泳名将伊恩·索普。

This is the story of how my husband got mugged at the chemist's. It wasn't his fault. On certain matters, he is as innocent as a newborn baby and should not be allowed to roam around unsupervised at cosmetics counters. In other words, he's a genuine guy.

Genuine guys are sometimes known as retrosexuals, to distinguish them from metrosexuals, who are men with the good taste of gay men,



only they're straight. Metrosexuals are particular about their grooming and great consumers of men's cosmetic products. They use hair gel. Retrosexuals are scared of hair gel.

Secretly I've always thought my husband could stand to be just a little bit more metro. Sometimes I buy him fancy shaving cream and leave it suggestively on his side of sink. He never gets the hint. He prefers a ten-second dry shave with a plastic disposable razor and toilet paper to stanch (止血) the wounds.

From time to time my husband's retrosexuality bothers me. He can't understand why it's time to paint the kitchen when we just painted it 9 years ago. He doesn't grasp why we need expensive blinds (遮光窗帘) on the kitchen windows when we leave them permanently rolled up. He's baffled that my haircuts cost ten times more than his do, and he thinks massages are a waste of time. There're many things on which we'll never see eye to eye.

But there're advantages to my husband's retrosexual orientation, and they are large. For example, being completely indifferent to appearance, a retrosexual will never complain that you're putting on weight. This is one of the foundation stones of a good marriage. Also, it's easy to impress him with your culinary skills. My husband is so grateful to get out of kitchen duty, he brags about my cooking even though it's usually quite lousy. He is happy to do certain household tasks, like garbage duty and replacing light bulbs. He knows it's his job to talk to plumbers and electricians. We have lapsed into tired gender stereotypes. We don't care. We only wish there were a third gender to clean the kitty litter (猫粪).

I blame myself for the mugging at the chemist's. I never should have let him go alone. Something similar would have happened if I'd wandered into an electronics store and tried to buy a fancy new TV. The chance of a good outcome is remote.



The trouble began when he noticed his feet were dry and itchy. He blames his new socks. Off he went to the chemist to get something to rub on them. He was excited when he got home. “This will do the trick”, he said and showed me a small bottle. According to the label, the ingredients included Vichy thermal-spa water (温泉矿物水) from France, which explains why the bottle cost \$ 43.

“You’ve been mugged”, I said. He didn’t know he could have got exactly what he needed (minus the Vichy water) for \$ 3.99 to treat his itchy feet.

Naturally I teased him ever since. But actually I have no interest in men who are interested in skin care. I’m happy to let them worry about oil level in the car. Some might call this sexist. I call it a sensible division of labor. And it’s a chief benefit of marriage.

(651 words)

(经)(典)(句)(型)

1. Genuine guys are sometimes known as retrosexuals, to distinguish them from metrosexuals, who are men with the good taste of gay men, only they’re straight. 真男人有时被叫做“原始男人”，以区别于所谓的“精品男人”——他们虽然有着同性恋男子的优雅生活品味，却仍是真正的男子汉。
2. Secretly I’ve always thought my husband could stand to be just a little bit more metro. 私下里我一直希望自己的丈夫还可以再优雅细致一点。
3. This will do the trick. 这东西一定灵验。
4. We have lapsed into tired gender stereotypes. 我们陷入了老套的性别角色。



速记生词

baffle ['bæfl] *vt.* 使困惑

disposable [dis'pəʊzəbl] *adj.* 可抛弃的, 一次性的

genuine ['dʒenjʊɪn] *adj.* 真正的

grooming ['gru:mɪŋ] *n.* 打扮

ingredient [ɪn'ɡri:dʒənt] *n.* 成分

itchy ['ɪtʃɪ] *adj.* 发痒的

massage [mə'sɑ:ʒ] *n.* 按摩

orientation [ɔ:riən'teɪʃən] *n.* 定位, 定向

razor ['reɪzə(r)] *n.* 剃须刀

rub [rʌb] *vt.* 涂抹

unsupervised [ʌn'sjupə,vaɪzd] *adj.* 无人监管的

culinary ['kʌlɪnəri] *adj.* 烹饪的

electrician [ɪlek'trɪʃən] *n.* 电工

gender ['dʒendə(r)] *n.* 性别

grasp [ɡrɑ:sp] *vt.* 理解, 领会

indifferent [ɪn'dɪfərənt] *adj.* [+to] 冷漠的

lousy ['laʊzi] *adj.* 糟糕的

mug [mʌɡ] *vt.* 打劫(购物被宰)

plumber ['plʌmbə] *n.* 管道工

permanently ['pə:mənəntli] *adv.* 永久地

remote [rɪ'məʊt] *adj.* 遥远的, 细微的

sink [sɪŋk] *n.* 水槽



流行短语

cosmetics counter 化妆品柜台

division of labor 劳动分工

hair gel 发胶

roam around 闲逛

see eye to eye 看法一致

brag about 吹嘘

foundation stones 基石

(be) particular about 挑剔的

roll up 卷起来

shaving cream 剃须膏



知识链接

有关Sex的派生词

sexual *adj.* 性的,性欲的: sexual relationship 两性关系

sexism *n.* 性别歧视

sexist *n./adj.* 有性别偏见的(人)

metrosexual 都市美男 = metropolitan (都市的) + sexual

retrosexual 都市原始男人 = retrogressive (退化的) + sexual

sexploitation 色情利用 = sex + exploitation (利用)

sexpot *n.* 性感女人

sex appeal 性魅力





Unit 2

The Puritans Behind the Myths 面纱后的清教徒

在许多美国人印象中,“清教徒”是个带贬义的标签:清教徒没有幽默感,缺乏同情心,对世人评判苛刻,还装作清心寡欲,生怕表现快乐的样子,即所谓“joyless Puritans”。然而其实不然,清教徒阅读优良书刊,享受音乐、美酒,他们游泳、滑雪、打猎、钓鱼……。真正的清教徒爱憎分明,虔诚信奉上帝,渴望建立美好的基督文明世界,并为此理想奋斗不息。清教徒信念对美国主流文化有着深远影响。

Who were the real Puritans? And why did Puritan become a derogatory label? In what ways have the Puritans shaped what we believe and how we live today?

Most Americans picture the Puritans as people who had no humor and no compassion. In their minds, the Puritans sat in self-righteous judgment on the rest of the world. That stereotype has lent the word Puritanical the dark meaning it assumes today. That myth should be dispelled. The Puritans were fascinated with bright clothing, and not



opposed to parties. They were not prudes(假正经). It's true that promiscuity(异性乱交) was absent from colonial New England. But for husband and wife, sex was important, and Puritan families were routinely large. A spouse could be punished by the authorities for withholding sex from his or her partner.

So how did the "joyless Puritan" stereotype get started? It began during Prohibition(禁酒令期间). When people asked, "Whom do we blame for this Victorian America we live in"? and the Puritans came out as culprits. In fact, the Puritans were not teetotalers(绝对禁酒主义者). Scholars estimate the Puritans had a rum(朗姆酒) consumption rate that surpasses the alcohol-consumption rate in the twentieth century.

Puritans were intense lovers and intense haters. They were intensely reverent. For the Puritans, nothing was done unthinkingly or unfeelingly. They believed that their life mattered, that what they were doing was more important than anything else in the world. The Puritans also feared the rising generation would not measure up to the piety of their fathers and mothers. They often talked about loss of faith in their children.

To understand the Puritans, you have to adopt their attitude: Life is a great adventure. The Puritans saw themselves on a group mission, like a corporate Pilgrim's Progress. If you read the Puritans' writings as cold, theological prose, they will kill you quickly. You have to look deeper to see what's motivating them: the yearning to build a Christian civilization, a new world order. Creating this was the adventure of a lifetime.

Puritanism shaped American society to an extraordinary degree. They exerted an influence in American culture disproportionate to their numbers. For instance, they gave us a vision that America is "a city set upon a hill". That vision infuses American literature, foreign policy and



our entire sense of identity.

Listen to Jimmy Carter, Ronald Reagan, George Bush, or Bill Clinton. They often speak of “destiny” and “providence”. Or civil-rights leaders speak of a dream of equal treatment under the law. All of these people are drawing from Puritan roots, whether they know it or not. The Puritans believed that education was central to the Christian life. Harvard was formed while people were digging out the first settlements. The first classes at Harvard took place with bears running through the campus, yet classes were in Latin. The Puritan colleges were steeped in the Western Christian, classical tradition. In fact, Harvard and Yale were the only colleges in the Western world that required Hebrew (希伯来语).

(498 Words)

经典句型

1. That stereotype has lent the word Puritanical the dark meaning it assumes today.

人们头脑里的那种老套的印象使“清教徒”一词带上了今天所有的贬义。

2. ...they gave us a vision that America is “a city set upon a hill”. That vision infuses American literature, foreign policy and our entire sense of identity.

……清教徒们将美国构想为“山冈上的城市”，美国的文学与对外政策，以及我们的自我意识中都渗透了这种构想。