



龙江名师引航

课课练习 单元检测

LONGJIANGMINGSHI YIN HANG

英语

八年级(上)

延边人民出版社



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前 言

为了配合国家基础教育课程改革,为学生提供更好的符合新课程理念的教辅书,全面地培养学生新课程标准所需要的多方面能力和素质,坚持在具体情境中突出运用英语分析和解决问题、强调口语,注重交际的能力,培养学生的创新精神和实践能力,并提高学生的综合运用能力,特编写此书奉献给广大师生与教材同步使用。

本书充分体现了新课程的精神,在编写过程中注重探究性和互动性的学习方式,大量选用新题材,关注社会热点,紧贴生活实际,注重科学、技术与社会热点的有机结合而且均是围绕每单元的话题进行的。编排上有巩固与提高的基础题,探索与创新的开放题,实践与探究的能力题,层次清晰、梯度合理。本书分为两个部分,第一部分为一课一练,第二部分为单元检测。在一课一练中,包括 Section A, Section B, Self Check 和 Reading 四个部分。Section A 和 Section B 两个部分,主要是在熟知教材的基础上,掌握词汇的理解和语言的应用。Self Check 部分,是指学生通过做题来自我检测本单元所学的语言知识。Reading 部分主要是考察学生的阅读能力及综合能力。在单元检测中又分为五大板块。第一板块——语言知识;第二板块——完型填空;第三板块——阅读理解;第四板块——情景交际;第五板块——书面表达。此书还配有期中、期末测试题。

英语学习是无止境的,只有通过学习我们才能不断地提高和完善自己驾驭英语语言的能力。愿本书能成为英语学习中的忠实助手,陪伴学生度过美好的中学时光。

书中不当之处在所难免,欢迎老师和同学提出宝贵意见和建议,谢谢!

编者

目 录

Unit 1 How often do you exercise ?		Section A	69
Section A	1	Section B	70
Section B	2	Self check	71
Self check	3	第七单元测试	73
第一单元测试	5	Unit 8 How was your school trip?	
Unit 2 What's the matter ?		Section A	79
Section A	10	Section B	80
Section B	11	Self check	82
Self check	12	第八单元测试	84
第二单元测试	14	Unit 9 When was he born ?	
Unit 3 What are you doing for vacation ?		Section A	89
Section A	19	Section B	90
Section B	20	Self check	92
Self check	21	第九单元测试	94
第三单元测试	23	Unit 10 I'm going to be a basketball player .	
Unit 4 How do you get to school?		Section A	100
Section A	28	Section B	101
Section B	29	Self check	103
Self check	30	第十单元测试	105
第四单元测试	32	Unit 11 Could you please clean your room ? ...	
Unit 5 Can you come to my party ?		Section A	110
Section A	37	Section B	111
Section B	38	Self check	113
Self check	40	第十一单元测试	115
第五单元测试	42	Unit 12 What's the best radio station ?	
Unit 6 I'm more outgoing than my sister.		Section A	120
Section A	48	Section B	121
Section B	49	Self check	123
Self check	50	第十二单元测试	125
第六单元测试	52	Review of units 7 - 12	131
Review of units 1 - 6	57	期末测试	137
期中测试	63	参考答案	142
Unit 7 How do you making a banana milk shake?			



Unit 1 How often do you exercise ?

Section A

一、根据汉语意思写出英文。

- | | |
|--------------|---------------|
| 1. 去滑滑板_____ | 2. 去购物_____ |
| 3. 在周末_____ | 4. 去看电影_____ |
| 5. 上网_____ | 6. 看英语书_____ |
| 7. 动物世界_____ | 8. 每周一次_____ |
| 9. 每年一次_____ | 10. 每月三次_____ |
| 11. 一两次_____ | 12. 三四次_____ |

二、单项选择。

- () 1. What do you usually do _____ weekends?
A. in B. on C. for D. at
- () 2. — _____ do you go to the movies?
— Once a week .
A. How long B. How soon C. How far D. How often
- () 3. The old man is well because he often _____ .
A. exercises B. drinks C. sleeps D. play
- () 4. Michael goes to the library _____ a week.
A. sometimes B. three time C. some time D. three times
- () 5. Can you translate the sentence _____ Chinese?
A. in B. into C. to D. as

三、用括号内所给单词的适当形式填空。

- They _____ (not have) any classes next week.
- Betty _____ (write) to her parents tomorrow.
- Look at those clouds. It _____ (rain) .
- He _____ (read) an English book now.
- Look! Many girls _____ (dance) over there.

四、交际应用。填入一个适当的词补全对话,每空一词。

- A: What did you do 1 the weekend?
B: I went to the 2 .
A: How 3 do you go to the movies?
B: About once a week .
A: Who's your 4 movies star?
B: Keanu Reeves .
A: 5 do you like him?
B: Because he's handsome. Do you like his movies?
A: Yeah!



1. _____ 2. _____ 3. _____ 4. _____ 5. _____

Section B

一、根据汉语意思写出英文。

- | | |
|------------------------|--------------------------------|
| 1. 想要某人做某事 _____ | 2. 对...有益/有害 _____ |
| 3. 喝咖啡 _____ | 4. 饮食习惯 _____ |
| 5. 尽量/试图做某事 _____ | 6. 相当健康 _____ |
| 7. 有点不健康 _____ | 8. 注意我的健康 _____ |
| 9. 健康的生活方式 _____ | 10. 取得好成绩 _____ |
| 11. 帮某人做某事 _____ | 12. 保持健康(2个) _____ |
| 13. ...和...相同/一样 _____ | 14. ...和...不一样/...不同于... _____ |

二、根据句意和所给字母提示完成句中所缺的单词。

- He writes to his father t _____ a month.
- Everyone likes to surf on the I _____.
- Mr Smith t _____ many Chinese books into English every year.
- Eating j _____ food is bad for your health.
- Do you find the d _____ between the twins?

三、单项选择。

- () 1. No student in our class _____ interested in documentaries.
A. is B. are C. has D. have
- () 2. Do you drink milk every day?
Yes. It's good for my _____.
A. healthy B. unhealthy C. health D. unhealthy
- () 3. Although she didn't get up late this morning, _____ she missed the early bus.
A. but B. and C. so D. /
- () 4. There's hardly _____ bread left?
Would you like to buy _____ with me?
A. some , some B. any , some C. some , any D. any , any
- () 5. Lily usually starts the day _____ breakfast.
A. with B. from C. at D. of

四、根据汉语完成下列各句。

- 这是学生活动调查的结果。
Here are _____ the students' activity survey.
- 大部分学生每周锻炼三到四次。
Most students exercise _____ a week.
- 你每晚睡几个小时?
_____ hours do you sleep every night?
- 虽然我有健康的习惯,但也许我不太健康。
_____ I have a healthy habit, _____ I'm not very healthy.
- 我的书和你们的不一样。
My book _____ yours.



五、任务阅读。

根据图表完成短文。

In Mr. Wu's class many students do different things on weekends. Please try to make a report according to the chart.

Name	Activities	How often
Mike	Go to movies	√√√√
Peter	Watch TV	√√√
Jenny	Read books	√√
Li Lei	Go to the park	√
Tom	Play soccer	\
Bill	Go shopping	x

On weekends, Mike always goes to movies. Peter _____

六、完形填空。

Someone says, "Time is money." But I think time is 1 important than money. Why? Because when money is spent, we can earn more. However, when time is 2, it'll never 3. That is 4 we mustn't waste time.

It goes without saying that 5 is usually limited. Even a second is very important. We should make full use of our time to do 6 useful.

But it is a pity that there are a lot of people who 7 know the importance of time. They spend their limited time smoking, drinking and playing. They do not know that wasting time means wasting part of their own 8.

In a word, we should save time. We shouldn't 9 today's work for tomorrow. Remember we have no time to 10.

- () 1. A. much B. less C. much less D. even more
 () 2. A. cost B. bought C. gone D. finished
 () 3. A. return B. carry C. take D. bring
 () 4. A. what B. that C. because D. why
 () 5. A. money B. time C. day D. food
 () 6. A. nothing B. something C. anything D. every things
 () 7. A. do not B. does not C. did not D. do
 () 8. A. time B. food C. money D. life
 () 9. A. stop B. leave C. let D. give
 () 10. A. lose B. save C. spend D. take

Self check

一、用括号内所给单词的适当形式填空。

- Our English teacher is always very _____ to us. (friend)
- Kate lives next door and we have been _____ for almost 10 years. (friend)
- He's one of _____ boys in my class. (nice)



4. You must be _____ than before. The bus nearly hit you. (careful)
5. Skiing is as _____ as diving. (dangerous)

二、单项选择。

- () 1. _____ do you surf the Internet? Once a week.
A. How B. How old C. How often D. How many times
- () 2. Can you _____ how often you do things?
A. talk B. talk about C. speak D. tell of
- () 3. You hardly know him, _____?
A. are you B. aren't you C. do you D. don't you
- () 4. Are you late for class? _____.
A. Yes, never B. Yes, sometimes C. No, ever D. No, usually
- () 5. _____ homework, most students do it every day.
A. With B. For C. As D. As for

三、用方框中所给词的适当形式填空。

share wear be interest well

1. She always _____ a smile on her face and looks happy.
2. He would like _____ a teacher when he grows up.
3. My best friend should _____ things with me and help people in need.
4. I believe that she will be a very _____ teacher in the future.
5. Once he was _____ in a very old computer.

四、句型转换。按要求进行句型转换,每空一词。

1. My sister is ill. I must take care of her at home. (改为同义句)
My sister is ill. I must _____ her at home.
2. Lin Tao often helps me with my Chinese. (对划线部分提问)
_____ does Lin Tao help you with your Chinese?
3. Tom goes to bed at ten in the evening. (改为否定句)
Tom _____ to bed at ten in the evening.
4. They always see a film on Saturdays. (改为同义句)
They always _____ on Saturdays.
5. I sleep nine hours every night. (对划线部分提问)
_____ do you sleep every night?

五、书面表达。

根据要求及提示,以 My Sunday 为题写一篇短文。

提示:1. 星期天早上七点半起床;2. 中午和妈妈一起去动物园;3. 中午短暂休息以后去买东西;4. 下午和朋友一起去踢足球;5. 擅长阅读,晚上看《西行漫记》(Red Star Over China)。

- 要求:1. 条理清楚,语句通顺,语法正确,书写规范;
2. 提示内容全部体现在文章中;
3. 不少于50个单词。



第一单元测试

一、听力(25分,略)

二、单项选择(本题共15分,每小题1分)

- () 1. Is your bike broken? Let _____ you.
A. me to help B. I help C. me help D. I to help
- () 2. Although they feel tired, _____ they still go on working.
A. and B. but C. / D. so
- () 3. The woman can't _____ his son in the park.
A. read B. watch C. look D. find
- () 4. Li Lei works in England. He comes to China _____.
A. three time a year B. three times a year
C. three times year D. three time year
- () 5. His grandmother is well because she often _____.
A. exercises B. smokes C. sleeps D. sings
- () 6. —_____ do they play football?
—Every day.
A. How soon B. How much C. How many D. How often
- () 7. His mother wants him _____ at home today.
A. stays B. stayed C. to stay D. staying
- () 8. Here _____ the results _____ the student activity survey.
A. is; with B. are; of C. is; of D. are; with
- () 9. _____ homework, we do their homework on Sunday.
A. As for B. As to C. As of D. As from
- () 10. These days Mrs Li looks _____ healthy.
A. nice B. pretty C. heavy D. cool
- () 11. His mother wants him _____ good food.
A. eat B. to eat C. eating D. eats
- () 12. He tries _____ English. And he practices _____ English every day.
A. to learn, to speak B. learning, speaking
C. to learn, speaking D. learning, to speak
- () 13. It makes _____ me.
A. no difference to B. no different to
C. not difference from D. not different from
- () 14. Can you help me _____ up the waste things?
A. cleaning B. with clean C. of cleaning D. to clean
- () 15. _____ it is rainy today, _____ he still works outside.
A. Although, but B. But, although C. /, although D. Although, /

三、完形填空(本题共15分,每小题1分)

It is 16 o'clock. The children 17 to school by car every day. 18 today they are going to school on 19.



It is ten o'clock. Mrs Sawyer usually 20 at home in the morning, but today she is going 21.

It is four o'clock in the afternoon. Mrs Sawyer 22 tea 23 the living room. But this afternoon she is drinking 24 in the garden.

It is six o'clock in the evening. The children usually do their 25. But 26 they 27 in the garden.

It is nine o'clock. Mr Sawyer usually 28 his newspaper at night. But he 29 his newspaper tonight. At the moment he is reading 30 interesting book.

- () 16. A. at eight B. in eight C. eight D. the eight
 () 17. A. go B. goes C. is going D. are going
 () 18. A. And B. But C. Or D. So
 () 19. A. feet B. their feet C. foot D. the foot
 () 20. A. lives B. live C. stays D. stay
 () 21. A. the shops B. shop C. shopping D. shops
 () 22. A. drink usually B. usually drink C. drinks usually D. usually drinks
 () 23. A. at B. on C. in D. of
 () 24. A. a tea B. tea C. teas D. the tea
 () 25. A. homework B. homeworks C. the homework D. the homeworks
 () 26. A. in the evening B. at this evening C. this evening D. on the evening
 () 27. A. play B. are playing C. are play D. plays
 () 28. A. sees B. reads C. looks D. watches
 () 29. A. doesn't read B. doesn't look C. isn't reading D. isn't looking
 () 30. A. an B. a C. the D. /

四、阅读理解(本题共35分, A题5分, B-D题各10分)

(A)

A good breakfast is important. You can easily understand it. By breakfast time you have not eaten anything about twelve hours. Your body needs food for morning activities(活动). One good breakfast should be rice or bread, an egg, milk and fruit. On a cold morning a cup of hot drinks is necessary(必需的). A good breakfast helps you to smile more easily. It helps you to be more friendly and also to work better and play more happily. Your whole day will be more fun after you have enjoyed a good breakfast.

根据短文内容,判断正误,正(T),误(F)。

- () 31. It's not very important to have a good breakfast.
 () 32. Food is needed in the morning because you have had nothing to eat for the whole night.
 () 33. Only rice or bread will be a good breakfast.
 () 34. If you get up late, you will not eat your breakfast.
 () 35. A good breakfast is helpful to you.

(B)

Perhaps you have heard a lot about the Internet, but what is it?

The Internet is many different networks around the world. A network is a group of computers put together. These networks joined together are called the Internet.

Maybe that doesn't sound interesting. But when we've joined the Internet. There are lots of things we can do. We can have a lot of interest on the World Wide Web (www). We can use the in-



ternet instead of a library to find all kinds of information for our homework. . We can find information about our favorite sports or film stars and do shopping on the Internet. We can also send messages to other people by e-mail. It is much cheaper and quicker than calling our friends or sending letters.

Thanks to the Internet, the world is becoming smaller and smaller. People can now work at home with a computer in front, getting and sending the information they need. They can buy or sell whatever they want by the Internet. But do you know 98% of the information is English? So what will English be like tomorrow?

根据短文内容,选择最佳答案。

- () 36. The passage is mainly about _____.
- A. the Internet B. information C. computers D. e-mail
- () 37. The quickest and cheapest way for people to send message to their friends is _____.
- A. by post B. by e-mail C. by telephone D. by TV
- () 38. The Internet can not be used to _____.
- A. find information for our homework.
- B. get some information about our favorite sports stars.
- C. do some shopping.
- D. do some housework
- () 39. Which of the following is NOT true?
- A. The Internet is a big computer.
- B. The Internet is lots of computer networks.
- C. The Internet is very helpful.
- D. People can work at home with the help of the Internet.
- () 40. What does the writer try to tell us with the last two sentences?
- A. The Internet is more and more popular.
- B. All the information is English.
- C. English is important in using the Internet.
- D. Every computer must join the Internet.

(C)

Do you know Fei Junlong and Nie Haisheng?

Fei Junlong was born in 1965. He is a Chinese astronaut selected (选拔) as a member of the Shenzhou program. He was born in Jiangsu and joined the People's Liberation Army Air Force (中国人民解放军空军) in 1982 at the age of 17. And since then he was only returned home six times. As a fighter pilot (战机飞行员), he was selected to an astronaut in 1998. He married Wang Jie in 1991 and has one son.

Nie Haisheng was born in September, 1964. He is also a Chinese astronaut selected for the Shenzhou program. He is from Hubei. After graduating from high school he joined the People's Liberation Army Air Force, and became a fighter pilot. In 1998 he was selected for the astronaut program. Nie Haisheng got married to Nie Jieli and has an 11-year-old daughter. He was one of the three astronauts who were in the final group to train for the Shenzhou 5 Flight. Yang Liwei was also picked out for the flight, with Zhai Zhigang.

On September 23rd, 2005. It was reported that Zhai and Nie would be one of the three pairs of astronauts who would be in the final training for Shenzhou 6. But in the end, Fei and Nie were cho-



sen, and Zhai missed his chance to space again.

根据短文内容,回答下列问题。

41. When did Nie join the army ?

42. Who among the astronauts in this passage hasn't been to space?

43. How many times has Fei Junlong returned home since he left at the age of 17?

44. How many people did the writer mention in this passage?

45. How old is Nie Haisheng's daughter ?

(D)

Rockfield Middle School					
	Monday	Tuesday	Wednesday	Thursday	Friday
8:00	English	English	Maths	Chinese	Biology
9:00	Maths	Self study	Maths	Self study	Maths
10:00	Biology	Biology	Chinese	Art	Maths
10:40	Self study	Art	P. E	Biology	English
12:20	Lunch	Lunch	Lunch	Lunch	Lunch
1:10	P. E	Self study	English	Self study	P. E
2:00	Chinese	Chinese	Biology	English	Chinese

根据表格内容,完成下列各题。

46. They have _____ subjects .

47. They have _____ lessons at 10:00 on Wednesday morning .

48. They begin their Maths at _____ on Thursday morning .

49. They have Art class at _____ on Tuesday ?

50. On Friday morning students don't have _____ class.

五、交际应用(本题共15分,A题5分,B题10分)

(A)从A-G选项中选出能填入空白处的最佳选项补全对话。(选项中有两项是多余的)

Jack: Look at yourself, Tom. You are too fat. You are not fit. 51

Tom: What food should I eat then?

Jack: You should stop eating sweets. 52

Tom: 53 I like them very much.

Jack: No, you can't. 54

Tom: OK. I will try to do so.

Jack: 55 It can help you be fit, too.

51. _____ 52. _____

53. _____ 54. _____ 55. _____

- | |
|---|
| <p>A. And you need to exercise more.</p> <p>B. What about sweets?</p> <p>C. You should change your diet.</p> <p>D. Try to keep healthy.</p> <p>E. Can I eat hamburgers?</p> <p>F. You should eat lots of fruit and vegetables.</p> <p>G. They give you energy but they are not healthy.</p> |
|---|



(B) 填入一个适当的词补全对话,每空一词。

Tom: Hi, Bill. What do you usually do on weekends?

Bill: I 56 (通常) do my homework. Sometimes I watch TV. But I 57 (从不) help my mother with the housework, so she always complains (抱怨) about it. What about you?

Tom: I 58 (几乎不) do the housework. I think we must learn from Kate. She 59 (经常) helps her mother with many things.

Bill: Does her father help them?

Tom: No. He doesn't 60 (经常) come back home. He works in another city.

56. _____ 57. _____ 58. _____ 59. _____ 60. _____

六、书面表达(本题共15分, A题5分, B题10分)

(A) 根据英文提示内容,写一则五句话的失物招领。(署名和日期已给出)

要求:语言规范,字迹工整,意思完整。

Notice of Lost Object

Write a note with five sentences based on the following situation.

You are Wu Li. You left your bag on the bus. Write a note to the Lost.

Lost

Loser,

Wu Li

April 2, 2007

(B) 根据下列班级活动调查表,用英语写一篇文章。

Class 12, Grade 8: Activity Survey			
Activity	Every Day	Twice a Week	Four Times a Week
Watch TV	60%	20%	20%
Have Sports	10%	20%	70%
Do homework	100%	0%	0%

(All students = 100% Most students = 51% - 99% Some students = 1% - 50% No students = 0%)

要求:1. 写出结构完整,语句精彩,意思连贯,语言流畅,语法准确,符合逻辑的短文。

2. 80 - 100 词以上。

3. 不得使用真实姓名,地名,学校名。



Unit 2 What's the matter ?

Section A

一、根据汉语意思写出英文。

1. 我嗓子疼_____
2. 患感冒/肚子疼/牙疼/发烧_____
3. 躺下休息_____
4. 看医生_____
5. 大量的/许多的_____
6. 加蜂蜜的热茶_____
7. 提些建议_____
8. 感觉好点_____

二、单项选择。

- () 1. What is _____ you, young man?
A. matter with B. the matter with C. the matters with D. the matter to
- () 2. _____ she _____ a headache? I think she should see a doctor.
A. Does, have B. Does, has C. Does, got D. Has, have
- () 3. You should drink _____.
A. hot tea of honey B. hot honey tea
C. hot teas with honey D. hot tea with honey
- () 4. He shouldn't eat _____ for 24 hours.
A. something B. nothing C. anything D. many food
- () 5. —How are you?
—I'm not _____.
A. feel well B. feel good C. feeling well D. feeling good

三、用括号内所给单词的适当形式填空。

1. Let me _____ (help) you.
2. Listen! Sue _____ (sing) an English song.
3. I _____ (help) my mother do housework tomorrow.
4. Tom always _____ (get) up at six o'clock in the morning.
5. _____ (not close) the door.

四、交际应用。

从 A - G 选项中选出能填入空白处的最佳选项
 补全对话。(选项中有两项是多余的)

Jim doesn't feel well. His mother takes him to see
 the doctor.

Doctor: 1

Jim: I feel very tired and weak.

Doctor: How you feeling now?

Jim: 2

Doctor: Let me see. That's not too bad. You just
 have a cold.

- A. I'm feeling even worse.
 B. No. I don't like to eat anything.
 C. What's the matter?
 D. Really? But I don't feel any better now.
 E. OK. Thank you.
 F. How often do you see a doctor ?
 G. Thank you .



Jim: 3

Doctor: Do you eat anything for breakfast?

Jim: 4

Doctor: Well, take this medicine twice a day. Have a good rest and drink more water.

Jim: 5

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

Section B

一、根据汉语意思写出英文。

- | | |
|--------------------|-----------------|
| 1. 早点睡觉_____ | 2. 听音乐_____ |
| 3. 喝点水_____ | 4. 去参加聚会_____ |
| 5. 传统的中医_____ | 6. 阴阳的平衡_____ |
| 7. 例如_____ | 8. 太多的水_____ |
| 9. 太多的书_____ | 10. 中药_____ |
| 11. 在许多西方国家_____ | 12. 几个晚上_____ |
| 13. (变)累了/生气了_____ | 14. 每晚学到很晚_____ |

二、根据句意和所给字母提示完成句中所缺的单词。

- I'm t _____, I think I should have something to drink.
- He talked too much yesterday, so he had a sore t _____.
- People who have something wrong with their teeth should see a d _____.
- Doing morning exercises is a good way to keep h _____.
- It is i _____ to eat a balanced diet.

三、单项选择。

- When _____ he _____ to our school?
—About half an hour ago.
A. does, come B. did, come C. did, came D. does, came
- Why are they _____ and angry?
A. stress B. stress out C. stressing out D. stressed out
- The doctor says I have _____ work to finish.
A. too many B. many too C. too much D. much too
- He always helps other people _____.
A. in his life B. on his life C. in his lives D. on his lives
- It's easy to _____.
A. stay health B. stay healthy C. keep health D. have healthy

四、根据汉语完成下列各句。

- 很抱歉听到这件事。
I'm sorry to _____.
- 它什么时候开始的? 三天前。
When did it start? _____.
- 拥有健康的生活方式很容易。
It is easy to _____.



4. 每晚睡八个小时很重要。

It is important _____ every night.

5. 我觉得我的英语没有提高。

_____ my English is improving.

五、改错

- () 1. How long do you usually watch TV? _____
A B C D
- () 2. How often do you ill? Often. _____
A B C D
- () 3. Lucy was never away to school last term. _____
A B C D
- () 4. I usually does seven hours of sports every week. _____
A B C D
- () 5. There are a lot of fruit and vegetables in the basket. _____
A B C D

六、完形填空。

Mr Johnson was having trouble with his stomach, 1 he went to see a doctor. The doctor 2 his stomach carefully but couldn't find any problem. Then he said, "Well, Mr Johnson, take it easy. There is 3 serious(严重). Stop smoking and then you will be all right very 4."

"But doctor," answered Mr Johnson, "I 5. I don't like smoking at all." "Oh, I see," said the doctor, "then stop drinking wine(酒) 6."

"But I don't drink wine," answered Mr Johnson.

"Don't drink 7 tea or coffee then," the doctor said to him.

"I 8 drink water," answered Mr Johnson, "I don't like tea or coffee."

The doctor 9 for a while and then said, "Well, what do you like to eat then?"

"Potatoes! I like potatoes very much." Mr Johnson answered at once.

"All right, Then stop 10 potatoes." Said the doctor as he got up to say goodbye to Mr Johnson.

son.

- | | | | |
|------------------------|-----------------|------------------|-------------------|
| () 1. A. so | B. but | C. or | D. for |
| () 2. A. look for | B. look at | C. look over | D. look after |
| () 3. A. anything | B. something | C. nothing | D. everything |
| () 4. A. early | B. soon | C. late | D. much |
| () 5. A. often smoked | B. never smoked | C. always smoked | D. usually smoked |
| () 6. A. from now on | B. from then on | C. until now | D. until today |
| () 7. A. any | B. many | C. some | D. a few |
| () 8. A. never | B. only | C. don't | D. hardly |
| () 9. A. thinks | B. thought | C. is thinking | D. think |
| () 10. A. cutting | B. buying | C. washing | D. eating |

Self check

一、根据汉语意思,完成下列句子。

1. The old woman feels _____ (疲劳) after a long walk.