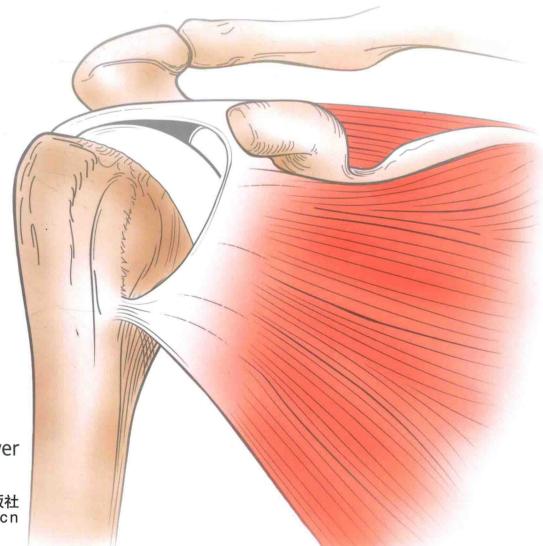


Master Techniques in Orthopaedic Surgery® 骨科手术技术从书

肩(第3版)

The Shoulder (Third Edition)

主编 [美]Edward V. Craig 主译 崔国庆



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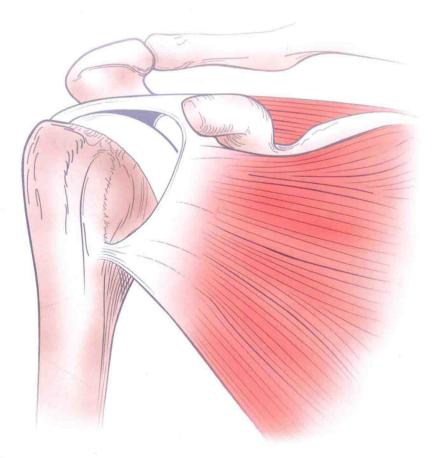
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献词

本书每个版本的出版都要感谢我的妻子 Kathryn 和我的三个女儿——Mackenzie、Kelsey 和 Taylor,她们每一个人都用自己的方式支持我的工作、丰富我的生活。在出版第一版的时候,我清楚地记得女儿们成功时的笑容、失望时的眼泪和对"很远的将来"的憧憬。

现在,她们长大了,"很远的将来"已经成为过去, 肩关节外科事业也伴随着作为丈夫和父亲的我经历了很多。 我非常幸运能够拥有成功的事业和幸福生活。尽管工作繁 忙,但与女儿们一起度过的美好时光,从来没有牺牲、放 弃过。

感谢你们四位所给予我的一切——为你们,我献上《肩》的第3版。

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丛书序言

从 1994 年的初版开始,《骨科手术技术丛书》已经成为培训骨科医师的金标准。这套丛书巨大的成功可归功于初版的总主编 Roby Thompson,他在丛书序言中写道:"在相关领域被称为'大师'的专家们所推荐的详细手术技术。"很多骨科医生通过阅读本丛书在临床实践中受益,对此我们十分高兴。

本丛书一个重要的成功之处便是它独特有效的编排体系,还甚至曾被别的书籍所模仿。一个重要的特点便是在表述标准知识的同时,增加了许多高年资医师的个人体会和 经验技巧。大量的照片和彩图为读者提供了详细的操作步骤。

本丛书另外一个成功之处是我们拥有蜚声国际、富有经验的编者。他们将自身丰富的经验通过本书与大家分享,这种无私的态度使他们无愧于"大师"的称号。我们对他们满怀感激之情,是他们保持、提高了本丛书多年来的声誉。我们对于本书第3版的出版所取得的进步而感到骄傲,对于其内容的补充修订感到尤其高兴。在新版本的从书中新增了6卷(册)精彩的、与我们专业相关的交叉学科的内容。我们不仅增加了本丛书的内容,增加了编者的人数,我们还采用了经典的编排体系。

新增加的分卷(册)中的第一卷(册)介绍了"手术入路及相关问题",有幸由本人编写,第二卷(册)为"小儿骨科手术精要"。此外,新增加的内容还涉及"软组织重建""外周神经功能障碍的处理""关节高级重建技术""运动医学""骨肿瘤和复杂重建技术",这些内容用16个实用的相关章节详细介绍。

我欣然同意担任本丛书的总主编,本丛书有着提高骨科医师手术技术的重要价值,并且其实际价值将在实践中得到验证。我十分敬佩 Thompson 医师最初的远见和领导能力,并感谢丛书编者和其他对本书有贡献的人们。正如我在本丛书的第 2 版《髋》分卷(册)的序言中提到,William Mayo 的话正好揭示了编写本丛书的终极目的:"使患者获得最好的治疗才是我们唯一应该关注的问题。"我们相信,本丛书可以使骨科医生理解如何以患者为中心进行外科手术。

首版的《肩》出版至今已经 17 年了,我们的专业有了很大进展(更应该说是一种转型),用这种方式,骨科技术正通过它们传播着。对患者而言,他们很期待这些已经成功转型的技术,在很大程度上,这是因为我们的专业技术所设置的难以置信的专业门槛所造成的。Ty Cobb 依靠 33% 的成功率就跻身进入了棒球名人堂。我们也必须努力成功,而且期望每次都要成功。一名成功的骨科从业者的标准过程集合了个人的努力、机遇的把握、研究成果的转化、工业的发展,通过这一切,可将一名年轻的外科医师培养成具有安全操作技能、技术熟练、有令人钦佩表现的专业技术人员。我们目前年轻外科医师的培养方式已经改变了传统的老师/学生对话方式,已经从"不要害怕关节镜手术——它就是做了我们切开手术一样的事情"发展到了"不要害怕切开手术——就把它看成跟通过关节镜做是一样的"。

这套丛书对每一位外科医师的成长与发展均具有积极的影响,通过"大师级"的讲解, 为最终的成功提供了可以预期的路标。这些"大师们"是教育家、临床专家、头脑清晰 的思想家。

本书内容已经根据现今的专业变化进行了调整。关节镜的章节由 12 章增加为 18 章, 包括如何尽可能不切开而进行肩关节手术的操作技术。关节置换的部分补充了小切口技术和置换翻修手术技术。新的技术反映了在骨折处理、肩关节不稳手术、肩袖重建等方面的进展,使本书的第 3 版更加完善。其余章节与上版保持一致,因为这仍旧是当前和近期较好的处理方案,而在这些章节中也都有更新的内容。

不管学生和老师如何变化,本书的出版目的是不变的。它将作为值得信任的良师益 友陪伴你一起进入手术室。我认识本书的每一位作者,我也熟知他们的技术。我的愿望 是通过他们的传授,读者们将对所有的"大师"和本专业有更深一步的了解。

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