

### 通过托福 独立写作

主编◎许 轶 编著◎杨雅坤

### TOEFL实战派高分名师力作

焦点满分团队 倾情奉献 历年真题深度分析

高频写作话题 105 篇 每天 10 篇真题分析及 5 篇强化练习

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满分聚焦系列

# 万万万名

损 远 性 独立 写作

主编◎许 轶 编著◎杨雅坤



为了帮助托福考生在短时间内取得托福独立写作高分,本书通过对历年真题的梳理分析,并对近几年托福独立写作的整理筛选,汇总 105 篇高频写作话题,并将这些话题按照重要程度依次划分至 7 天学习内容。每天 10 篇真题分析以及 5 篇强化练习,每篇均从审题和思路拓展两个方面入手,帮助考生在 7 天内深入分析解题思路,逐步实现高分应答。

由于本书是对写作出题思路的分析,因此本书不仅适用于托福考试,同样适用于其他英语考试的写作部分。

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### 前言

从近几年的托福考试来看,中国大陆地区考生的写作平均分一直停留在 20 分左右的水平,虽然它高于听力的 18 分和口语的 19 分,但是 20 分仍然称不上是一个高分。而阻止中国考生得到高分的几个最主要的障碍就是"Chinglish"、语法以及答题思路。也就是说,拿到一个题目而没有任何的想法是目前绝大多数考生的共同问题。所以,本书的编写目的便是让考生看到题目后,脑中不再是一片空白,而是能更好地利用 30 分钟的时间写出接近完美的作文。

### 本书具有哪些特色

- ★ 时效性: 所给出的题目均贴近目前活跃在考场上的考题。
  - ★ 针对性:对于中国考生在写作当中所遇到的困难逐一进行击破。
  - ★ 目的性: 本书所有题目均按照内容分类,帮助考生按照写作话题分类写作。

在选题上,我们选取了与真题难度相仿、覆盖写作核心的 105 道题目加以解析,并将其分为7天的任务量,每天给出 15 个题目作为练习。其中前 10 道均为近几年考试类似题目,并且标注了相应的考试时间,比如 "Parents should encourage their children to do their schoolwork themselves instead of doing together. (20141115ML 相似考题)"就表示该题目与 2014 年 11 月 15 日中国大陆考区的考试题目类似,其中 ML 表示中国大陆考区,NA 表示北美考区。这样的划分既避免了考生对同一话题训练的枯燥,又可以一步一步拓展自己的写作思路,检测自己的学习成效。同时本书也省去了长篇累牍的题型介绍和理论知识,直接给大家提供最有含金量的题目和万用的论点及例证,希望用最短的时间让考生的分数有最大程度的提高。

在形式上,每个题目都由"审题"和"思路拓展"两大部分组成。其中"审题"中不仅有该题目所属的话题(旨在帮助考生对题目的大概内容有一个宏观把控,抓住题目重点),还给出了题型分类,针对不同的题型给出相对应的解决方法。而在"思路拓展"部分,不仅给出了中文的分论点描述,同时也给出了对应的比较美式的表达方式。既解决了没有东西可写的问题,同时也对"Chinglish"的表达方式作了改正,正所谓一箭双雕。

最后,写作作为托福考试的最后一个部分,需要考生在有限的时间内输出一篇文章,所以 论点的补充以及表达仅仅是完成了准备工作的一个部分,有了内容,更重要的是通过练习将其 变成一篇文章。因此,虽然本书没有涉及输出的整个过程,但是要很好地掌握一个或者一类题型,必须不断地重复输出的过程,慢慢把时间把控在 30 分钟之内,达到托福的要求。

我们希望这本写作书可以帮助更多考生提高写作分数,也欢迎考生亲身来时代焦点进行更深入的培训,更欢迎大家访问时代焦点在线学院(www.360class.cn)进行高质量的在线学习。

### 您还能享受哪些服务

如果你在做 TPO 模考题的过程中遇到问题,可以登陆网站(360class.cn),通过导航进入【TPO 伴侣】栏目,找到相应的题目视频讲解进行学习。视频全部由 360 课堂网满分老师亲授,逐题讲解,重点突出,可随时随地使用,为考生节省了宝贵的学习时间。另外,你还可以使用网站自主开发的在线背单词系统,随时测试自己的单词掌握情况,系统内含时代焦点内部专用的单词教材和热销词汇书,含



金量极高,可从源头解决普通单词书单词数量多不便于记忆且词义与考试考点不匹配等问题,帮助考生用最短的时间记忆最多、最有用的单词。这些功能都是免费的,欢迎考生们使用!

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### 独立写作出题方式

独立写作要求考生在 30 分钟内就某一个话题阐明并论证自己的观点,词数要求为 300 个词以上。出题方式为:

Do you agree or disagree with the following statement?

### 【题目主干】

Use specific reasons and examples to support your answer.

本书题目仅给出了题目主干。除了特殊情况注明之外,所出现的题目均为这种形式。

### 独立写作评分标准

- 文章能够有效地完成任务要求:
- 5分 2. 文章的组织清晰,有恰当的解释、举例和细节; 3. 文章内容连贯、统一;

  - 言运用熟练,词汇丰富,用词得当,尽管可能出现稍许词汇和语法错误。

- 1. 文章能够较好地完成任务要求,但是有些观点阐述地不够详细;
- 2. 论证总体上组织得不错, 使用恰当的解释、举例和细节;
- 4 分 3. 文章整体内容连贯、统一,但是可能含有冗余、离题和不清晰的连接; 4. 语言使用较熟练,有较为丰富的词汇和语法结构,但是也可能有较为明 显的小错误,但不影响总体理解。

- 文章完成了任务要求,用了一些解释、举例和细节描述;
- 3 分 2. 能看出文章的连贯和统一,但分论点的衔接可能不清晰; 3. 语言运用稍有欠缺,可能在遣词造句上出现错误造成语义晦涩;
  - 有准确的语言和语法结构, 但是多样性比较单一。

- 1. 文章只完成了部分任务要求,文章组织论证不够充分;
- 2分 2. 解释、举例或者细节描述不太得当或者不充分; 3. 出现明显的用词不当;

  - . 语法结构错误较多。

- 2. 基本没有细节,或者出现不相关细节;
- 文章仅仅从题目中抄了一些文字,或者完全离题,用非英语语言来写作或者
   空白卷。

### 独立写作分值转换

从词数以及时间上看, 虽然独立写作所占的比例要明显大于综合写作, 但是这两篇文章在 分数上所占的比重却是相当的,也就是各占一半的比例,每篇的总分均为5分制,各自给出评 分然后算出两篇写作的平均分,最后按照如下的表格将分数换算成30分制:

原始分	换算分	原始分	换算分
5.00	30	2.75	18
4.75	29	2.50	17
4.50	28	2.25	15
4.25	27	2.00	14
4.00	25	1.75	12
3.75	24	1.50	11
2.50	22	1.25	10
3.25	21	1.00	8
3.00	20		

### 录

### 前言

本书具有哪些特色 您还能享受哪些服务 独立写作出题方式 独立写作评分标准 独立写作分值转换

Low salary job vs. high salary job

### Day 1.....

### \*\*\*\*\*

Doing schoolwork

Most important characteristic for leaders

Providing financial support for artists

Facilities vs. teachers

Taking part-time jobs

TV programs madein our own countryvs. foreign countries

Public recognition vs. money

Praising good people and punishing bad people

Competition vs friendship

### \*\*\*

Using private cars vs. public transportation Challenging dreams vs. realistic dreams Pay fees for driving or not Artists vs. political leaders (society) Simpler life vs. complicated life (technology)

### Day 2......17

### \*\*\*\*\*

Negative effects vs. positive effects of television programs
Advice from older friends vs. peers
Accept idea or not
Playing vs. schoolwork
Being polite to others
Friendlier than in the past
Money vs. friendship
Cars vs. airplanes
Large-size party vs. small-size party
Being patient or not

### \*\*\*

Assign homework everyday
Building new house vs. preserving old buildings
Educate vs. entertain (television)
Using mobile phones
Main cause of unhealthy eating habits

### Day 3......33

### \*\*\*\*

Job vs. social life (happiness)
Posing photos on social network sites
Try different jobs before long career
Movies vs. physical exercises (relax)
Work / travel before university
Movies that are worth watching
Urban areas vs. rural areas (take care of family)
Tutor vs. friends (ask for help)
Motivation of businesspeople
University attracts good students

### \*\*\*

Improve the quality of education
Free time
Using own knowledge vs. asking others
The most significant thing people learn
Most significant thing to improve health care

***	<b>总总总</b> 企	
Many skills vs. one skill	Printed books vs. electronic books	
Get to pnow a country	Factor of success in life	
Company investment	Lessons of playing sports	
Solve environmental pollution	TV vs. newspaper (news)	
Dependence of young people	Privacy	
Relationship between neat room and success		
actors of effective leaders		
Telling the truth		
Pay for public transportation		
How to solve environmental issues		
Day 5	6	
***	拉拉拉	
One project vs. many projects	Telephones vs. televisions	
mportance of family reunion	Ability to read and write	
-ollowing stars	Cannot do things well	
Education of people	Protect energy	
Move to a new city	Family vs. friends (influence)	
Take non-major classes		
Like others vs. different from others		
City vs. countryside		
Get to know others  Buy things made in our own country		
Buy things made in our own country		
Day 6		
Day 6	<b>公</b> 公	
Day 6 Cooking time	☆☆ Young people vs.older people (enjoy life)	
Day 6	☆☆ Young people vs.older people (enjoy life) Set strict rules	
Day 6  Cooking time Email vs. telephone Follow world news	☆☆ Young people vs.older people (enjoy life) Set strict rules Understanding children	
Day 6  Cooking time Email vs. telephone Follow world news Relax while doing homework	Young people vs.older people (enjoy life) Set strict rules Understanding children Solar energy vs. traditional energy	
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Day 6  ** Cooking time Email vs. telephone Follow world news Relax while doing homework Involved in politics Good jobs vs. famous professors Main role of professors Today vs. past (healthy food)	Young people vs.older people (enjoy life) Set strict rules Understanding children Solar energy vs. traditional energy	
Day 6  ** Cooking time Email vs. telephone Follow world news Relax while doing homework Involved in politics Good jobs vs. famous professors Main role of professors Today vs. past (healthy food) Adaptation vs. knowledge	Young people vs.older people (enjoy life) Set strict rules Understanding children Solar energy vs. traditional energy	
Day 6  Cooking time Email vs. telephone Follow world news Relax while doing homework Involved in politics Good jobs vs. famous professors Main role of professors Today vs. past (healthy food) Adaptation vs. knowledge Solve most important problems	Young people vs.older people (enjoy life) Set strict rules Understanding children Solar energy vs. traditional energy	
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Day

Day

Day

Day

Day

Day

Toviding financial support for artists

Facilities vs. teachers

Taking part-time jobs

To programs made in our own country vs. foreign countries

Pubic recognition vs. money

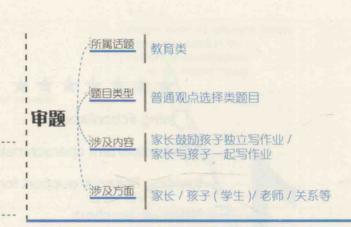
Praising good people and punishing bad people

Competition vs friendship

ow salary job vs. high salary job

Using private cars vs. public transportation
Challenging dreams vs. realistic dreams
Pay fees for driving or not
Artists vs. political leaders (society)
Simpler life vs. complicated life (technology)

## Day Doing schoolwork



### 20141115ML

Parents should encourage their children to do their schoolwork themselves instead of doing it together.

### 思路拓展

孩子可以加深对所学知识的理解
 Children can have a better understanding of what they learn in school.



• 充分发挥出孩子们的潜力——

Doing schoolwork on their own lets children fulfill their potential.

- 培养孩子的独立思维 / 增强孩子的独立性
   It is a good way to develop their independent thinking and increase their independence.
- 增进父母与孩子之间的关系
   The relationship between parents and children can become closer by doing schoolwork together.



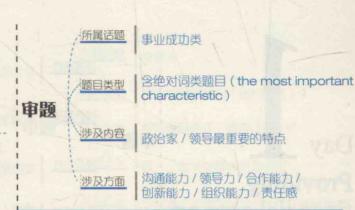
• 家长可以了解孩子学习情况——

Parents can gain a better understanding of their children's study in school.

提高孩子学习效率
 Children are able to study more efficiently.

15

### Day Most important characteristic for leaders



### 20140205ML

Leadership is the most important characteristic for a leader.

### 思路拓展

- · 合作能力=
  - The ability to cooperate is very important for a leader.

Communication skill is another crucial part.

- - The ability to organise also is important for leaders.
- 责任感

A sense of responsibility is an important skill of good leaders.

### 小技巧

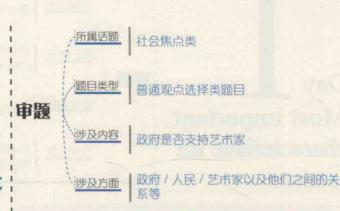
不

该题目中包含了绝对词 (the most important character), 那么采用反驳的角度 去论证会比较容易。所以在这个前提下,所需要做的就是再找出另外两到三个能力来"替 代"leadership, 也就是文章主体段中每段均讨论另外一个"同样重要的"或者"更 重要的"能力。上述内容给出了几个比较常见的个人能力。

02



Providing financial support for artists



### 20141207ML

Artists, like musicians, should not get financial aid from the government.

### 思路拓展

不同意

- 艺术家们已经有自己的收入而且通常都很高,不再需要政府的财政支持 Fypically, artists have their own incomes which are extremely high, and they do not need help from the government.
- 政府不斷的财政帮助会让艺术家有依赖感 Getting financial support might cause them to become dependent on the government.
- 政府对艺术家的财政支持对从事其他工作的人也不公平
   It is unfair for people who have other jobs than artist.
- 有了政府的支持,艺术家可以更专心于创作
   Artists can concentrate better on creating art when the government supports them.
- 有了政府的支持,"艺术外交"可以提升整个国家的形象——Subsidized art can improve the the image of the country.
- 人们也可以更好地享受艺术带来的好处
   Millions of people can benefit a lot from the art.

字刈笔记	

审题

15

Facilities vs. teachers

**所属话题** 教育类

题目类型

含比较级类题目(横向比较)

比较对象 提高设备条件/聘请好的老师

比较主体

哪一个对学生而言更为重要

涉及方面

设备以及老师能给学生所带来的优势

### 20140412ML

Improving facilities is more important for students than having famous teachers.

### 思路拓展

学生更多时间都是自己在学习,所以对设备的需求更多
 Facilities are more important for students as they usually spend more time on their own than in class.



• 学生可以有更多的实践经验—

Students could gain practical experience by using those facilities.

学生们可以有更好的 / 更先进的学习环境
 Having better facilities means students have a better studying environment.

不同意

• 老师可以帮助学生解决不会的问题 =

Teachers are able to offer helps to solve some problews for students.

• 老师可以帮助学生养成良好的学习习惯——

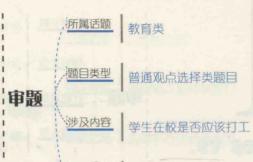
Students can develop good study habitats with teachers' help.

• 好的老师可以给学生带来更多实践 / 工作的机会 Teachers might provide better opptwnities for practical or work experience.

涉及方面

兼





学生 / 老师 / 学校 / 工作等

20130323ML

University students are not supposed to take part-time jobs.

### 思路拓展

• 占用学习时间和精力

Students would neglect to study study if they dedicate ther time and energy to part-time jobs.

回意

• 有些工作对专业学习没有帮助 —

On the face of it, some part-time jobs are useless for helping students develop useful skills.

• 生活的压力变大

Doing many different things increases pressure on students.

了解社会

不同望

Part-time jobs help students understand how society works.

• 增加经济来源 —

Part-time jobs generate income for students.

• 减轻学习的压力—

Part-time jobs can release some of the pressure students feel from studying.

审题

比较对象

涉及方面



TV programs made in our own country vs. foreign countries 所属话题 媒体类

含比较级类题目(跨地域比较) 题目类型

> 自己国家的电影电视节目/其他国家 的电影申视节目

比较主体 哪个更有趣

> 自己国家节目的优缺点(文化/语言/ 演职人员等);其他国家节目的优缺点 (效果/文化/新鲜感等)

### 20130316ML

Compared with TV programs made in other countries, people are more attracted to programs made in their own country.

### 思路拓展

- 本国节目所涉及的文化自己能更了解 -People can develop a deeper understanding of the culture of their own country.
- 能听懂自己国家节目的语言 Audiences can understand the programs in their own language better than foreigh programs.
- 也更熟悉自己国家节目的演职人员 People are more familiar with actors from their own country.
- 别的国家节目制作效果更好= Special effects make programs made in other countries more interesting.

• 别的国家节目能展示一个不一样的文化让我们学习 People can be attracted by different cultures

• 别的国家节目更有新鲜感 = Movies made in other countries can bring fresh perspective.

06



所属话题 事业成功类 题目类型 普通观点选择类题目 审题 涉及内容 用公众认可/金钱奖励努力工作的员工 涉及方面 自我价值实现 / 个人目标 / 激励等

### 20120608ML

Companies should use public recognition rather than money to reward hard working.

### 思路拓展

- 公众的认可是一种自我价值的实现-Public recognition is a realization of one's personal value.
- 有人不仅仅是为了金钱而工作的 Some people have other goals than making money.
- 获得公众认可对个人以后的发展更有利 -It is beneficial for people's future career.
- 金钱是生活的物质基础, 对员工而言金钱更为实际。 People need money for basic life necessities.
- 不同意
- 不仅可以激励员工本身,也可以带动其他员工更好地工作= It might not just motivate people who get the money, but also other employees.
- 公司也不用花费更多的时间和精力,因为金钱最为简单、直接 Rewarding money is much more easier than public recognition in terms of the company because the company does not have to pay much time.