

大学优秀英语作文精选

—— 英语四、六级考试范文

主编 张文起 张东昌



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*The Cream of
University English
Composition*

天津科技翻译出版公司

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前 言

在四、六级考试中,写作一项对考生来说是比较困难的。有些考生看过作文题目以后不知从何入手,思路不够开阔,联想不够丰富。甚至有的考生认为作文难以得分,就忽视了作文训练,这是不明智的。

本书为参加四、六级统考的考生提供了写作例文 85 篇,其中包括议论文、图表作文、关键词作文和记叙文。每篇例文都有中文译文,部分例文后面还加了简单的注释。所选文章取材广泛,内容丰富,所涉及的问题大多是热门话题。

出版本书的目的是使考生通过大量阅读例文,熟悉四、六级作文的思路,掌握不同题目的要点,摸索写作方法,起到抛砖引玉的作用。

本书由刘秀芬进行中文审校。高淑云、尹玉增、王连柱、张莹参加了部分编写工作。

《大学优秀英语作文精选》是一个尝试。由于作者学识所限,书中错误及不妥之处在所难免,恳请读者批评指正。

编者于南开园

1997 年 4 月

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议 论 文

1. Pollution

1. 污染对人类有害。
2. 为防止污染,近年来采取了一些措施。
3. 然而污染问题尚未完全解决。

Pollution is harmful to human beings. Polluted water causes many kinds of diseases such as diarrhoea, enteritis, etc. And sometimes these diseases even take man's life. Dirty air or air-born garbage causes stinging eyes and running nose. Pollutants are destructive, they cause runs in nylon stockings and crack rubber tires, they eat away at stone and rust iron.

Measures have been taken to control pollution. In recent years, legislative steps have been introduced to control pollution. Rivers are being cleaned, air is purified, pollutants are being trapped before they are poured out of chimneys.

However, pollution problems have not been completely solved. Some factories are still using air as a dumping place for wastes. Some lakes are still dirty, the dirty water causes fishes to die. Quite a few chimneys are still pouring smoke into the air and noise pollution remains serious.

Useful Expressions

1. to be harmful to 对……有害。注意介词 to 与 harmful 的搭配。如:Smoking is harmful to your health. 吸烟对你的健康有害。
2. polluted water (air, earth,...) 被污染的水(空气、土壤等)。这里的 polluted 是过去分词,作定语,表示被动含义。本文讲的是污染,要注意下列几个词的使用:pollute 污染(v) pollution 污染(n.) pollutant 污染物(n.)
3. diarrhoea 泻肚
enteritis 肠炎
4. take somebody's life 杀死某人
5. air-born garbage 空气中所携带的垃圾
6. stinging eyes 刺激眼睛
running nose 流鼻涕
7. runs in nylon stockings 尼龙长袜抽丝。这里的 run 作名词用,含义是:抽丝,脱针。
8. crack rubber tires (使)车胎爆裂
9. eat away at stone 侵蚀石头 如:
The river is eating away at the bank. 河水侵蚀着堤岸。
10. Measures have been taken to control pollution. 这句话中应注意与 measure 连用的动词是 take 或 adopt。如:
adopt(take)effectual measures to improve one's work
采取有效措施改进工作。legislative 立法的。与 step 搭配的动词有 take 或 introduce。
11. Pollutants are being trapped before they are poured out

of chimneys. 这句中 trap 作“使受限制”，“放置在特定地点”解。如果用 control 代替 trap，句子照样通顺，只是略显平淡。

12. quite a few: 相当不少

译文

污 染

污染对人类有害。污染的水引起多种疾病，诸如泻肚、肠炎等。有时这些疾病甚至会夺去人的生命。污染的空气或空气中含有的废物引起眼睛刺痛、流鼻涕。污染物是有害的，它们使尼龙袜子脱丝，使车胎爆裂，侵蚀石头，使铁生锈。

为了防止污染，采取了一些措施。近年来，采取了一些立法手段来控制污染。河水正在变清，空气正被净化，污染物从烟囱中排放出以前，就得到了控制。

然而，污染问题并未完全解决。一些工厂仍旧把大气作为垃圾倾倒场。一些湖泊依然很脏，脏水使许多种鱼类死亡。还有不少的烟囱把烟尘排放到大气中，并且噪音污染仍然严重。

2. Smoking and Cancer

1. 吸烟对健康有害。
2. 吸烟易患癌症。
3. 世界各国政府应采取严厉措施限制吸烟。

Smoking is harmful to the health of people. It not only

pollutes air, brings about sufferings of other people such as children and nonsmokers, but also causes diseases of bronchitis, lung cancer, chest cancer and throat cancer.

Smoking is associated with cancers. Smoke is a mixture of gases, vaporized chemicals, minute particles of ash, and other solids. There are also tar and nicotine, which are powerful poisons. As the smoke is breathed in, all these components form deposits on the membranes of the lungs. One point of concentration is where air tube, or bronchus divides. Most lung cancer begins at this point.

World governments should conduct serious campaigns against smoking. First, legislative steps must be introduced. Second, restrictions on cigarette advertisements must be imposed. Third, public smoking in certain places such as theatres, cinemas, waiting rooms at airports and railway stations should be banned. In this way, we may make the smokers feel increasingly uncomfortable about their bad habits. Finally, cigarette price should be boosted.

Useful Expressions

1. bronchitis [brɒŋ'kaitis] 支气管炎

lung cancer 肺癌

chest cancer 胸癌

throat cancer 喉癌

以上几个词都是医学术语,但在讲到吸烟造成的危害时,用上这些词,使文章显得生动、具体。

2. associate... with... : 与……联合
3. vaporized chemicals 蒸发的化学物质
4. minute 读作[mai'nju:t]adj. 微小的, 细微的
minute particles of ash 微小的烟尘颗粒
5. tar: 焦油(被认为是香烟中对人体危害最严重的物质。)

nicotine: 尼古丁
6. As the smoke is breathed in,... 也可以写成 As the smoke is taken in,...
7. conduct campaigns: 发起运动。与 campaign 搭配的动词还有: wage a campaign, launch a campaign, 等
8. impose 加(负担, 惩罚)于……

ban 禁止

boost 提高(物价)

译文

吸烟和癌症

吸烟对人们的健康有害。吸烟不但污染空气, 给他人带来痛苦, 譬如给孩子及不吸烟者带来痛苦, 而且还引起支气管炎、肺癌、胸癌和喉癌。

吸烟与癌有关。烟是一种混合物, 其中有气体蒸发的化学物质、微细的烟尘颗粒和一些固态物质。烟里有焦油和尼古丁, 这两种东西毒性很大。烟吸入肺里, 所有这些成分沉积在肺部的粘膜上。集中的一点就在支气管分叉处。大多数癌症就是由此处开始的。

世界各国政府应发起一场禁烟运动。首先,应采取立法措施。第二,严格限制刊登香烟广告。第三,禁止在某些公共场所吸烟,譬如,不许在剧场、影院、候机厅和候车室吸烟。这样,我们会使那些吸烟者对他们的坏习惯逐渐感到不舒服。最后一点是,应当提高香烟价格。

3. Smoking (1)

1. 吸烟对健康有害。
2. 改变吸烟的习惯并不容易。
3. 为了保护非吸烟者不受其害,应当采取措施减少吸烟的机会。

Smoking is harmful to health. Medical science has now proved that smoking can cause lung cancer and other diseases such as emphysema. Your chances of having a heart attack also increase the more you smoke. Smoking is definitely a health hazard.

Getting rid of the smoking habit is not easy. Many inveterate smokers are never able to quit completely. Those who try to quit often experience depression, severe headaches, and sometimes get a lot of weight as they turn to food as a substitute.

In order to protect non-smokers from being affected, measures must be taken to reduce the chances of smoking. Children must be warned about the dangers of smoking. Cigarette companies should not be allowed to advertise on

TV or radio, or in newspapers and magazines. Remove cigarette vending machines. Raise cigarette prices by adding higher tobacco taxes and use the money for antismoking campaigns.

Useful Expressions

1. emphysema 肺气肿
2. ... get rid of the smoking habit is not easy,改变吸烟的习惯并不容易,
3. get a lot of weight 增加体重
还可说成: gain weight 或 put on weight。
“减少体重”可以说成: lose weight 或 reduce weight。
4. cigarette vending machines 自动售烟机

译文

吸 烟 (1)

吸烟对健康有害。医学已经证明吸烟能引起肺癌和其它疾病,如肺气肿。吸烟越多,得心脏病的机会也会增加。无疑吸烟对健康有害。

改变吸烟的习惯并不容易。许多烟瘾大的人没有能力彻底戒烟。想戒烟的人常常感到意气消沉,头疼的厉害,有时还会增加体重,因为他们把食物作为代用品。

为了保护非吸烟者不受其害,应当采取措施减少吸烟的机会。应当告诫儿童不要吸烟。不允许烟草公司在电视上、电

台上、报纸和杂志上刊登香烟广告。清除那些自动售烟机。增加烟草税收以提高香烟价格,并且把这些钱投入戒烟运动中。

4. Smoking (2)

1. 众所周知吸烟有害健康。
2. 许多国家的政府已采取措施减少香烟消费。
3. 但是没有任何国家禁止香烟销售。

It is known to everyone that smoking is harmful to our health. Research conducted in many countries has indicated that smoking causes lung cancer, heart disease and various respiratory illnesses.

Responding to overwhelming medical evidence of the harmful effects of smoking, many governments have taken actions to reduce tobacco consumption. Some have imposed heavy taxes on tobacco products, others have conducted anti-smoking campaigns. In theatres, cinemas and some public places nonsmoking is often demanded by authorities.

However, none of the governments have even considered prohibiting the sale of tobacco. This is due partly to the political power of the big tobacco companies and partly to the fact that so many people, particularly in influential position in society, are habitual smokers. Tobacco farmers and workers are also strongly opposed to legislation. In fact, smoking is not only a matter of habit but also a matter of profits.