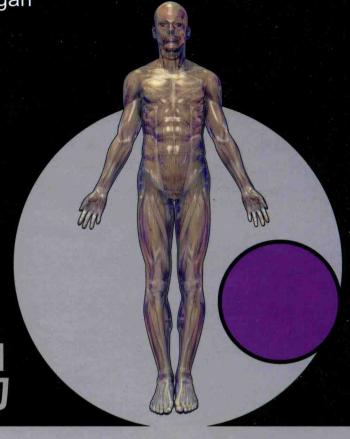
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Volume Four

总主编 Peter C. Neligan 总主译 范巨峰



麦卡锡

整形外科学

(第3版)

第四分卷 下肢、躯干与烧伤

分卷主编 David H. Song

分卷主译 范巨峰 沈余明

杨蓉娅

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郝立君

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麦卡锡整形外科学

Plastic Surgery Lower Extremity, Trunk and Burns

第 3 版

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David H. Song

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总主译



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主任,教授,主任医师,首都医科大学研究生导师。 从事整形外科工作 20 年,主要擅长注射美容、乳房 美容整形、眼美容整形、鼻美容整形、瘢痕治疗等。

作为课题负责人和课题组主要成员主持和参加了国家自然基金项目,卫生部临床重点学科项目,北京市215工程高层次人才项目,北京市科技新星计划,北京市优秀人才计划,首都医学发展基金,北京市"十百千"卫生人才"百"级项目。2006年获得北京市科学技术奖三等奖。发表 SCI 论文和国内核心期刊论文 40 余篇。

现任亚洲面部整形外科医师协会中国区主任,美国整形外科医师协会会员,中国整形美容协会脂肪医学分会副会长,中国整形美容协会互联网与信息分会副会长,中国整形美容协会互联网与信息分会副会长,中国整形美容协会抗衰老分会常务理事兼副秘书长,中华医学会医学美学与美容分会全国委员,中国医师协会整形美容外科分会全国常委,中国医师协会美容与整形医师分会脂肪整形亚专业委员会常务委员,中国医师协会美容与整形医师分会乳房亚专业委员会执行委员。中国中西医结合学会医学美容专业委员会全国常委、注射美容专家委员会主任委员,国家卫生计生委国家医学考试中心医疗美容主诊医师水平测试试题开发专家委员会美容外科组副组长。

中文版序



1818 年 von Graefe 在其所著的 Rhinoplastik 一书中第一次使用了"plastic"一词,从此整形外科作为一门新兴学科正式跻身至临床医学的行列。随着社会的发展及人们整体生活水平的不断提高,整形外科经历了重建外科→整形外科→美容外科,这一相互交叉、独立、创新的发展历程。

整形美容外科市场前景广阔、效益可观,但迅速发展的同时,也带来了一些负面效应:部分医生只关注实用性和操作性,忽略了解剖及基础理论的学习。随之而来的是,近年出版的一些整形外科书籍,为了附和一些读者的需求,片面强调实际操作和实用性,忽略了基本理论知识。这对成长中的整形外科医生的教育和培养十分不利。因为一个不了解解剖,不知道基本整形外科原则、原理的整形外科医生,就像是无源之水、无本之木,不但自身发展严重受限,而且一旦遇到较为复杂或特殊的病例,常常难以应对,导致手术失败,甚至产生严重的并发症。因此,医生基本功不扎实正是目前整形外科领域手术失误、并发症较多的重要原因之一。

我们很欣慰地看到 Dr. Neligan 主编的第 3 版 Plastic Surgery 体现了对解剖、基本原则、基本理论的重视,延续了前几版根据解剖部位划分章节的排版方式。这本书对每个部位首先着重讲解基础解剖,再根据不同创伤或疾病类型介绍具体的外科手术原则、理论和技术,不仅有助于读者在充分了解每一部位解剖的基础上,更好地理解手术原则及方法,还可融会贯通,更有助于年轻医生学习提高。

本分卷详细讲解了下肢的解剖和手术原则,并基于该部位创伤、缺损的类型,介绍了目前比较常用的皮瓣修复方法和技巧。下肢有很多经典皮瓣,掌握这些皮瓣的设计原则、适用的修复范围以及皮瓣获取、转移的重要手术技术,对于打下扎实的整形外科手术基础至关重要。

本卷还着重介绍了会阴的修复重建。会阴手术被不少整形外科医生视为技术短板及并发症易发生的部位,其原因在于理解会阴部的解剖常需要有很强的三维立体理解能力。本书通过大量的示意图及手术照片,细致地讲解了会阴部的解剖、手术原理、原则和具体的手术技巧、方法,形象逼真,十分易于理解。

烧伤整形是本卷的另一重要内容。事实上,在 整形外科发展的初期,烧伤外科和整形外科是共同 发展的,我国1985年创刊的《中华整形烧伤外科杂志》同时涵盖了整形外科和烧伤外科两方面内容,直到2000年才分刊为《中华整形外科杂志》和《中华烧伤杂志》,可见烧伤与整形的关系源远流长。值得一提的是, Dr. Mathes 主编的第2版 Plastic Surgery中并未单独涉及烧伤整形的内容,而 Dr. Neligan 在其主编的第3版 Plastic Surgery中,对章节内容进行了重新编排,在本卷中重新增补了"烧伤"部分,进一步拓展和完善了整形外科的涵盖范畴。本卷重点介绍了烧伤、电击伤、冻伤、化学烧伤等损伤的处理原则和治疗方法,为从事本领域的读者提供了重要的理论基础及临床指导。

对于致力于在整形外科、美容外科、烧伤外科有 所建树的年轻医生,切忌过早地专注于单一领域或 单一手术操作,而忽略了学科整体基础理论和基本 技术的学习。例如整形外科中的多种皮瓣也常被烧 伤外科医生应用于组织缺损修复和功能重建,烧伤 外科中的修复原则和技术同样可以指导整形外科医 生更好的处理创面。充分掌握整形外科、烧伤外科 的基本理论和手术基础对于更加安全地开展美容外 科手术、处理并发症或进行手术创新都大有裨益。

我有幸能够为这本《下肢、躯干与烧伤分卷》的中文译本作序,十分感谢译者及审校团队为此书所付出的努力和贡献,使国内广大整形外科医生能够更及时、更全面地了解和掌握国际先进的治疗理念和方法技术。本书强调:称职的整形外科医生不能只注重临床操作,更应该是一个全方位发展、有扎实理论基础的医者。范巨峰教授及其团队在其已出版的部分分卷中所表现出的严谨认真的工作态度,在浮躁中抓住根本,使我们对本书的高质量出版充满信心。我真诚地期盼这一经典著作能够尽早地奉献给国内广大读者。

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中国人民解放军第三军医大学西南整形 美容外科医院 院长 中华医学会医学美学与美容学分会 主任委员 中国医师协会美容与整形医师分会 前任会长 泛亚洲太平洋地区面部整形与重建外科学 (PPAFPRS) 常务理事兼中国区主席

2016年3月

译者前言

第一次见到 McCarthy 主编的这套 Plastic Surgery,是将近 20 年前在中国医学科学院整形外科医院的图书馆里。当时我在读研究生,同时看到的还有 Converse 主编的 Reconstructive Plastic Surgery。不论当时,还是今天,这套丛书都成为遇到问题和争论时,用来追根溯源,引经据典的神圣之书。

正如 McCarthy 原书序中所述,整形外科的历史已有两千多年。经典教科书将重要知识进行总结,是我们这个学科发展、传承的重要纽带。其中与本书有关的世界整形外科巨著发展历史如下:

1818年, Von Graefe 在 Rhinoplastik 中第一次使用了"plastic"一词;

1838 年,Zeis 编写的 Handbuch der Plastischen Chirurgie 使人们对现代整形外科学有了更广泛的认识;

1919 年, Davis 编写的 Plastic Surgery: Its Principles and Practice 首次总结、界定这门新兴学科,强调"从头顶到足底";

1920年, Gillies 编写的 Plastic Surgery of the face 重点概括了第一次世界大战中他在面部整形修复领域所取得的卓有成效的和开拓性的经验;

1939 年, Fomon 编写的 The Surgery of Injury and Plastic Repair 综述了当时所有的整形外科技术,被用作二战时期军事外科医生的手册;

1949年, Kazanjian 和 Converse 编写的 The Surgical Treatment of Facial Injuries 集合了前人及自身的外科经验;

1964年,纽约大学(NYU)整形外科的第一任主任 John Converse(1909—1981)第一次主编了 Reconstructive Plastic Surgery(共五卷);

1977年, John Converse 主编了第 2版 Reconstructive Plastic Surgery(共七卷);

1990 年,纽约大学整形外科的 Joseph G. McCarthy 主编了第 1 版 *Plastic Surgery*(共八卷);

2006年,加州大学旧金山分校(UCSF)整形外科主任 Stephen J. Mathes 主编了第 2版 Plastic Surgery(共八卷);

2013 年,华盛顿大学整形外科的 Peter C. Neligan 主编了第 3 版 *Plastic Surgery*(共六卷,合并了部分卷册,增加了美容外科卷和乳房卷);

从本套丛书的演变也可以看出世界整形外科的

变化趋势,再造重建外科为主——整形外科——美容外科的兴起。

第一次见到 Dr. McCarthy 本人的时候,是 2006 年我在纽约大学整形外科做访问学者的时候。在那 里遇到了很多来自英国、法国、德国、中东的访问学 者,其中不乏大牌专家,还有一些国家的整形外科主 席,他们都是冲着 Dr. McCarthy 来的,这才知道原来 Plastic Surgery 的影响力这么大,在美国、欧洲、亚洲 的许多国家都是最经典最权威的教材,被誉为"世界 整形外科的圣经"。在我从美国留学归国前,我的老 师 Linton A. Whitaker 把宾夕法尼亚大学附属医院整 形外科图书馆收藏的第 1 版 Plastic Surgery 送给了 我,我视为珍宝带回国。

第一次有冲动想将这部巨著译成中文的时候,是 2013 年,人民卫生出版社的一位朋友鼓励我为整形界做点实事,我在首都医科大学担任 5 年制和 7 年制医学英语教学工作,所以翻译英文书对我来说是可以做到的。运气非常好,和 Elsevier 出版社一联系,得知 *Plastic Surgery* 第 3 版在 2013 年刚好出版,Elsevier 出版社和人民卫生出版社都非常支持我的工作,因此这件事就一拍即合了。

这套经典丛书虽好,但是英文阅读水平要求较高,往往令人望而却步,国内真正做到通读原版全书的医生为数不多。虽然很多教材的原型和出处都是本书,但是若能直接读到原著的译本,对学习整形外科专业的学生和从事整形外科专业的工作人员来说,将是多大的幸事啊!

但是翻译本书,不仅需要较高的医学英语水平,还需要对整形外科有非常充分的知识储备。我和我的团队的水平非常有限,只能靠勤奋、认真和多方请教来加以弥补,同时邀请本卷相关专业的专家参与翻译与校对,完成了本套丛书的《下肢、躯干与烧伤卷》的翻译工作,恳请大家批评指正!

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原版序

从许多方面来说,教科书通常会定义特定的学 科,对于现代整形外科学的发展,尤其如此。该学科 因 1838 年出版的由 Zeis 撰写的 Handbuch der Plastischen Chirurgie 一书而得到广泛认识,但值得注意 的是1818年 Von Graefe 在其发表的专著 Rhinoplastik 中第一次使用了"plastic"一词。在 19 世纪与 20 世纪之交之际, Nélaton 和 Ombredanne 编译了 19 世 纪文化氛围下的大量著作,并且,在巴黎分别于 1904年和1907年出版了两册教科书。Vilray Blair 所著的 Surgery and Disease of the Jaw 曾作为一本重 要教材在跨大西洋地区出版发行,虽该书只涉及到 人体的特定解剖部位,但并不妨碍其成为第一次世 界大战中军事外科医生们的重要手册。Gillies 于 1920 年出版的经典著作 Plastic Surgery of the face 同 样只涉及到某个特定的解剖部位,该书重点概括了 第一次世界大战中他在面部整形修复领域所取得的 卓有成效的和开拓性的经验。Davis 的 1919 年版教 科书 Plastic Surgery: Its Principles and Practice 或许是 首次总结并界定这门新兴学科,书中特别强调整形 外科涉及的解剖范围是"从头顶到足底"。1939年 Fomon 的 The Surgery of Injury and Plastic Repair 综述 了当时所有的整形外科技术,同时也被用作二战时 期军事外科医生的手册。1949 年 Kazanjian 和 Converse 所著的 The Surgical Treatment of Facial Injuries 总结了前者作为整形外科医生毕生之经验和后者在 二战时期所取得的外科经验。Padgett 和 Stephenson 集大成之作 Plastic and Reconstructive Surgery 于 1948 年出版,该书效仿了1919年 David 主编的教科书。

现在由 Neligan 主编的这套教科书则是以 1964

年 Converse 的五册本 Reconstructive Plastic Surgery 为 开端,不同于1949年与 Kazanjian 的合著本,编著该 系列从书时, Converse 全面审视了从 20 世纪中期就 存在的整形外科。书中章节致力于介绍相关部位的 解剖,并突出相关学科的作用,如麻醉学和放射学 等。一经出版,这本书迅速成为了整形外科的权威 巨作。1977年第2版发行,当时我作为助理参与编 写。由于专业发展的突飞猛进,第2版从五册增加 到七册(共3970页)。之后我负责主编了1990年 版,该版已经增加至八册,共5556页,其中,手部章 节由 J. William Littler 和 James W. May 编写。此次 编写中,我把本书的名字从 Reconstructive Plastic Surgery 改成了 Plastic Surgery, 因为我觉得这两个名称 没有本质区别。对于一位唇裂儿的母亲来说,手术 是"美容"性质的,但面部提升过程是属于重建范畴 的,因为涉及多层次的面部软组织整复。后来 Steve Mathes 主编了已经发展到八册的 2006 年版。他更 改了部分版式,其中手部章节改由 V. R Hentz 编写。 此时,该教科书总页数已经多达7000多页。

为了成就里程碑式的宏观巨著,广大编辑和参与者呕心沥血。本套教材继续界定了整形外科专业特征。更重要的是,它保证了新一代整形外科医生都能够轻而易举地获取现有知识。进一步讲,在将来他们不仅是这些医学知识的"使用者",而且是更多医学知识的"创造者"。从 Kudos 到 Peter Neligan,他们和他们的同事将不遗余力的为历经两千年锤炼的整形外科编写新的篇章。

Joseph G. McCarthy, MD



原版前言

我一直对教科书情有独钟。当我开始临床训练时,经人推荐我拜读了 Converse 的 Reconstructive Plastic Surgery(第2版)。这本书中字里行间所透露的专业知识的宽度和精度令我深深折服。作为一名年轻的整形外科实习医生,我买了由 Dr. Joseph Mc-Cathy 编辑的 Plastic Surgery(第1版),这本书对经常翻阅参考资料的我来说是一份无价之宝。我很荣幸地被邀请参与到 Dr. Stephen Mathes 主编的第2版中某一个章节工作中,但我从来没有想到有一天会获得编写本书下一版的机会。本书是整形外科专业具有指导意义的教科书,所以我倍感使命神圣。与上一版相比本书具有重大改变,反映出了专业知识的变化、呈现模式的改进和教科书使用方式的改变。

再版之初,我认真通读了本书的所有以前版本, 伏案沉思可能出现的主要变化。这本经典巨著不可 避免的会出现章节内容的重复和交叉。因此,接手 的首要工作是甄别重复和交叉的内容部分,并做必 要的删减。这便允许我可以压缩素材,其相关内容 亦随之改变,这样我能够将本套丛书数量从八册精 简到六册。阅读本教科书,让我有了更深层次的认 识,如同我第一次接触时,我就被本书内容的专业性 和涉猎范围的广泛所震撼,而30年以来这种感觉越来越强烈。基于此,我很快意识到想要保证此庞大工程的高标准要求,单靠个人力量是无法实现的。解决方法是为每个主要领域增加章节编辑。Drs. Gurtner、Warren、Rodriguez、Losee、Song、Grotting、Chang和Van Beek都做了出色的工作,从此意义上讲,本书不愧是一部团队杰作。

出版业正处在发展的十字路口,信息的传播变得更快、更便捷和更灵活。本次修订中,我们尝试反映这种变化。表现出的第一个大的变化就是采用彩色印刷,所有插图都被重画,且绝大部分患者照片为彩色图片。为使我们最大程度的利用参考文献,所有参考目录都超链接到 PubMed,专家问卷覆盖到了所有卷册。

本版书与前版显著不同,它反映了通讯交流方式的时代变革。然而,如果它能够像其前期版本一样能很好的呈现本专业现有的专业知识水平,这将是我最满意的。

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Volume 6, Chapter 1 Anatomy and biomechanics of the hand

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Volume 3, Chapter 15 Tumors of the facial skeleton: Fibrous dysplasia

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Volume 2, Video 10.01 Eyelidplasty nonincisional method

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Volume 6, Chapter 3 Diagnostic imaging of the hand and wrist

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Volume 6, Chapter 36 Brachial plexus injuriesadult and pediatric

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Volume 6, Chapter 32 Peripheral nerve injuries of the upper extremity

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Volume 2, Chapter 11.3 Facelift: Platysma-SMAS plication

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Volume 5, Chapter 1 Anatomy for plastic surgery of the breast

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Volume 4, Chapter 6 Diagnosis and treatment of painful neuroma and of nerve compression in the lower extremity

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Volume 1, Chapter 36 Robotics, simulation, and telemedicine in plastic surgery

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Volume 6, Video 34.01 EIP to EPL tendon
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Volume 3, Video 23.02 Unilateral cleft lip repair – anatomic subumit approximation technique

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Volume 4, Chapter 4 Lower extremity sarcoma reconstruction

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