

5 STEPS TO A

5

AP 美国历史

5分制胜

U.S. History

Get your highest score with

- A unique 5-step study plan
- Sample tests modeled on real AP exams
- Hundreds of tips and strategies



西安交通大学出版社
XI'AN JIAOTONG UNIVERSITY PRESS

AP 美国历史

5分制胜

U.S. History

• Stephen Armstrong 编著



西安交通大学出版社
XI'AN JIAOTONG UNIVERSITY PRESS

图书在版编目(CIP)数据

AP 美国历史 5 分制胜 = 5 steps to a 5: AP U. S. history: 英文 / (美)阿姆斯特朗(Armstrong, S.)编
著. —西安: 西安交通大学出版社, 2013 (2013. 10 重印)
ISBN 978-7-5605-5249-1

I. ①A… II. ①阿… III. ①美国—历史—高等学校
—入学考试—美国—自学参考资料—英文 IV. ①K712

中国版本图书馆 CIP 数据核字(2013)第 092726 号

版权登记: 陕版出图字 25—2013—108 号

Stephen Armstrong

5 STEPS TO A 5: AP U. S. History

ISBN: 978-0-07-175213-8

Copyright © 2011, 2010, 2007, 2002 by The McGraw-Hill Companies, Inc.

All Rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including without limitation photocopying, recording, taping, or any database, information or retrieval system, without the prior written permission of the publisher.

This authorized Bilingual edition is jointly published by McGraw-Hill Education (Asia) and Xi'an Jiaotong University Press. This edition is authorized for sale in the People's Republic of China only, excluding Hong Kong, Macao SAR and Taiwan.

Copyright © 2012 by The McGraw-Hill Education (Singapore) Pte. Ltd. and Xi'an Jiaotong University Press.

版权所有。未经出版人事先书面许可, 对本出版物的任何部分不得以任何方式或途径复制或传播, 包括但不限于复印、录制、录音, 或通过任何数据库、信息或可检索的系统。

本授权双语版由麦格劳-希尔(亚洲)教育出版公司和西安交通大学出版社合作出版。此版本经授权仅限在中华人民共和国境内(不包括香港特别行政区、澳门特别行政区和台湾)销售。

版权 © 2012 由麦格劳-希尔(亚洲)教育出版公司与西安交通大学出版社所有。

本书封面贴有 McGraw-Hill Education 公司防伪标签, 无标签者不得销售。

陕西省版权局著作权合同登记号: 25—2013—108

书 名	AP 美国历史 5 分制胜
编 著	(美)Stephen Armstrong
责任编辑	黄科丰 张 茜
封面设计	大愚设计
出版发行	西安交通大学出版社
地 址	西安市兴庆南路 10 号(邮编: 710049)
电 话	(010)62605588 62605019(发行部) (029)82668315(总编室)
读者信箱	bj62605588@163.com
印 刷	北京海石通印刷有限公司
字 数	536 千
开 本	880×1230 1/16
印 张	27
版 次	2013 年 10 月第 1 版第 2 次印刷
书 号	ISBN 978-7-5605-5249-1/K·81
定 价	75.00 元

版权所有 侵权必究

如有缺页、倒页、脱页等印装质量问题, 请拨打服务热线: 010—62605166。

前言

AP项目（Advanced Placement Program）始于1955年，由美国大学理事会（the College Board）主持，是在高中阶段开设的具有大学水平的课程，即大学预修课程。AP项目目前设有34门课程和考试，它可以使有余力、有能力、成绩优秀的高中生有机会先修部分美国大学基础课程以获得大学学分，因此吸引了很多成绩优秀的学生选修。目前，已有60多个国家的几千所大学把AP学分作为其入学参考标准，其中包括哈佛大学、耶鲁大学、牛津大学、剑桥大学等世界知名大学。

美国每年约有200万高中毕业生，他们都要参加美国高考SAT和AP课程的考试。美国高中生会在11年级时完成SAT考试，在12年级（高中最后一年）完成两件大事：第一，根据SAT的考试成绩申请大学和奖学金；第二，选修AP课程，并进行备考。在高中选修AP课程和通过AP考试不仅是对学生能力和学业水平的证明，还可以使学生：1. 在申请大学时具有很大的优势。美国大学把学生在AP考试中的表现作为衡量其是否能够胜任大学学习的依据。从美国大学录取顾问委员会公布的影响大学录取因素的比较分析可以看出，AP成绩以80.3%的影响力位居第一，因为它向学校充分展示了学生的才智、专长及学习能力。2. 进入大学后，可以获得大学学分，免修同类课程，提早选修更高级的课程或跳级。3. 提前毕业。4. 节省大学学费。在美国，初等教育是免费的，但高等教育是收费的。选修的AP课程越多，免修的大学课程也就越多，节省的学费也就越多。另外，对中国学生而言，除了可以获得美国大学学分、省时省钱外，还可以在国内提前适应美国大学课程。

AP考试成绩的评定为5分制，满分5分表示极为优秀，4分为优秀，3分相当于合格，即可为大多数学校所接受，2分为可能有资格，1分则不予推荐。AP考试在每年5月份举行一次，为期两周。每门课程的考试时间约为2~3个小时，考试费用为每科1000元人民币或1400元港币左右。

更多信息可查询以下网站：

AP考试官网：<http://www.collegeboard.com>

AP国内报名网站：<http://apchina.net.cn>

香港考务局报名网址：<https://www2.hkeaa.edu.hk>

为满足国内考生对AP考试资料日益增长的需求，我们从美国知名教育出版公司McGraw-Hill Education引进了本系列AP考试丛书，共包括7本，分别为《AP微观/宏观经济学5分制胜》、《AP统计学5分制胜》、《AP微积分5分制胜》、《AP美国历史5分制胜》、《AP物理5分制胜》、《AP生物5分制胜》和《AP化学5分制胜》。AP各学科分册由AP考试相关领域专家编写，精准把握考试命题特点，设计“五步”高效学习方案，总结与考试相关的学科内容和要点，精选针对性练习以及全真模拟试题，并配以答案和准确详尽的解析。本系列丛书适用于备考AP的所有考生，便于考生巩固所学，紧抓重点，取得高分。

本书为其中的《AP美国历史5分制胜》。这本学习指南可以帮助考生全面复习AP美国历史的考查内容，掌握各种考试技能和备考策略。书中第1章对AP美国历史的考试特点进行了概述。第2章为考生提供了三种备考方案及其时间安排，其中最好的方案是利用一学年的时间进行备考，而对于那些无法做到的考生，还有另外两个替代方案。尤其要说明的是，许多考生发现学习小组对准备AP考试大有益处，在AP考试中表现优异的考生往往在学年之初就成立学习小组了。

书中第3章是一套预测题，考生在开始复习AP美国历史前，可以先完成这些题目，评估一下自己的现有水平，有助于在之后的复习中查漏补缺，有针对性地学习。第4章为每个考试题型提出了一些有效的应试策略，让复习更有技巧性。从第5章到第29章是对整个美国历史的脉络性概述，涵盖了AP考试中的几乎所有考查内容。本书最后还提供了两套完整的全真模拟试题，可以帮助考生检测复习效果，并体验真实的考试场景。

本书还有一些有利于考生学习的细节设置，如每章前面有复习指南，简单概括本章内容和关键词；每章末尾都有本章中主要概念的列表和历史事件的时间轴，还有关于本章内容的练习题目。此外，本书的末尾有一个非常全面的词汇表，全书中所有的粗体字都可以在词汇表中找到，这为考生提供了一个很好的词汇复习工具。

希望这本书可以帮助各位考生实现“满分5分”的目标。满分就在那里，等待你去斩获！

INTRODUCTION: THE 5-STEP PROGRAM

The Basics

This guide provides you with the specific format of the AP U.S. History exam, two sample AP U.S. History tests, and a comprehensive review of major events and themes in U.S. history. After each review chapter, you will find a time line and several sample questions that might appear on the AP test.

Reading this guide is a great start to getting the grade you want on the AP U.S. History test, but it is important to read on your own as well. Several groups of students who have all gotten a 5 on the test maintain that the key to success is to *read* as much as you possibly can on U.S. history.

Reading this guide will not guarantee you a 5 when you take the U.S. History exam in May. However, by carefully reviewing the format of the exam and the test-taking strategies provided for each section, you will definitely be on your way! The review section that outlines the major developments of U.S. history should augment what you have learned from your regular U.S. history textbook. This book won't "give" you a 5, but it can certainly point you firmly in that direction.

Organization of the Book

This guide conducts you through the five steps necessary to prepare yourself for success on the exam. These steps will provide you with many skills and strategies vital to the exam and the practice that will lead you toward the perfect 5.

In this introductory chapter we will explain the basic five-step plan, which is the focus of this entire book. The material in Chapter 1 will give you information you need to know about the AP U.S. History exam. In Chapter 2 three different approaches will be presented to prepare for the actual exam; study them all and then pick the one that works best for you. Chapter 3 contains a practice AP U.S. History exam; this is an opportunity to experience what the test is like and to have a better idea of your strengths and weaknesses as you prepare for the actual exam. Chapter 4 contains a number of tips and suggestions about the different types of questions that appear on the actual exam. We will discuss ways to approach the multiple-choice questions, the free-response essays, and the document-based essays (DBQs). Almost all students note that knowing how to approach each type of question is crucial.

For some of you, the most important part of this manual will be found in Chapters 5–29, which contain a review of United States history from the European exploration of the Americas to the election of Barak Obama in 2008. Undoubtedly, you have studied much of the material included in these chapters. However, these review chapters can help highlight certain important material that you may have missed or forgotten from your AP History class. At the end of each chapter you will also find a time line of important events discussed in the chapter and sample multiple-choice questions.

After these review chapters you will find two complete practice exams, including both multiple-choice questions and essays. Correct answers and explanations for these answers are also included. Take one of the exams and evaluate your success; review any material that you had trouble with. Then take the second exam and use the results to guide your additional study. At the back of the manual is a glossary that defines all of the **boldface** words found in the review chapters. Use this to find the meaning of a specific term you might be unfamiliar with; some students find reviewing the entire glossary a useful method of reviewing for the actual exam.

The Five-Step Program

Step 1: Set Up Your Study Program

In Step 1, you will read a brief overview of the AP U.S. History exam, including an outline of the topics that might be covered on the test itself. You will also follow a process to help determine which of the following preparation programs is right for you:

- Full school year: September through May.
- One semester: January through May.
- Six weeks: Basic Training for the Exam.

Step 2: Determine Your Test Readiness

Step 2 provides you with a diagnostic exam to assess your current level of understanding. This exam will let you know about your current level of preparedness and on which areas and periods you should focus your study.

- Take the diagnostic exam slowly and analyze each question. Do not worry about how many questions you get right. Hopefully the exam will boost your confidence.
- Review the answers and explanations following the exam, so that you see what you do and do not yet fully know and understand.

Step 3: Develop Strategies for Success

Step 3 provides strategies and techniques that will help you do your best on the exam. These strategies cover both the multiple-choice and the two different essay parts of the test. These tips come from discussions with both A.P. U.S. History students and teachers. In this section you will:

- Learn how to read and analyze multiple-choice questions.
- Learn how to answer multiple-choice questions, including whether or not to guess.
- Learn how to plan and write both types of essay questions.

Step 4: Review the Knowledge You Need to Score High

Step 4 makes up the majority of this book. In this step you will review the important names, dates, and themes of American history. Obviously, not all of the material included in this book will be on the AP exam. However, this book is a good overview of the content studied in a “typical” AP U.S. History course. Some of you are presently taking AP courses that cover more material than is included in this book; some of you are in courses that cover less. Nevertheless, thoroughly reviewing the material in the content section of this book will significantly increase your chance of scoring well.

Step 5: Build Your Test-Taking Confidence

In Step 5, you will complete your preparation by taking two complete practice exams and examining your results on them. It should be noted that the practice exams included in this book do not include questions taken from actual exams; however, these practice exams do include questions that are very similar to the “real thing.”

The Graphics Used in This Book

To emphasize particular skills and strategies, we use several icons throughout this book. An icon in the margin will alert you that you should pay particular attention to the accompanying text. We use three icons:



The first icon points out a very important concept or fact that you should not pass over.



The second icon calls your attention to a problem-solving strategy that you may want to try.



The third icon indicates a tip that you might find useful.

Boldfaced words indicate terms that are included in the glossary at the end of the book. Boldface is also used to indicate the answer to a sample problem discussed in the test. Throughout the book you will find marginal notes, boxes, and starred areas. Pay close attention to these areas because they can provide tips, hints, strategies, and further explanations to help you reach your full potential.

ABOUT THE AUTHOR

Stephen Armstrong is an AP History teacher; the supervisor of social studies at Hall High school and two middle schools in West Hartford, Connecticut; and an adjunct professor of history at Central State University.

CONTENTS

STEP 1 Set Up Your Study Program

- Chapter 1 What You Need to Know About the AP U.S. History Exam 3
 - Background of the Advanced Placement Program 3
 - Questions Frequently Asked About the AP U.S. History Exam 5
- Chapter 2 How to Plan Your Time 8
 - Three Approaches to Preparing for the AP U.S. History Exam 8
 - Calendar for Each Plan 10

STEP 2 Determine Your Test Readiness

- Chapter 3 Take a Diagnostic Exam 17
 - How and When to Use the Diagnostic Exam 18
 - Conclusion (After the Exam) 18
 - Getting Started: The Diagnostic/Master Exam 20
 - Answers to Diagnostic/Master Exam 34

STEP 3 Develop Strategies for Success

- Chapter 4 How to Approach Each Question Type 51
 - Multiple-Choice Questions 52
 - Document-Based Essay Questions 54
 - Free-Response Essay Questions 54
 - Reading and Interpreting Primary Source Documents 55
 - Analyzing Primary Source Documents 56

STEP 4 Review the Knowledge You Need to Score High

- Chapter 5 The Settling of the Western Hemisphere and Colonial America (1450–1650) 61
 - Native Americans and European Exploration 62
 - The French in Canada 62
 - The English in the Americas 63
 - Effects of English, French, and British Settlement 65
 - Chapter Review 65
- Chapter 6 The British Empire in America: Growth and Conflict (1650–1750) 68
 - The Impact of Mercantilism 69
 - African Slavery in the Americas 70
 - Continued Unrest in New England 71
 - The Salem Witch Trials 71
 - Wars in Europe and Their Impact on the Colonies 71
 - The Growth of the Colonial Assemblies 72
 - The Era of “Salutary Neglect” 72

The Great Awakening	73
Chapter Review	73
Chapter 7 Resistance, Rebellion, and Revolution (1750–1775)	76
Problems on the Frontier	77
Additional Conflicts Between the British and Their Colonial “Allies”	77
The Policies of George Grenville	78
A Sense of Crisis: The Stamp Act	78
More Protest: The Townshend Acts	79
Continued Tension in Massachusetts	80
The Calm Before the Storm: 1770–1773	80
The Boston Tea Party	81
The Intolerable Acts	81
The First Continental Congress	81
Chapter Review	82
Chapter 8 The American Revolution and the New Nation (1775–1787)	84
The American Revolution	85
The Second Continental Congress	85
The Declaration of Independence	86
The Outbreak of the Revolution: Divisions in the Colonies	86
Strategies of the American Revolution	87
Washington as Commander	87
The War Moves to the South	88
The Treaty of Paris	89
The Establishment of Governmental Structures in the New Nation	89
The Articles of Confederation	89
The Northwest Ordinances	90
Shays’s Rebellion	90
Chapter Review	91
Chapter 9 The Establishment of New Political Systems (1787–1800)	93
Desire for a Stronger Central Government	94
Government Under the New Constitution	94
The Issue of Slavery	95
Ratification of the Constitution	95
The Presidency of George Washington	95
The Bill of Rights	96
Competing Visions: Alexander Hamilton and Thomas Jefferson	96
The French Revolution	97
Foreign Policy and Jay’s Treaty	98
Washington’s Farewell Address	98
The Presidency of John Adams	98
The Alien and Sedition Acts	99
Chapter Review	99
Chapter 10 The Jeffersonian Revolution (1800–1820)	102
The Election of 1800	103
Reform of the Courts	103
Westward Expansion	104

Political Tensions and the Strange Case of Aaron Burr	105
European Wars Spill Over to America (Again)	106
The War of 1812	106
The American System	107
The Missouri Compromise	108
Chapter Review	108
Chapter 11 The Rise of Manufacturing and the Age of Jackson (1820–1845)	111
The Growth of the Factory	112
The Monroe Doctrine	113
Policy Toward Native Americans	113
The Second Great Awakening	113
Political Reform: The Jacksonian Era (1829–1841)	114
The Election of 1824	115
The 1828 Presidential Election	115
Jackson as President	115
The Nullification Controversy	116
The Bank Crisis	116
The Whig Party: A Challenge to the Democratic-Republicans	117
Chapter Review	117
Chapter 12 The Union Expanded and Challenged (1835–1860)	120
The Ideology of Manifest Destiny	121
“Remember the Alamo!”	122
The Pivotal Election of 1844	122
War with Mexico	123
Political Challenges of the 1850s	124
Effects of the Compromise of 1850	125
The Presidency of Franklin Pierce	125
The Return of Sectional Conflict	126
“Bleeding Kansas”: Slave or Free?	126
The <i>Dred Scott</i> Decision	127
The Lincoln-Douglas Debates	127
John Brown’s Raid	127
The Presidential Election of 1860	128
Chapter Review	128
Chapter 13 The Union Divided: The Civil War (1861–1865)	131
Advantages of the North and South in the War	132
The Attack on Fort Sumter and the Beginning of the War	133
War Aims and Strategies	133
Developments in the South and in the North	135
The Emancipation Proclamation	136
1863: The War Tips to the North	136
War Weariness in the North and South	137
The End of the Confederacy	137
Chapter Review	137
Chapter 14 The Era of Reconstruction (1865–1877)	140
Lincoln’s Plans for Reconstruction	141
Andrew Johnson’s Plan for Reconstruction	142
The Reconstruction Programs of the Radical Republicans	143

A Period of Radical Reconstruction	143
The Impeachment of Andrew Johnson	144
Radical Reconstruction Reinforced	144
The End of Reconstruction	145
Chapter Review	145
Chapter 15 Western Expansion and Its Impact on the American Character (1860–1895)	148
Federal Legislation Encourages Western Settlement	149
Farming on the Great Plains	150
The Transformation of Agriculture on the Plains	150
Women and Minorities on the Plains	151
Mining and Lumbering in the West	151
Ranching in the West	152
The Plight of Native Americans	152
The Organization of the American Farmer and Populism	153
The Impact of the West on American Society	155
Chapter Review	156
Chapter 16 America Transformed into the Industrial Giant of the World (1870–1910)	158
The Growth of Industrial America	159
The Changing Nature of American Industry	160
The Consolidation of Businesses	161
The Growth of Labor Unions	162
An Improved Standard of Living?	163
The Impact of Immigration on American Society	164
The Transformation of the American City	165
Politics of the Gilded Age	166
Cultural Life in the Gilded Age	168
Chapter Review	168
Chapter 17 The Rise of American Imperialism (1890–1913)	172
A Period of Foreign Policy Inaction	173
A Sign of Things to Come: Hawaii	174
The 1890s: Reasons for American Imperialism	174
The Spanish-American War	175
The Role of America: Protector or Oppressor?	177
The Debate Over the Philippines	177
Connecting the Pacific and the Atlantic: The Panama Canal	178
The Roosevelt Corollary	178
Chapter Review	179
Chapter 18 The Progressive Era (1895–1914)	182
The Origins of Progressivism	183
The Goals of Progressives	184
Urban Reforms	184
The Progressives at the State Level	185
Women and Progressivism	185
Reforming the Workplace	186
The Square Deal of Theodore Roosevelt	186
Progressivism Under William Howard Taft	187

	The 1912 Presidential Election	188
	The Progressive Legacy of Woodrow Wilson	188
	Did Progressivism Succeed?	189
	Chapter Review	189
Chapter 19	The United States and World War I (1914–1921)	192
	The American Response to the Outbreak of War	193
	Increasing American Support for the Allied Powers	194
	America Moves Toward War	194
	America Enters the War	195
	The Impact of the American Expeditionary Force	195
	The Home Front During World War I	196
	Keeping America Patriotic	196
	Woodrow Wilson and the Treaty of Versailles	197
	The United States and the Middle East	198
	The Treaty of Versailles and the United States Senate	199
	The Consequences of American Actions After the War	199
	Chapter Review	199
Chapter 20	The Beginning of Modern America: The 1920s	202
	A Decade of Prosperity	203
	Republican Leadership in the 1920s	204
	The Presidency of Warren G. Harding	204
	The Scandals of the Harding Administration	205
	The Presidency of Calvin Coolidge	206
	The Election of 1928	206
	Urban vs. Rural: The Great Divide of the 1920s	207
	Culture in the 1920s	209
	The Jazz Age	209
	The Lost Generation	210
	Chapter Review	211
Chapter 21	The Great Depression and the New Deal (1929–1939)	214
	The American Economy of the 1920s: The Roots of the Great Depression	216
	The Stock Market Crash	217
	The Social Impact of the Great Depression	218
	The Hoover Administration and the Depression	218
	The 1932 Presidential Election	219
	The First Hundred Days	220
	The Second New Deal	221
	The Presidential Election of 1936	222
	Opponents of Franklin Roosevelt and the New Deal	223
	The Last Years of the New Deal	224
	The Effects of the New Deal	224
	New Deal Culture	225
	Chapter Review	225
Chapter 22	World War II (1933–1945)	228
	American Foreign Policy in the 1930s	229
	The United States and the Middle East in the Interwar Era	230
	The Presidential Election of 1940 and Its Aftermath	231
	The Attack on Pearl Harbor	231

America Enters the War	232
The Role of the Middle East in World War II	234
The War Against Japan	235
The Decision to Drop the Atomic Bomb	235
The Home Front During the War	236
Discrimination During the War	237
Chapter Review	238
Chapter 23 The Origins of the Cold War (1945–1960)	241
The First Cracks in the Alliance: 1945	243
The Iron Curtain	243
The Marshall Plan	244
Berlin: The First Cold War Crisis	245
1949: A Pivotal Year in the Cold War	245
The Middle East in the Early Years of the Cold War	246
The Cold War at Home	247
The Heating of the Cold War: Korea	249
The Rise of McCarthyism	249
The Cold War Policies of President Eisenhower	250
A Dangerous Arms Buildup	251
Chapter Review	252
Chapter 24 Prosperity and Anxiety: The 1950s	255
Economic Growth and Prosperity	256
Political Developments of the Postwar Era	257
Civil Rights Struggles of the Postwar Period	258
The Conformity of the Suburbs	259
Chapter Review	261
Chapter 25 America in an Era of Turmoil (1960–1975)	264
The 1960 Presidential Election	265
Domestic Policies Under Kennedy and Johnson	266
The Struggle of Black Americans: From Nonviolence to Black Power	267
The Rise of Feminism	269
The Cold War in the 1960s	270
The Vietnam War and Its Impact on American Society	270
Chapter Review	273
Chapter 26 Decline and Rebirth (1968–1988)	276
The Presidency of Richard Nixon	277
The Watergate Affair	279
The Presidency of Gerald Ford	281
The Presidency of Jimmy Carter	282
The Election of 1980	283
The Presidency of Ronald Reagan	283
Chapter Review	285
Chapter 27 Prosperity and a New World Order (1988–2000)	288
The 1988 Election	289
The Presidency of George Bush	289
The 1992 Election	290

The Presidency of Bill Clinton 291

The 2000 Presidential Election 293

Chapter Review 293

Chapter 28 The Threat of Terrorism, the Increase of Presidential Power, and Potential Economic Disasters (2001–2010) 296

9/11 and Its Aftermath 297

Events Leading Up to the American Invasion of Iraq 297

Operation Iraqi Freedom 298

The Effects of the War at Home 298

The Victory of Conservatism in the Bush Era 299

The United States in Transition: 2007–2008 301

The Obama Presidency 302

Chapter Review 303

Chapter 29 Contemporary America: Evaluating the “Big Themes” 306

STEP 5 Build Your Test-Taking Confidence

AP U.S. History Practice Exam 1 314

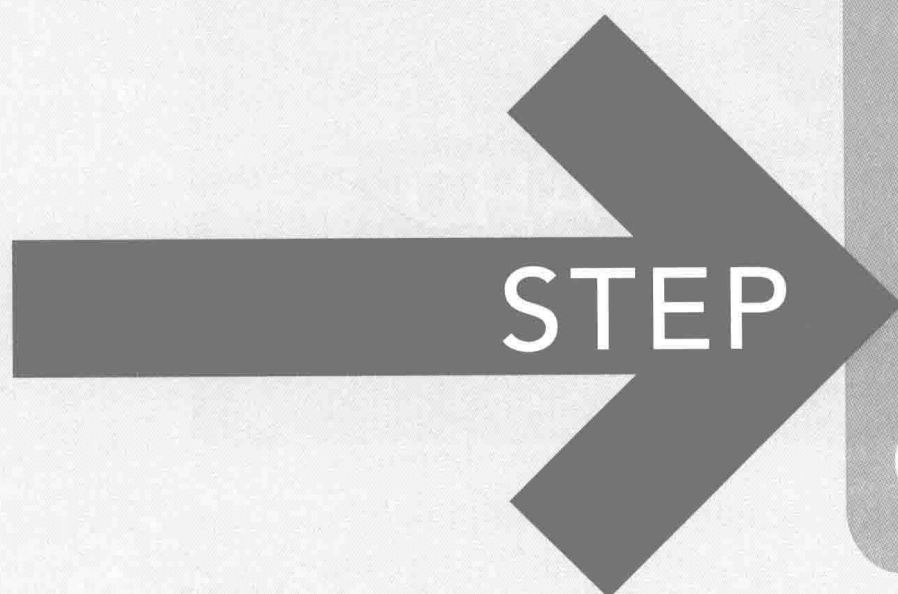
AP U.S. History Practice Exam 2 344

Appendixes 373

Glossary 375

Bibliography 411

Websites 413



Set Up Your Study Program

CHAPTER 1 What You Need to Know About the AP U.S. History Exam

CHAPTER 2 How to Plan Your Time