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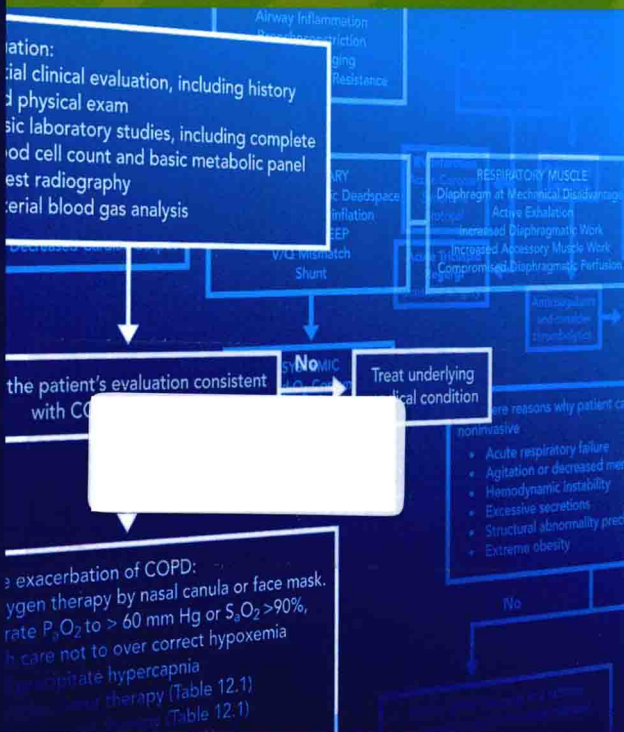
The Washington Manual of Critical Care

SECOND EDITION

华盛顿危重病医学手册

(第2版)

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中译本序

“华盛顿医学手册”系列,是美国圣路易斯华盛顿大学的一张名片。自1942年《华盛顿内科治疗手册》首版至今(已至第33版),已囊括数十种亚专科,并逐渐成为美国临床实习、住院及主治医师的标准参考书,具有很高的权威性。《华盛顿危重病手册》则是该系列中的一颗新星,目前为第2版,由该校国际知名危重病学家 Marin Kollef 教授主编。

从事危重急症诊疗的医师,应具备“知识博而广,诊断敏而全,治疗精而准,操作快而熟”。本书的内容编写及呈现形式,正符合上述要求。本书开本盈握,适于随身携带翻阅;体例简明,多采用流程图、示意图及表格等醒目易记的形式,类似于美国哈佛医学院阿图·葛文德所倡导的 checklist (清单),可供临床医师快速查阅,以帮助解决临床危重急症诊疗。该书内容详略得当,讲解透彻,采用提纲式结构,注重临床实用性,对临床危重急症的最新处理方法给予了权威指导。须知,危重病医学的发展日新月异,在液体治疗、通气支持、输血管理、营养支持等多方面均涌现出不断更新的临床证据,脓毒症、心肺复苏术等多项新指南与共识亦将出炉。这都将为危重病的临床诊疗提供新的动力,开创新的局面。在阅读本书时,我建议读者既兼收并蓄,又保持开放思维;既注重把握常见临床危重急症的诊疗策略并灵活运用,又坚持敏锐追踪领域内最新进展。

他山之石,可以攻玉。临床医师应结合我国危重病医学实际情况,充分发挥临床思辨思维,以不断提高临床诊疗水平,为改善危重急症的救治尽心竭力。在此,我郑重向那些对危重急症诊疗感兴趣的 ICU、麻醉及急诊医师推荐此书,也希望该书成为临床实习医师、各专科住院医师、基层医师及全科医师的参考书籍。

参与本书翻译的人员,均为我院临床一线医师。他们在临床麻醉与危重病诊疗中付出大量辛劳,但鉴于译者水平所限,谬译之处在所难免,敬请广大读者予以批评指正!

邓小明

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2015年7月30日于上海

前 言

《华盛顿危重病医学手册》(第 2 版)基于第 1 版修订,隶属于华盛顿医疗手册系列专著。本书旨在帮助临床医师系统全面掌握 ICU 常见疾病的处理要点,在内容编排上多采用流程图及表格等形式,便于临床医师查阅使用。每个章节后均附有相应扩展阅读文献,以帮助有余力的读者深入探讨相关专题。我们还对 ICU 的常见操作、常用公式及营养学、药理学等予以补充。所有章节均由圣路易斯华盛顿大学的临床专家编写。

本书旨在成为 ICU 医师临床案头参考专著。鉴于危重病医学是一门发展日新月异的学科,本书各章节图表、处理流程及数据可能随医学进展而变化,也可能无法完全应用于每家医院。我们强烈建议读者在临床诊疗时,不断阅读文献,更新专业知识,多与专家交流,以有益于危重病患者的诊疗。

我们特别感谢 Becky Light 女士在书稿准备、作者协调及与 Lippincott Williams & Wilkins 出版社联络中的积极作用。我们也感谢 Lippincott Williams & Wilkins 出版社所有工作人员,为此书的出版所付出的大量辛劳。

Marin H. Kollef 感谢他的家人的支持与付出;Warren Isakow 感谢他的妻子的支持与理解。

目 录

第1部分 休克管理

第1章 休克简介	(1)
第2章 低血容量性休克	(4)
第3章 严重脓毒症与脓毒性休克	(8)
第4章 心源性休克	(14)
第5章 过敏性休克	(23)
第6章 休克的机械性原因	(27)

第2部分 呼吸系统疾病

第7章 呼吸衰竭	(39)
第8章 呼吸机设置	(44)
第9章 上呼吸道梗阻	(50)
第10章 急性肺损伤与急性呼吸窘迫综合征	(57)
第11章 哮喘持续状态	(67)
第12章 慢性阻塞性肺疾病急性加重	(76)
第13章 睡眠呼吸障碍	(82)
第14章 肺动脉高压和右心衰竭	(87)
第15章 肺栓塞	(97)
第16章 胸膜疾病	(106)
第17章 机械通气的撤离	(117)
第18章 无创正压通气	(121)

第3部分 心血管疾病

第19章 急性心肌梗死	(126)
第20章 心律失常与传导异常	(142)
第21章 主动脉夹层	(160)

目 录

第 22 章 急性失代偿性心力衰竭	(169)
-------------------------	-------

第 23 章 高血压急症	(177)
--------------------	-------

第 4 部分 电解质异常

第 24 章 电解质异常	(189)
--------------------	-------

第 5 部分 酸碱平衡异常

第 25 章 代谢性酸碱平衡紊乱	(219)
------------------------	-------

第 26 章 呼吸性酸碱平衡紊乱	(232)
------------------------	-------

第 6 部分 内分泌系统疾病

第 27 章 甲状腺疾病	(238)
--------------------	-------

第 28 章 肾上腺皮质功能不全	(243)
------------------------	-------

第 29 章 糖尿病酮症酸中毒和高渗状态	(250)
----------------------------	-------

第 30 章 ICU 血糖调控	(257)
-----------------------	-------

第 7 部分 肿瘤相关疾病

第 31 章 肿瘤相关急症	(266)
---------------------	-------

第 8 部分 体温调节

第 32 章 体温异常	(275)
-------------------	-------

第 9 部分 中毒

第 33 章 中毒	(283)
-----------------	-------

第 10 部分 感染性疾病

第 34 章 中枢神经系统感染	(303)
-----------------------	-------

第 35 章 社区获得性肺炎	(309)
----------------------	-------

第 36 章 医院获得性肺炎	(313)
----------------------	-------

第 37 章 蜂窝织炎、筋膜炎、肌炎	(320)
--------------------------	-------

第 38 章 菌血症和导管相关性感染	(325)
--------------------------	-------

第 39 章 侵袭性真菌感染	(329)
----------------------	-------

第 40 章 免疫功能低下宿主的感染	(336)
--------------------------	-------

第 41 章 ICU 感染的预防	(345)
------------------------	-------

第 42 章 艰难梭状芽孢杆菌和其他感染性腹泻	(350)
-------------------------------	-------

第 11 部分 肾脏疾病

第 43 章 急性肾损伤	(357)
--------------------	-------

第 44 章 肾脏替代治疗	(372)
第 12 部分 肝脏疾病	
第 45 章 暴发性肝功能衰竭	(380)
第 46 章 高胆红素血症	(391)
第 47 章 终末期肝病	(395)
第 13 部分 胃肠道疾病	
第 48 章 上消化道出血	(401)
第 49 章 下消化道出血	(412)
第 50 章 急性胰腺炎	(420)
第 14 部分 神经系统疾病	
第 51 章 癫痫持续状态	(427)
第 52 章 急性缺血性脑卒中	(434)
第 53 章 蛛网膜下腔出血	(439)
第 54 章 脑出血	(446)
第 55 章 昏 迷	(450)
第 56 章 脑死亡	(457)
第 57 章 谵妄和镇静	(463)
第 58 章 急性脊髓功能障碍	(470)
第 59 章 神经肌肉功能紊乱	(474)
第 60 章 颅脑外伤和颅内高压	(480)
第 61 章 中枢神经系统感染	(484)
第 15 部分 血液系统疾病	
第 62 章 血小板减少症	(490)
第 63 章 出血及凝血病患者的紧急处理	(497)
第 64 章 输血疗法	(507)
第 65 章 血液高凝状态	(514)
第 16 部分 产科与妇科	
第 66 章 母体—胎儿重症监护	(520)
第 67 章 先兆子痫和子痫	(533)
第 17 部分 手术相关问题	
第 68 章 ICU 创伤管理	(541)
第 69 章 急腹症	(550)

目 录

第 70 章 器官捐献者管理	(557)
----------------------	-------

第 18 部分 营养

第 71 章 营养支持	(562)
-------------------	-------

第 19 部分 操作相关问题

第 72 章 动脉导管置入术	(573)
第 73 章 中心静脉置管术	(578)
第 74 章 气管内插管术	(585)
第 75 章 经皮气管切开术	(591)
第 76 章 胸腔引流管放置术	(595)
第 77 章 腹腔穿刺术	(600)
第 78 章 腰椎穿刺术	(603)
第 79 章 胸腔穿刺术	(608)
第 80 章 肺动脉导管置管术	(612)
第 81 章 其他血流动力学检测	(619)
第 82 章 功能性血流动力学监测	(626)
第 83 章 心包穿刺术	(633)

第 20 部分 临终关怀

第 84 章 临终关怀	(637)
-------------------	-------

第 21 部分 附录

第 85 章 常用方程和公式	(643)
第 86 章 药物相互作用	(647)
第 87 章 常用药物剂量及副作用	(652)

索引	(674)
----------	-------